



## **Kesteven and Sleaford High School**

**A Robert Carre Trust School**

### **Relationships and Sex Education Policy**

#### **INTRODUCTION & AIMS**

Schools are required to provide a balanced and broadly based curriculum which promotes the spiritual, moral, social, cultural and physical development of all pupils in the school and prepares them for the opportunities, responsibilities and experiences of adult life. Effective Relationships and Sex Education is essential if young people are to make responsible and well-informed decisions about their lives.

PSHE and Science lessons are a framework for the delivery of the statutory and non-statutory aspects of the National Curriculum for Relationships and Sex This policy must be viewed in conjunction with the following policies:

- Anti-Bullying Policy
- Behaviour Policy
- Careers Education, Information, Advice and Guidance Policy
- Child Protection and Safeguarding Policy
- Equal Opportunities Policy
- PSHE and Citizenship Education Policy
- Drugs Policy

This policy has been written and reviewed in line with the guidance from the PSHE Association, the OFSTED framework for PSHE and Acts of Parliament.

The aims of this policy are:

- to identify and share with all stakeholders the aims and objectives of our programme and the intended outcomes
- to identify the responsibilities of the school's staff

#### **AIMS, OBJECTIVES & INTENDED OUTCOMES**

Our school believes that safe, effective Relationships and Sex Education is paramount in preparing young people for the choices of adult life. Our programme is sensitive to the different needs of our pupils, paying due regard to their needs and considering their present and future well-being; students with protected characteristics are able to take part in our programme through discrete differentiation and therefore all students are included Students are given the opportunity to realise



the nature and consequences of discrimination, bullying and aggressive behaviours, amongst others, and how to respond and ask for help. Our programme incorporates age-appropriate learning about LGBTQ+ issues and this is fully integrated into our programme of study.

In Key Stage 3, students are provided with a comprehensive body of knowledge about reproduction and the building of healthy, stable relationships. They are given an understanding of how to manage sexual health, fertility and to avoid infection. In Key Stage 4, students learn more about contraception and the ways in which a relationship may develop, both positively and negatively.

In Science lessons, students will learn about:

- reproduction in humans (as an example of a mammal), including the structure and function of the male and female reproductive systems, menstrual cycle, gametes, fertilisation, gestation and birth, to include the effect of maternal lifestyle on the foetus through the placenta
- hormonal and non-hormonal methods of contraception

In PSHE lessons, students will learn about:

- Puberty
- Relationship building
- Self-esteem
- Alcohol and drugs and their effects on the body
- Feelings and emotions
- Relationships and marriage
- Contraception and Sexually Transmitted Infections (STIs) including where to access confidential sexual and reproductive health advice
- Pregnancy and different pregnancy choices including adoption and abortion
- Consent
- Sex in the Media including online safety, harmful content online, pornography and sharing explicit content
- Gender
- Abuse and violence
- Bullying and cyberbullying
- Female Genital Mutilation
- The law relating to the above topic areas

For further information about which content is covered in which year groups, please refer to the curriculum maps available on the school website or by contacting the PSHE Co-Ordinator, Mr Lee Rooke.

### **CONFIDENTIALITY**

Confidentiality is discussed in all lessons about Relationships and Sex, wherever these may occur in the curriculum. Students are made aware of what can be kept confidential; no one working with children can agree confidentiality if a child is thought to be at risk. Visitors to the classroom are bound by the same rules as employees of the school. Students are offered confidential support, if appropriate, after lessons have been delivered by visitors to the classroom. When visitors are

invited into school, the guidance from Lincolnshire County Council is used to inform the planning, execution and review of this and its impact.

### **WITHDRAWAL FROM RSE**

Parents of all students in our school have the legal right to withdraw their children from all or part of our RSE programme, with the exception of the biological aspects necessary under the National Curriculum for Science. Parents who choose to exercise this right are offered support to ensure their children are not disadvantaged in any way. A letter is sent out to parents of Year 9 pupils, informing them that the majority of the lessons in PSHE that year will come under the Relationships and Sex Education umbrella. Students who are withdrawn will be given alternative work to complete under teacher supervision. Students who are three months before their 16<sup>th</sup> birthday may also decide for themselves whether they attend lessons on Relationships and Sex Education.

### **RESPONSIBILITIES OF SCHOOL STAFF**

#### **Head of School**

The Head of School is responsible for the overall development and implementation of the programme

#### **Leadership Group**

The Leadership Group is responsible for the provision of time and financial support for the delivery of the programme

#### **PSHE & Citizenship Co-ordinator**

The PSHE & Citizenship Co-ordinator is responsible for the development of the programmes of study in each key stage. They are responsible for ensuring that all statutory elements of the National Curriculum are delivered and that appropriate guidance from Government and sponsored associations is applied appropriately. The PSHE and Citizenship Co-ordinator is responsible for monitoring and evaluating the programme in the school's context. They are also responsible for liaising with visitors to the classroom whose expertise will be used to enrich learning and to address specific national and local health priorities.

#### **Head of Science**

The Head of Science is responsible for the development of the programmes of study in each key stage. They are responsible for ensuring that all statutory elements of the National Curriculum are delivered and that appropriate guidance from Government is applied. The Head of Science is responsible for monitoring and evaluating the programme in the school's context.

#### **Classroom teacher**

All classroom teachers are expected to contribute to the pastoral care of students and to support their spiritual, moral, social and cultural development and to undertake the duties of Form Tutor, supporting the ethos of the school and offering support to their tutees where necessary.

#### **Timetabled Classroom teacher**

All timetabled classroom teachers are expected to deliver the PSHE programme to their allocated classes in line with the guidance from the PSHE & Citizenship Co-

ordinator. All timetabled classroom teachers are expected to take part in the monitoring and evaluation of the PSHE programme and to contribute to its contextual development. All timetabled classroom teachers are expected to support the delivery of elements of the Relationships and Sex Education programme either by delivering the lessons prepared by the PSHE & Citizenship Co-ordinator or by supporting an approved external professional. Questions from students will be answered by the timetabled classroom teacher if they feel able to give an unbiased, factual answer. They may need to consult with the PSHE & Citizenship Co-ordinator or the schools' leadership team before answering and should ensure students are aware of this. If a timetabled classroom teacher has any reason to believe that a pupil is at risk, they will follow the Child Protection and Safeguarding Policy guidance and contact the Assistant Headteacher (Pastoral) in the first instance. A safe learning environment will be established by the timetabled classroom teacher and ground rules will be referred to in appropriate RSE lessons.

## **ASSESSMENT**

There is no formal assessment of students' work in RSE lessons; however, the quality of pupils' work is monitored by the Classroom Teacher and PSHE & Citizenship Co-ordinator through different media in lessons and through work scrutinies.

## **INTERACTION BETWEEN SUBJECTS**

The knowledge and skills about Relationships and Sex are enhanced by other subject areas within the school. For example:

- Computing (online safety)
- English
- Ethics & Philosophy

The present and future well-being of our pupils and their learning needs are essential elements of all subject areas and therefore this list is not exhaustive.

**Reviewed by CT/LR**

**Approved by the KSHS Local Governing Body on 16 May 2019**

**Review date: May 2020(Annual)**