



<b>PSHE</b>						
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 3</b>	<b>Spring 4</b>	<b>Summer 5</b>	<b>Summer 6</b>
<b>Year 7</b>	Moving to Secondary School Friends & Friendship Rules & Laws	Bullying My online footprint Hygiene & Puberty A Healthy Lifestyle	My Family Relationship Building Everyone's Favourite Subject	Who Am I? This is Me! Careers Resource Centre Visit My Personal Qualities & Achievements	Local Government Study Skills	Voting & Elections Democracy My Qualities
<b>Year 8</b>	Smoking Drugs Alcohol	First Aid Self-Esteem Body Image Eating Disorders	Dealing with stress Personal Safety The Justice System	Human & Children's Rights Animal Rights Government & Extremism	Identity & Respect Study Skills	Qualities & Skills for Work Real Game 1 Real Game 2
<b>Year 9</b>		Political Parties The Monarch Citizens & Parliament First Aid Study Skills  These topics are run on a PSHE Day in this term	Subjects and Careers Labour Market Information Kudos External Speaker Transition  These topics are run on a PSHE Day in this term			Consent Contraception and STIs Intimacy Sex in the media Healthy and unhealthy relationships  These topics are run on a PSHE Day in this term
<b>Year 10</b>	The Legal System Parliamentary Democracy Electoral Systems	Rights & Responsibilities at Work Labour Market Information Job Adverts CV Skills	Interview Techniques Health & the Media Eating Disorders	Self-Esteem & Self-Harm Stress Study Skills	Drugs, Alcohol & Smoking Long-term effects of substance use	Sexuality & Gender in the Media Sharing sexual images Abuse & Violence
<b>Year 11</b>	Drugs, Alcohol & Smoking Contraception STI Awareness Risky Behaviour First Aid  These topics are run on a PSHE Day at the end of Year 11 mock exams			Options at 16 Money Matters Managing change Being resilient  These topics are run by form tutors throughout the year		
PSHE / Citizenship / Careers are not formally assessed						