



PSHE						
	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
Year 7	Moving to Secondary School Friends & Friendship Rules & Laws	Bullying My online footprint Hygiene & Puberty A Healthy Lifestyle	My Family Relationship Building Everyone's Favourite Subject	Who Am I? This is Me! Careers Resource Centre Visit My Personal Qualities & Achievements	Local Government Study Skills	Voting & Elections Democracy My Qualities
	PSHE / Citizenship / Careers are not formally assessed		PSHE / Citizenship / Careers are not formally assessed		PSHE / Citizenship / Careers are not formally assessed	
Year 8	Smoking Drugs Alcohol	First Aid Self-Esteem Body Image Eating Disorders	Dealing with stress Personal Safety The Justice System	Human & Children's Rights Animal Rights Government & Extremism	Identity & Respect Study Skills	Qualities & Skills for Work Real Game 1 Real Game 2
	PSHE / Citizenship / Careers are not formally assessed		PSHE / Citizenship / Careers are not formally assessed		PSHE / Citizenship / Careers are not formally assessed	
Year 9	Political Parties The Monarch Citizens & Parliament	Skills, Subjects & Careers New Kudos Transition	Self-Esteem & Identity Social Media & Internet Safety Feelings & Emotions	Boyfriends / Girlfriends Relationships & Marriage Study Skills	Contraception Consent Intimacy	Sex in the Media Positive Relationships Relationship Issues
	PSHE / Citizenship / Careers are not formally assessed		PSHE / Citizenship / Careers are not formally assessed		PSHE / Citizenship / Careers are not formally assessed	
Year 10	The Legal System Parliamentary Democracy Electoral Systems	Rights & Responsibilities at Work Labour Market Information Job Adverts CV Skills	Interview Techniques Health & the Media Eating Disorders	Self-Esteem & Self-Harm Stress Study Skills	Drugs, Alcohol & Smoking Long-term effects of substance use	Sexuality & Gender in the Media Sharing sexual images Abuse & Violence
	PSHE / Citizenship / Careers are not formally assessed		PSHE / Citizenship / Careers are not formally assessed		PSHE / Citizenship / Careers are not formally assessed	