



NEWSLETTER

7th October 2016

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Useful Dates

7 - 10 Oct	Year 11 Berlin Trip
11 Oct	Year 10 to Year 13 Drama Shakespeare Workshop
12 Oct	Year 9 Mini Election Campaign
12 Oct	Sixth Form Open Evening
13 - 16 Oct	London Art Trip
13 Oct	Year 7 CPR Workshops
15 Oct	Year 9 to Year 13 Duke of Edinburgh Introduction Day
17 Oct	Year 7 Settling in Evening Consultation
18 Oct	Year 7 Settling in Afternoon Consultation
18 Oct	Year 12 Geography Data Collection Trip
19 - 20 Oct	Year 10 to 13 London Drama Trip
19 Oct	Open Morning for Year 6 Students
19 Oct	Year 11 to Year 13 Isaac Newton Lecture
20 Oct	Year 12 Geography Data Collection Trip
21 Oct	Sponsored Walk
21 Oct	LAST DAY OF TERM



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Dear Parents/Guardians

Three years ago we were very lucky to have Emma Egging, widow of the Red Arrows pilot Jon Egging, speak at our Senior Prize Giving. Her ambition to set up a charity to help increase young peoples' self-confidence, self-esteem and other vital life and work skills in the name of her husband struck a chord with everyone in the audience. We were doubly honoured therefore to welcome a team of Jon Egging Trust volunteers back into the school on Wednesday to work with our Year 11 students on building teamwork and leadership skills.

Year 10 and 11 students have also voted to put their raised sponsorship money from the annual school sponsored walk towards this charity. Younger students are raising money for LIVES whilst the Sixth form are walking to raise money and awareness of the Young Minds charity. Please encourage your child to get busy collecting sponsors, in anticipation of the walk on the last day of this half term.

Mrs J Smith
Head of School

Year 11 Resilience Day with the Jon Egging Trust

The main aims of the day were team building and problem solving and the girls responded well. Taken away from their regular friendship groups, the girls demonstrated maturity and responsibility both in the outside activities in the morning and the STEM (Science, Technology, Engineering and Maths) based challenge later in the day.

The final stage of the day saw the girls presenting their developed products to a panel of judges in the style of 'Dragons Den', which they did with a range of presentation styles and professionalism.

Mrs J Pankhurst
Head of Year 11



YEAR 9 PSHE DAY

The Year 9 PSHE day was very good because it made us think about the consequences of various actions. We had 5 different sessions ranging from 'Internet Safety' to the problems associated with so-called 'Legal Highs'. All of the situations used in the sessions were based on real-life events. In the 'Internet Safety' session we learnt about a girl who committed suicide because she was being cyber-bullied; I didn't know that it could get so serious. The day was very good and we learnt a lot about different things which happen in everyday life.

Emily Hansford (9LC)

TEAM BUILDING AT RAF CRANWELL



On Friday the 30th September, 8 girls in Year 11 and 9 boys from Carre's travelled to RAF Cranwell for team building exercises that included low and high ropes activities as a reward for our effort and achievement in languages. Overall we really enjoyed the experience, especially jumping off a 13 metre high pole as it really pushed us to our limits. Learning a language is a real challenge and as a result is very rewarding just as the day was! We want to thank Mr Rooke and Miss Beckett for helping to organise the event as well as giving us the opportunity. We also want to thank Mrs Sutton for taking us and encouraging us to take the leap.

Written by Jess Gault (11F) and Lucy Davis (11F)



Freshers' Fair

On the afternoon of Wednesday 21st September, many staff and students came together for the afternoon to promote the extracurricular activities on offer for the next few terms. It was wonderful to see so many of the students signing up, not only to attend the activities but also to volunteer their time to coordinate and run a range of clubs and events.

The timetable of activities is included in this newsletter and will be updated at the beginning of each term.

We are always encouraging new activities and there is still space for more clubs (particularly on Mondays & Tuesdays). If students have any ideas then they should come and talk them through with me or they can send me an email.

Mrs J Pankhurst
Pupil Participation Coordinator

Tamzen Brenton (9NP) of the Girl's News Team reported:

The fair provided many exciting opportunities for the students to seize, with an array of clubs to take part in. Groups offered activities such as sports, playing in the school band, taking part in the charity-focused 'Interact' club, experimenting in biology and even talking about food allergies! There was truly something for everyone.

LINCOLNSHIRE SAFEGUARDING CHILDREN BOARD

The Lincolnshire Safeguarding Children Board is now producing a monthly bulletin for schools, parents and students around various E-Safety topics. We believe that they contain high quality advice about how best to use the internet safely and therefore have attached their first newsletter of the year with this newsletter. We hope you find the information useful.

Mr L Rooke

The Sporty Side Of Staff At KSHS

Several teachers have been out training hard for various events recently, doing their fair share of charity fundraising along the way. Mrs Stacey, Mrs Pankhurst, Miss Beckitt and Miss Duffy either took part in 'Pretty Muddy' on Saturday or in the Lincoln Half Marathon on Sunday. Pictured is Mrs Shelley (Deputy Head of Sixth Form and Head of Psychology) at the finish line in Lincoln.



Year 7 Roman Day



On Wednesday 28th and Thursday 29th September, the Year 7 students travelled 2000 years back in time to experience life as a Roman. All of the girls dressed in Roman clothing – togas and tunics (eager to win the costume competition!) – and spent the morning engaging in Roman crafts, then in the afternoon, a Roman feast.

Perfumes, mosaics and wax tiles are just some of the things that the ‘Romans’ made. Students had the opportunity to make charms for strength, courage and cleverness (bull, lion and owl for each respectively) – they used clay and attached the charms to a leather strip. There was also the opportunity to make oil lamps from crushed olives and these were burnt throughout the morning. Eight students also had the chance to be slaves, they wore yellow sashes for the day and spent the morning spreading gossip to the other students. The main gossip for the day was regarding how Boudicca had been rebelling against the Roman rule of Britain and how she was captured by the Romans several times before eventually poisoning herself.

During the afternoon the Romans split into five groups – soldiers, dancers, slaves, and two groups of actors. The soldiers put on a display of some of the Roman defence and attacking positions, including the tortoise and the wave. The actors performed a play each; one being the hare and tortoise and the other the myth of Medusa. They used narrators to tell the story while the others acted out each of the characters. The dancers choreographed a routine telling the story of the battle in which Boudicca was eventually captured. These four groups all performed their thrilling dance during the feast to provide entertainment. Slaves were even in charge of setting up the hall for the feast under the command of Maximus, the Roman leader, and they obediently served everyone with ‘wine’, bread and cheese in between each of the acts.

The students learnt a lot about Roman culture: Grace Coaker commented that she will ‘remember Maximus, the ‘leader’ and teacher for the day, as he really took on the personality of a Roman.’ She also said ‘it was cool; there were lots of fun, practical things to do and learn about. My favourite part was creating the wax writing tablets.’

Rebecca Tindale (11W)
Girls’ News Team



Spotlight on Sport

Our best wishes go to Bella Williams (13A) who this week is making the journey to the United States to visit colleges in preparation for further study (and further training) when leaving school. She is seeking a scholarship that will allow her to train at a higher level as well as complete her degree.

She says 'Over the summer I have been having conversations with about 10 colleges and recently cut it down to 3 that I'm going to visit and following this trip I have to choose 1 with the intention of signing a letter of intent in November. I'm visiting SMU in Dallas, the University of Utah in Salt Lake City and Boise State University in Idaho. They are all division one for cross country and track and all are nationally ranked for this cross country season. From a running perspective, all are very positive and I'm going with an open mind.'



Aimee Hickingbotham 10F(left) and Abigail Harmston 11A

Although Bella is currently not competing as it is the off-season, she has to maintain her intense training schedule and manage her studies in order to achieve the results she needs in both her examinations and competitions later in the year.

As you may have seen in the Sleaford Standard Abigail Harmston (11A) and Aimee Hickingbotham (10F) have worked incredibly hard and gained their place in the U16 Lincolnshire Girls County Squad. This follows two rounds of strong competition against some of the best Key Stage 4 students in the County. Abigail plays football for Boston United Academy and Aimee plays for Doncaster Belles. Both girls also train and represent the school in both County and local competitions. We hope to keep you updated with their progress this year.

We are really pleased to share the results of the fixtures to date. Students have been working hard in training with excellent attendance throughout the week to develop their sporting talent.

Particular mention this week goes to Poppy Nelson (9MLA) who stepped up to play with the Year 11 netball team. It was a difficult game against KGGS but Poppy held her own against her opponent and remained in control of the game from Centre. Well done, Poppy.

Miss M Adams
Subject Leader PE

Results			
Age Group	Opposition	Score	Result
Football			
U13	KGGS	2-0	Won
Year 7	Priory Ruskin Academy	2-3	Lost
Netball			
Year 10	Priory Ruskin Academy	18-6	Won
Year 11	Priory Ruskin Academy	26-10	Won
Year 8	Sir William Robertson	34-1	Won
Year 9	Sir William Robertson	24-3	Won
Year 10	KGGS	18-14	Won
Year 11	KGGS	5-9	Lost
Year 8	Walton	15-5	Won
Year 9	Walton	30-0	Won

Fixtures this fortnight

	Week commencing 10 th October	Week commencing 17 th October
Monday	Yr 7 Football vs KGGS (H)	Yr7 Football vs St George's (A)
Tuesday	Yr 9 &11 Netball Tournament (A)	Yr10&11 Netball vs St George's (A)
Wednesday	U16 Hockey vs Walton (A)	U14 Hockey vs Walton (A)
Thursday	Yr 9 &11 Netball Tournament Reserve (A)	
Friday	U13 Football vs Carlton Willows Academy (A)	

LUNCHTIME & AFTER SCHOOL CLUBS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST CLUB 8.15AM-8.40AM –Dining Room		BREAKFAST CLUB 8.15AM-8.40AM Dining Room		BREAKFAST CLUB 8.15AM-8.40AM Dining Room
	12.45- 1.20pm Whole School Choir	12.50-1.30pm Silver Arts Award K15	12.50-1.30pm Bronze Arts Award K15	12.50-1.30pm Dress A Girl/ Textiles M4
Library Captains on rota	Library Captains on rota	Library Captains on rota	Library Captains on rota	Library Captains on rota
12.45- 1.20pm Orchestra	12.45-1.25pm Allergy & Intolerance Group (Food Room)	12.40-1.10 Foreign Film Club (L1)	1pm -1.30pm (Psychology) Mindfulness C2	12.45-1.25pm Yr. 7 Snack Attackers (Food Room)
	12.45pm – 1.20pm Christian Union V5	1pm Debating Club V5		12.35-1.00pm INTERACT K17 (week 2)
	12.50pm -1.20pm Biology S1 (starting 11 th October) <i>(No food in lab eat before)</i>	1pm-1.25pm Open Day for KS3, Surprise Activities and Theory Exam Help Desk V1	12.45- 1.20pm String Ensemble and Guitar and Ukulele Club	12.40- 1.20pm Open Day for Music Exam Classes.
		Duke of Edinburgh –drop in sessions (House)	1.00-1.30 YOUTH SPEAKS! Public Speaking Club V5	1.00pm Zanzibar Fundraising meeting Week 2 C5
		12.50-1.20pm History Club M6	12.50-1.30pm Project X Year 8's (until the end of November)	
		12.45- 1.25pm & 3.45- 5pm Shakespeare Schools Festival Rehearsal until 9 th Nov.	KS4 Homework Club - Library (see Mrs Pankhurst/ Miss Kilgannon for more information)	
		4-5pm Drama Club (starting 16 th November) Drama Studio		
		3.45- 5.15pm Year 8 & 9 Food Club (Food Room)		
		4.00-5.45pm GCSE / A level Textiles (from 1 st Oct onwards) M4		
		12.45-1.20 pm on the field Sixth Form Rounders'		

PE CLUBS

Day	Lunchtime 12.40– 1.15pm	After School 4 – 5pm
Monday	All Years Hockey Yr 7 Netball	Level 2 Sports Leaders (Year 11) Fixtures
Tuesday	Yr 8,9,10 & 11 Football GCSE Practical	Fixtures
Wednesday	All Years Badminton Yr 10 & 11 Netball Yr 7 Dance	Fixtures
Thursday	Yr 7 Football Yr 8 & 9 Netball Yr 10 & 11 Rugby	Fixtures
Friday	Yr 8 & 9 Dance A-Level & GCSE Theory	