



NEWSLETTER

11 November 2016

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Useful Dates

14 Nov	PTA Meeting 7.00pm
16 Nov	Year 13 Chemistry Spectroscopy Workshop
18 Nov	Children in Need Day
19 Nov	Young Chef Competition
21 Nov - 2 Dec	Year 11 Mock Examinations
21- 25 Nov	Year 12 & 13 Formal Assessment Week
24 Nov	Year 10 Parents' Evening



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Dear Parents/Guardians,

You'll see from this week's newsletter that students across the year groups continue to make us and their parents very proud in their selfless efforts to make lives better for others. Keira Beeson in Year 7 and Rosie Devos in Year 12 have both gone out of their way to raise funds for their chosen charities. With Children in Need fast approaching we all aspire to follow their example next week. Please see below for further details.

Elsewhere in school students from Years 10 to 13 were able to access stalls from over 50 employers and Higher Education institutions on Thursday. My thanks go to Mrs Pauline Hunter, KSHS Careers Co-ordinator, who has worked hard to build this into a significant event, inviting students from all three Sleaford secondary schools, and attracting some prestigious providers. I hope your daughter or son took full advantage.

Mrs J Smith
Head of School

The British Citizen Youth Award

Congratulations go to Keira Beeson (7A) as she has been awarded a British Citizen Youth Award which recognises outstanding young individuals for their selfless acts of kindness and their positive impact on society.

The medal presentation took place at the Palace of Westminster on 18 October and Keira, who tirelessly raises money for research into Inflammatory Bowel Disease (IBD), had a wonderful day.

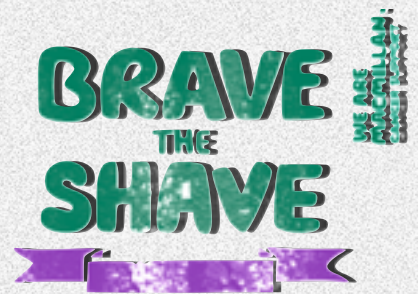
Well done Keira!



BRAVE THE SHAVE



Rosie Devos in Year 12 'Braved the Shave' last Friday in her bid to raise money for Macmillan cancer charities. A full school hall whooped and cheered as Rosie had all her hair shaved off. She said she was inspired to raise money after the death of her Grandmother last year. Donations from family and friends, as well as staff and pupils at the school, have already amounted to around £700. Rosie was keen to stress that there were other ways to support families and patients suffering from cancer. Giving blood also helped, an act of kindness open to those 18 or above.



CHILDREN IN NEED AT KSHS

FRIDAY 18TH NOVEMBER

Civvies Day: Pupils can wear 'onesies': £1 to be donated at registration.

Bake Sale: There will be a bake sale outside Mrs Tipper's office at break and lunch.

Just Dance: Pupils will be able to pay 50p to vote for the eight teachers (from a list of volunteers) that they would like to compete in our Just Dance Competition. Two teams of four staff will compete on Friday lunch. Pupils to pay 20p each to come and watch!

Face-painting: During breakfast club in the canteen and at break time in M2 - £1 per face

Other Events: There will be other events happening organised by tutor groups and the House Captains – keep your eyes open for posters!

So remember your change!!



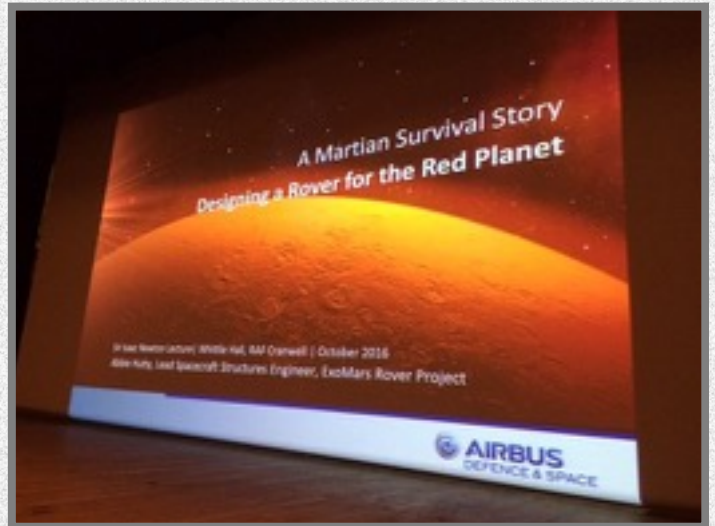
MATHS TRIP TO THE SIR ISAAC NEWTON LECTURE AT CRANWELL

On Wednesday the 19th of October I had the opportunity to go to Whittle Hall at RAF Cranwell and watch the Sir Isaac Newton Lecture. This is an annual event which aims to give students in Key Stage 4 and 5 an insight into careers in Science, Technology, Engineering and Maths.

As a student who takes great interest in the sciences I was thrilled to go to this lecture and learn about the European Space Agency ExoMars Rover Project. The guest speaker, Abbie Hutty, a Senior Spacecraft Structures Engineer with the Airbus Defence and Space division was truly inspiring as she talked us through the project and taught us quite a lot about Mars and some of the challenges her team faced when designing the Mars Rover to be a fully functioning piece of technology in an environment so different to that of our own planet.

I thought it was a very interesting and thought provoking day out. It was inspiring to hear a woman in science talk so passionately about engineering which is still a fairly male dominated area. I think it is refreshing to see women in science and maths contributing new and innovative ideas in the fields that they work in and changing the way young people, especially young girls think about science and maths.

Emily Nuttall (12A)



'Dress A Girl' – Textiles Club

Over the past year students from Year 8 and Year 9 have been making dresses for the 'Dress a Girl' charity. We have been using fabrics that have been donated by the Lincolnshire Embroiderers Guild and left over pieces from other projects, so there is no cost to the students. We have now completed 50 dresses to fit girls from 1 – 15 years old and these are now ready to send off to the charity, they will then be sent to Africa to be given to young girls living in poverty with little in the way of clothing.

The club runs every Friday lunchtime from 12.50 to 1.30pm learning basic dress making skills and making a difference to girls in Africa – we have spaces for more students, especially in Year 9 so come along and see how you can get involved.

Mrs Fleming
2nd in Art and Design and Textiles Teacher





Year 8 Tudor Day

Last week, for two days, the hall became a Tudor mansion in the time of King Henry VIII's reign. Students in Year 8 were transported back to 1536, just before Anne Boleyn was executed for treason, and given the opportunity to dress as Tudors for the day and take part in crafts and a banquet.

Of the many activities, the barber surgeon was the most interesting table to visit. In the Tudor era, trained doctors were in high demand on the battlefields so barbers who were travelling with the

army or navy would perform amputations and other surgeries for some of the casualties. Although students didn't need a barber surgeon, they were able to look at equipment that barber surgeons would have used and bandage up those who suffered from headaches!

The barber surgeon wasn't the only person to visit if you were ill in Tudor times; the apothecary also prescribed remedies for many diseases. At this table, a pestle and mortar was used to grind up herbs and spices that would help cure more common illnesses. The girls found that Tudor cures were very different to those we use now.

Not everyone required Tudor medical attention - some took the opportunity to make candles from scratch! This was a time-consuming process but the results were impressive. Some of the students showed off their sewing skills by making handkerchiefs with blackwork patterns. Others made scent bags using a variety of herbs and spices wrapped in cloth and dipped in rose water. Many learnt how to make soap using the most unexpected ingredients.

The afternoon was spent enjoying a Tudor banquet celebrating the death of Anne Boleyn with not only food but entertainment! The girls were split into groups and each worked on their performance. There were actors performing the story of George and the Dragon; dancers performing a traditional Tudor routine; singers performing 'The Rose'; jesters telling jokes and performing acrobatic tricks; and some of the servants (Lauren, Taylor and Sarah) made their own performance involving more impressive acrobatic stunts. The

servants also had the responsibility of serving food for the rest of their classes – this included Tudor bread, cheese, roast potatoes, ginger cake and biscuits.

Tudor day was a great way to make Tudor life more memorable and bring the history learnt in the classroom to life!

By Rebecca Tindale (11W)

Girls' News Team

thegntchain.wordpress.com



GEOGRAPHY A LEVEL

Dynamic Landscapes and Places

During the last week of term the Year 12 Geography students went to Skegness, Boston and Freiston Shore to collect data for the field-work component of the A-level course. On Tuesday we went to Boston and Freiston. In Boston, a town seen at times as one of the most segregated, we visited a range of diverse sites to learn about the different areas. We asked the people of Boston their opinions on the town and its identity. This enabled us to learn about opinions of Boston residents and to experience the diversity of the town first hand.

In the afternoon we went to Freiston Shore to collect data and we completed a study of the marshes with the RSPB. We learnt about the flood defences in the area and examined the unique vegetation and wildlife of the area. On Thursday we travelled to Skegness to survey the beaches and examine the flood defences along this dynamic coastline. Due to high tides, it proved very challenging at times to survey the beach but we persevered and were rewarded by being able to sample the local cuisine! The data collected on this trip will be used for the fieldwork component on the A-level course and will be used for presenting graphs and analysis for use in the course.

Sebastian James (12W)



LINCOLNSHIRE SAFEGUARDING CHILDREN BOARD

The Lincolnshire Safeguarding Children Board is now producing a monthly bulletin for schools, parents and students around various E-Safety topics. We believe that they contain good advice about how to use the internet safely and have attached this month's bulletin with this newsletter. We hope you find the information useful.

Mr L Rooke
PSHE Co-ordinator

House News

Halloween Competitions

There was a superb response to our Spooky Sponge Cake competition, although we did not have a huge number of entries the quality of design and end results were so amazing that we gave all entries a prize. The Winners were Emily Marsh (10L), Lydia Ibbs (7F), Scarlett Enright (7F) and Teigan Kinnon (8F).

The Year 7s were asked to design a bloodcurdling creepy costume which was original and creative. The winner was Evie Sanger-Davies (7W) and the runners-up were Emily Doughty (7A), Lydia Ibbs (7F) and Ellie Ridout (7L).

Year 9 House Titanic

Year 9 students worked in their houses within their forms using strategy and teamwork to reach the lifeboats from the sinking Titanic. Aveland won the competition with Winnibrigg a very close second, Flaxwell were third and Loveden fourth. 9MLA won a special prize as they had the largest number of students compete from all the Year 9 forms.

House Points collected so far from the House Competitions:

Flaxwell 375, Loveden 145, Aveland 140, Winnibrigg 95

House points are given for participation and being placed in a competition, these totals are added to merit scores at the end of the year.

Coming up!

The annual talent show has a Winter Wonderland theme this year so all the acts will hopefully get us into the Christmas or Seasonal spirit. The show will be on the 20th December at lunchtime in the Hall. As usual entry and voting will be by ticket only which will be 20p – this covers the cost of prizes for the following year.

Open auditions will be held at lunchtimes in M4 on:

28th November for Year 7 and 8

30th November for Year 9, 10 and 11

7th December for Year 12 and 13

Your audition piece should last no longer than 2 minutes.

Mrs B Fleming
House System Co-ordinator



Lydia Ibbs 7F



Scarlett Enright 7F



Teigan Kinnon 8F



Emily Marsh 10L

Careers Insight Event 2016

Yesterday's Insight event was as busy as ever; there were 51 exhibitors in the Sports Hall, the largest event ever held at KSHS. Hopefully, there was something for everyone in the line-up.

We are always extremely grateful to those who support us year on year, but we must also be very grateful to the new Exhibitors' this year from, Durham, Southampton, Keele, Bath, Aston, London School of Economics and the Royal Veterinary College, London, to name a few. All very prestigious Universities in their own right, and a great addition to the event.

In the afternoon, Durham University kindly gave a talk to Year 10 and 11 students on the merits of choosing the correct subjects for A level, choosing a University course and entry requirements. We hope this was a useful addition to the day and that it answered any further questions students may have had.

Here are a few images from the day together with a full alphabetical list of Exhibitors:

Mrs P Hunter
Careers Co-Ordinator

Access to Music
The Army
A Star Future
Aston University
Barclays Bank
University of Bath
BE Design
Bishop Burton - Riseholme
Bishop Grosseteste
Boston College
Boston Utd Sports College
University of Cambridge
Cardiff University
University of Chester
Clarity-Lincs - NHS
Confetti College Nottingham
De Montfort University
Durham University
Edge Hill University
Frontier – Travel
Grantham College
University of Hull
Keele University
University of Law
University of Leeds
University of Leicester
Lincoln College
University of Lincoln
University of Liverpool
London School of Economics
Loughborough University
The Navy

New College of the Humanities - London
University of Northampton
Northumbria University
University of Nottingham
Nottingham Trent University
Pearson Business College - London
Projects Abroad
The RAF
Royal Veterinary College London (Uni of London)
University of Sheffield
Sheffield Hallam University
University of Southampton
University of Strathclyde
University of Surrey
UCLAN (Uni of central Lancashire)
UEA (East Anglia)
Whatuni?
University of York
York St. John University



NSEA National Championships

On Saturday 22nd October I travelled down to the National Schools Championships at Addington Manor near Milton Keynes with my pony Woody to compete in two dressage classes. The journey took around 3 hours and 45 minutes, luckily Woody has travelled many miles in his life time, so took it all in his stride.

We competed in two classes on the Sunday after qualifying in 1st and 2nd earlier in the year. First I was supposed to be competing in the Novice class, however after the stewards told us that my times had changed it was back to the stables to learn my other, less complicated, test - Prelim.



My first Prelim test went well, with no major mistakes and I came out feeling very pleased. We then had to warm-up for our Novice test, unfortunately this didn't go as well and we had two large mistakes. I still came out feeling pleased, however Woody just lost energy and got a little tired.

The results came out slowly throughout the day, with the presentation scheduled at 4.00pm we had around 6 hours to spare. Eventually the final results were posted and after leading the Prelim class for most of the day we finished 4th, meaning we are the 4th best partnership at Prelim level in the country! We also came 13th in the Novice class, a result I was very pleased with after two large mistakes!

Overall the weekend was amazing, another great experience with a fabulous atmosphere! I really couldn't do it without my trainers, coaches, family and parents!

Olivia Mawditt (11L)

SPOTLIGHT ON SPORT

Results			
Age Group	Opposition	Score	Result
Hockey			
U14	Walton	3-1	Won

The final game before the clocks went back was an excellent display of teamwork with experience leading

the way and younger players stepping up to show they had earned their place in the team. With Walton being a particularly strong Hockey side we were expecting a difficult game. This was evident in the way they played and we needed a strong defence and some excellent goalkeeping to limit them to the one goal. We worked together well to maintain possession and showed some individual skill to beat players one on one. With each goal we gained confidence and by the end of the game finished 3-1, particular mention this week goes to Milly Pepper (7L) who showed excellent skill and determination to impact the game in a mixed Key Stage 3 side.

Coming up this fortnight:

- Rotary Swimathon on Saturday 12th November
- District Cross Country on Thursday 17th November

JUDO

I first got interested in Judo as it was an after school club at my primary school and as I enjoyed it I decided to join a Judo club. I train once every week and have competition on Sundays; my training involves technique, fitness and balance. In the past I have been to two national competitions and in one of these I came 2nd.

I have also taken part in a British Schools competition and have been involved in many club competitions. Most recently I have taken part in club competitions and the British Schools competition.

I'm looking forward to grading to achieve my green belt and more competitions to come.

Millie Armond (8A)



Extra Curricular Clubs in PE November 2016

DAY	LUNCHTIME 12.40 - 1.15	AFTER SCHOOL 4 - 5PM
MONDAY	Year 7 Netball Year 8 & 9 Dance	Level 2 Sports Leaders (Year 11) Fixtures
TUESDAY	Year 7, 8 & 9 Futsal Year 10, 11 & Ski Fitness GCSE Practical	
WEDNESDAY	All Years Badminton Year 7 Dance	
THURSDAY	Year 10 & 11 Futsal Year 7, 8 & 9 Fitness All Years Cross Country Training	Fixtures
FRIDAY	Year 8 & 9 Netball A-Level & GCSE Theory	



KESTEVEN & SLEAFORD HIGH SCHOOL

A SELECTIVE ACADEMY, PART OF THE ROBERT CARRE TRUST

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11-18 Selective Girls' Academy with a Co-educational Sixth Form NOR 740

FRENCH FOREIGN LANGUAGES ASSISTANT

£17.19 per hour

From January to May 2017 (in the first instance)

The Robert Carre Trust is looking for a native speaker or Bilingual French speaker to work with our French A Level speakers for 6 hours a week during term time. Based at The High School hours can be flexible to fit with students' timetables

.

Full induction and training will be given to help students prepare for their speaking assessments in Year 12 and 13.

For further details please contact the Head of French: Amy.Beckitt@kshs.uk

As part of the Robert Carre Trust we are committed to safeguarding and promoting the welfare of children and young people and expect all staff to share this commitment and to undergo enhanced DBS checks.