

NEWSLETTER

3rd Feb 2017

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Useful Dates

7 Feb	Year 9 Parents' Evening
8 Feb	Year 10 Flair for International Fashion
9-12 Feb	Year 12/13 Art Trip to Amsterdam
9 Feb	Year 10 GSCE Science Live
9 Feb	Year 9 Teenage Booster & Meningitis Vaccination
10 - 17 Feb	Ski Trip
10 Feb	LAST DAY OF TERM
15 Feb	Duke of Edinburgh Kit Audit Day Staff & Prefects
20 Feb	FIRST DAY OF TERM
20 - 24 Feb	Year 12 Mock Exams
20 Feb	Year 9 Option Sheet Return to School Deadline
23 Feb	Year 11 Parents' Evening



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Dear Parents and Guardians

Being almost at the mid point in the school year means that in several different ways as a school community we have been pausing to reflect before redoubling all our efforts.

I myself have enjoyed visiting classrooms for tutor time and PSHE lessons along with Heads of Year this week and last. We are ever conscious that we are preparing our young people for roles in a society that places real demands on them. The opportunities provided in form time and personal, social, health and economic lessons is to be capitalised on and it was great to see students discussing international current affairs, giving presentations to their peers, and learning about personal safety online.

Year 13 have been reflecting on what they have learnt in A level mock exams this week, whilst Year 11 students have taken home their main report of the year, after completing their mocks before Christmas, with celebrations of what's going well and advice on what they might focus on over the coming months.

Students in Years 7-10 meanwhile have taken part in a consultation on an updated school PE Kit. At the same time as keeping costs down for parents we have worked with our two suppliers to produce high quality PE uniform items in more modern technical fabrics and updated fits. Please read on to find out more.

Mrs J Smith
Head of School

STUDENTS CELEBRATE OXBRIDGE SUCCESS

Year 13 students applying for university places all over the country are all starting to hear whether their applications for undergraduate study have been successful. High school students have applied for courses in subjects as diverse as Japanese Studies and Midwifery and it's really exciting to see them preparing for next steps in their education or training.

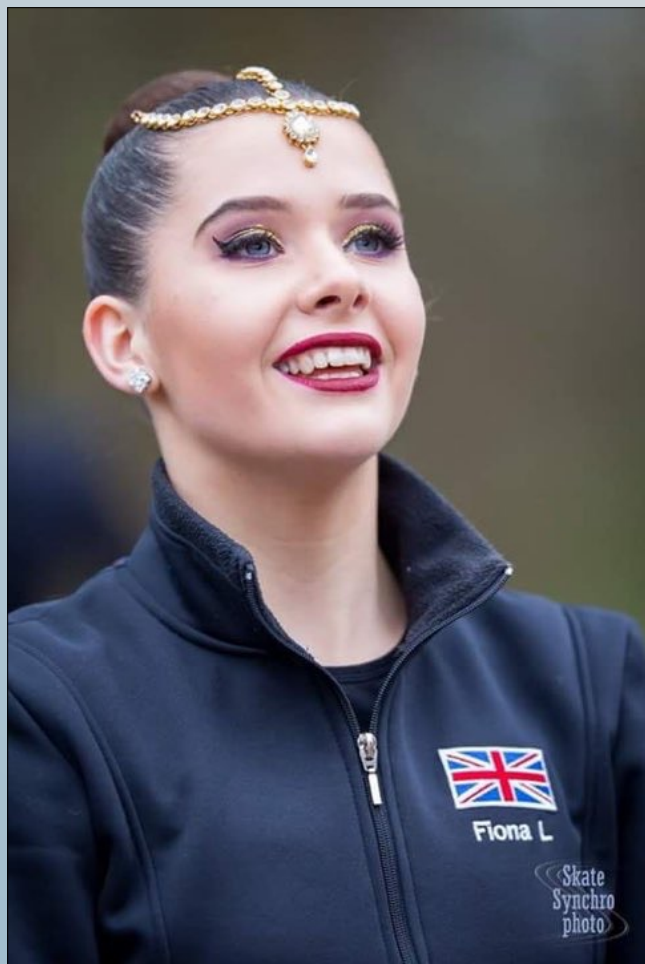
Some of the earliest offers come from Cambridge and Oxford Universities. Students undertook challenging interview and selection procedures before Christmas and heard this week whether they had been offered places that demand A* and A grades in the summer A level exams.

Pictured are students currently studying in Year 13 at The High School and Carre's Grammar School who have received Oxbridge offers. Our congratulations go to them and all our students who have made it through these first crucial hurdles on their way to undergraduate study.



From left to right:

Emma Francis	KSHS	Chemistry	Keble College	Oxford
Candy Yuan	KSHS	Music	Lincoln College	Oxford
Ben Cole	CGS	Computer Science	Clare College	Cambridge
Sam Drury	CGS	Engineering	Christ's College	Cambridge
Chris Davies	CGS	Geography	Girton College	Cambridge
Katie Mountford	KSHS	English	Christ's College	Cambridge
Libby Beckett	KSHS	Modern Languages	St Catharine's College	Cambridge
Kiera Johnson	KSHS	Chinese	Pembroke College	Oxford



NATIONAL WIN FOR FIONA: NEXT STOP WORLD CHAMPIONSHIPS!

Fiona Lucas (11L) has, for 4 years now, been a member of the Nottingham Synchronised Skating Academy (NSSA) and has competed as an integral member of the various teams in competitions throughout the UK and Europe.

Synchronised ice teams comprise up to 16 skaters on the ice at one time undertaking a series of complicated and technical moves as a group. This requires high levels of skill, fitness and artistic interpretation. As you might expect there is also an element of danger with so many people on the ice in close formation at any one time.

Fiona trains up to 4 times a week, often early at weekends, and late in the evening during the week and she is now a member of the junior team, Icicles. This team made up of skaters aged 14-18 have featured in the recent CBBC series 'Icestars' and they are the current British Synchro Champions!



In the recent British Championships (see photos) the Icicles skated two near perfect routines to beat nearest rivals 'Solway Stars' from Scotland by over 20 points. The free skate, which is Bollywood themed, was the highest scoring British Junior score ever!

As a result the Icicles will be representing Great Britain at the Junior World Synchronised Skating championships at Mississauga, Canada on 10-11th March. We wish the team and especially Fiona every success and look forward to hearing how the competition goes.

Fiona Lucas far right



In 2016 I took part in Imagine Theatre's production of Jack and the Beanstalk in Newark. It started with an audition in September where 60 children were narrowed down to 2 teams of eight dancers. The rehearsals began in November and performances took place from 7th to 31st December with each show having a running time of roughly 2 hours. Playing 'Flesh Creep' was EastEnders star Todd Carty. At the end we all had lots of photos taken of us on stage, as well as getting to see our faces in the brochure! And a £25 cheque; which was a big surprise!

I am hoping to re audition this year for Beauty and the Beast 2017 and I will be auditioning for the 'English Youth Ballet' production of 'Coppelia' in March as well as an audition in central London for 'West End Kids' in April.



FLORENCE SHERRY (13F) STEM TROPHY



Pictured is Florence Sherry who received the STEM Trophy at Senior Prizegiving in December. This trophy was donated by Mr R Baker for outstanding achievement in the STEM subjects (Science, Technology, Engineering and Maths).

INTERACT CLUB

The Interact Club collected 2,574 Christmas cards and these were delivered to M & S last weekend where they will be recycled. For every 1,000 cards collected, a tree will be planted on behalf of the Woodland Trust.

Thank you to Emma Stinchcombe (8W), Lauren Whitehead (8W) and Miss Beckett who helped to count the cards one lunchtime.

Miss E Turner
Head of Year 9



The Alcohol Education Trust supplies schools and parents with up-to-date information about issues surrounding the use of alcohol by young people and how to help them make the right choices with regards to alcohol consumption.

Their latest newsletter for parents can be found at <http://www.alcoholeducationtrust.org/parent-area/parent-newsletter/> where you can register for their regular updates; this month's issue focuses on girls and young women.

Mr L Rooke
PSHE Co-ordinator

CAREERS NEWS

Friday 20th January was a busy day for the Careers department as 2 different speakers were invited into school to speak to Year 11, 12 & 13 students.

VOLUNTEERING

First, was an interesting talk by Steph Boyfield, a former KSHS student, on the merits of volunteering. Steph is now the Project Officer at the Sleaford Volunteering Centre on Church Lane, Sleaford. (This is a registered charity).

There are over 150 different volunteering vacancies in the Sleaford area alone.

Volunteering not only has the 'feel-good factor' for the volunteer, it can genuinely help people in need in many different ways; from visiting lonely citizens in their homes, helping out at drop-in centres, to assisting charities with administration work.

Adding 'Volunteering' to any job or UCAS application sends a very positive message to the person assessing lots of applications! It could tip the balance between two very similar candidates academically.

Anyone wishing to take part should either contact the Volunteering office directly or complete a short application form and return it to the Volunteering office.

Application forms can be found in the school Library or the Careers office.

Volunteering Centre Services North Kesteven:
The Old Mart, Church Lane, Sleaford NG34 7DF
Tel: 01529 308450

APPRENTICESHIPS

The second presentation was by Janine Ramsdale, from 'Work Pays' on behalf of the 'National Apprenticeship Service'.

Janine talked students through the different levels of entry, from Intermediate Level 2 or GCSE level, Advanced Level 3 or A level through to Higher and Degree Apprenticeships Levels 4, 5, 6 & 7.

Janine stressed that in some career areas sponsored degree level apprenticeships are available. Obviously these types of apprenticeships are highly sought after and the application/interview process can be very competitive.

Intermediate and Advanced level Apprenticeships are perfect solutions for students wishing to pursue specific jobs. Apprenticeships are now available in Policing, Nursing, Accounting and Legal services.

The overriding message from this presentation was that **apprenticeships are changing** and that they should be considered a real alternative to Higher Education. It was also interesting to note that at present 90% of Apprentices are offered full time positions on completion.

Students interested in an apprenticeship should register at www.GetInGoFar website for more information.

Mrs P Hunter
Careers Coordinator

Updated KSHS PE Kit from September 2017

This term we have been working with suppliers and consulting with students to update the PE kit for both PE lessons and fixtures. Following consultation with the School Council representatives from Years 7-10 we had samples produced for the rest of the school to view and comment on.

Feedback from across the school was extremely positive and the new kit colours and materials were almost unanimously approved of by the students who were invited to share their anonymous comments. We are keen to update the kit without a big cost increase for parents and the students agreed the proposed kit combines both value for money and a more up to date style.

If you have recently purchased the existing PE kit for your daughter or if they don't seem to be growing out of their kit as quickly as they would like please don't worry. The new kit will be compulsory only for the new Year 7 intake who start in September 2017 and thereafter; it will be an option available to those in current Years 7-10 or to be bought when replacing their kit when necessary.

The images show the new September 2017 kit (with the black rather than green polo shirt chosen by students). New optional items include plain black leggings as well as a wet weather jacket. Compulsory items include a new polo shirt and skort. A full list of uniform will be available on the school website and items will be available to purchase in time for the new school year from both of our existing suppliers: Uniform Direct in Lincoln and online, and Sleaford Clothing Company.

The school also has a supply of Team Kit available for fixtures: students can use these or purchase their own if they would prefer.

If you have any comments please do feel free to email them to enquiries@kshs.uk

Miss M Adams
Subject Leader PE



SPOTLIGHT ON SPORT

Results			
Age Group	Opposition	Score	Result
Rowing			
KS3, KS4, KS5	Kesteven zone tournament	1 st place Saffron Brankin Yr 8 Jasmin Brankin Yr 10 Ella Owen Yr 11 Freja Munks Yr 13	2 nd place
Football			
U16	QEHS Gainsborough	0-2	Lost
U13	QEHS Gainsborough	2-1	Won
Badminton			
Year 7 and 8	Bourne Grammar School	Singles 1 -8 Doubles 1-3	Lost
Futsal			
Year 8	Kesteven zone tournament		Won
Cross Country			
Year 7 to Year 13	County Championships	1 st place Bella Williams Yr 13 1 st place Laura Bates Yr 11 Qualified Neve Shore Yr 7 Qualified Hazel Williams Yr 9	Qualified for Anglian Schools Cross Country Championship

Training and competition this season moves forward with students taking part in a range of Winter activities. Together with our regular activities, we were pleased to take part in Badminton and Rowing competitions.

CROSS COUNTRY

The Cross Country team travelled to Market Rasen to compete in the County qualifiers. The whole team did really well. Special mention should go to Bella Williams (13A) and Laura Bates (11A) who won their competitions. Also to Hazel Williams (9MC) and Neve Shore (7W) who qualified for the Anglian Schools Cross Country championship in February at Abington Park, Northampton.



Laura Bates



Sisters Hazel and Bella Williams

FUTSAL

Huge congratulations go to the Year 8 Futsal Team who won their competition at the Kesteven Schools Futsal tournament.



Futsal Team

BADMINTON

We were excited to host our first Badminton match and, although the team did not win, due to competition regulations they move up in the league and play their next match away at Priory Ruskin on 1st February.

Congratulations to the Badminton team Olivia Wharam-Lewis (9MC), Poppy Coles (9NP), Ciara Wright (8W), Leah Wardle (8W), Holly Wilkinson (7W), Abby Wellock (7W), Abi Saggs (7W) and Samia Khan (7F).



Badminton Team

ROWING

KSHS joined with a boys team from Carre's to enter the Kesteven zone Indoor Rowing competition. It involved students from all year groups. It was an intense and exciting event. All of the girls achieved above 80% of the National standard which is an excellent effort, particularly for some first time rowers. Jasmin Brankin scored 99%. Congratulations go to Saffron Brankin, Jasmin Brankin, Ella Owen and Freja Munks who all came first in their races.



Rowing Team

GYMNASTICS JUDGING

On the afternoon of Friday 27th January seven Year 7 students and myself helped judge a Primary school Gymnastics competition organised by the Carre's Outreach team. We helped judge over 70 entries, we did this by using laptops and analysing routines. We marked each move/element out of 0.5. We really enjoyed doing this.

By Lucy Wilkinson 7W



U13 Football Team



U16 Football Team

