

# NEWSLETTER

29th Sept 2017 www.kshs.uk

#### **Useful Dates**

4 Oct

29-30 Sep A Level Psychology Trip to London

29 Sep Year 7 Resilience Day

PTA Year 7 & Year 8 Pizza and Movie Night

Drama Trip - Blood Brothers

6-9 Oct Year 11 Berlin Trip

Year 10 Bronze Duke of Edinburgh 7 Oct

and Silver/Gold

Year 10 & 11 Art Trip to London 12-15 Oct

12 Oct Year 13 Geography Data Collection

Year 9 South Mini-Elections 12 Oct

Year 9 Frankenstein English 13 Oct Performance (in school)





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Dear Parents and Guardians,

In the first newsletter of the year I outlined some of the ways we are promoting the importance of having a 'growth mindset' across all aspects of school life. I'm delighted in this edition to celebrate with you those students who, since the start of term have impressed teaching or support staff with their positive attitude, resilience or willingness to keep going with something even if initially it has seemed too hard.

Whether it's a difficult maths concept, grappling with a foreign language, improving a disappointing grade or dealing with the trials and tribulations of being a teenager in today's world we believe that High School Students with a growth mindset develop further as learners than if they rely on talent alone. Congratulations to everyone nominated. Their names will be entered into a monthly draw to win an Amazon voucher.

Look out for a list of nominated students in every newsletter.

Mrs J Smith Head of School

# **Exciting News**

KSHS are delighted to announce they have secured a place in the sought after national Rock Challenge competition.

This prestigious dance event takes place on Monday 19th March 2018 and the audition process is already underway with over 90 students attending the first sessions. If students have expressed an interest as a non-performer helping out behind the scenes they will be contacted shortly to

attend a meeting to discuss this further.

Miss O'Leary Subject Leader Drama





#### **SCHOOL MINIBUS**

The Robert Carre Trust took delivery last week of a smart new minibus. The bus is regularly used to extend student learning beyond the classroom; not just at sports fixtures but also local events at other schools such as Maths challenges, local democracy events, public speaking competitions and Duke of Edinburgh expeditions. Students might see it next as the support vehicle for blistered feet during the forthcoming school sponsored walk!



### Internal Examinations – All Year Groups

Please find below the details of our internal Assessment Schedule for this academic year.

As part of the process of preparing students well for the external public examinations we think that it is important for them to have the opportunity to prepare for assessments that cover a larger body of work than they might during class tests. This is in line with how the formal examinations have changed nationally.

Your son/daughter should view these exams as an opportunity to see how successful their revision and learning techniques are and how effectively they are able to cope with the examination process.

He or she should, therefore, spend time revising actively to ensure that effective and efficient revision techniques for the exams in each subject area are in place.

- Exams for students in Years 7 and 8 will take place during the week commencing 4 June 2018.
- Exams for Year 9 students will take place during week the commencing 19 March 2018.
- Exams for students in Year 10 will take place during the weeks commencing 16 & 23 April 2018.
- GCSE mock examinations for Year 11 students will take place during the weeks commencing 27 November and 4 December 2017.
- Year 12 examinations will take place during the week commencing 30 April 2018.
- Year 13 examinations will take place during the week commencing 29 January 2018.

Please avoid booking any avoidable time out of school for your child during these sessions.

Mr C Green Assistant Headteacher Curriculum



#### **ELECTION OF PARENT GOVERNOR**

A vacancy for a Parent Governor has arisen at our school and we warmly welcome candidates to apply.

If you are interested in being a candidate please follow the instructions attached with this newsletter and forward your nomination form to the Returning Officer at the school, or by email to <u>Elections@robertcarretrust.uk</u> to arrive not later than 5.00pm on Tuesday 3 October 2017.

Please do contact the Returning Officer <u>debbie.scott@kshs.uk</u> or telephone her on 07973 330765 if you would like any more information about the role.

# Year 11 Resilience Day



On 19<sup>th</sup> September the Year 11s all had a Resilience Day. Half of the day was spent with the Army, taking part in various activities.

Before we went outside, the Army gave an hour talk on Army careers and opportunities. This was very interesting as there were people from different roles who explained their jobs and how the Army benefitted them.

After the talk, we went outside for the physical part of the day. We did team building activities and a simplified Army drill that lasted an hour each. The team activities involved 3 different trials that tested different skills. In one of the activities, we had to reorder 5 tyres (labelled 1-5) on the last of three cones. However we were only allowed to move one tyre at a time and smaller numbers could only go on a larger number, not the other way around. The second activity involved trying to move three objects out of a 'minefield' using only a rope, a helmet and a tent peg.

We were not allowed to step in the 'minefield' and if anything dropped we had to run to the end of the field and start again. Finally, there was the blindfold challenge. For this, you had to collect numbered tiles, one at a time, and arrange them 1-9 at the end of the circuit. In order to do this, we had to be guided through cones by our teammates. If you touched a cone you had to run to the end of the field and restart.

The next hour was spent doing the Army drill. We started off with a warm up before being divided into two teams. Each team had a collection of items arranged in the shape of a cannon. These items included full water containers, weight bags, boxes and a log. Our task was to reassemble these items on the other side of the field in the same way. But not only did we have to run with these items, there was a large net that we had to crawl under with them as well. The team that completed this first won and the losers had to complete a forfeit. While most found this fun and different, our knees and elbows did get very muddy in the process.

The day was great and we got to work as teams and practise skills that we may not use very often.

By Emily Marsh (11L), Jayne Morley (11L) and Ailis Rule (11L)



## Year 11 Resilience Day - Careers Interview Workshop

To complement the Army resilience exercise students were given the opportunity to explore and practice interview techniques with four careers professionals.

Students were given a job advert to identify what skills and qualifications were required for the position, they then had to assess their own skills to recognise whether they were a suitable candidate.

Students were given lots of hints and tips to ensure a successful interview process, for example; how best to prepare, the type of questions they may be asked, appearance, body language and identifying their key skills, strengths and attributes.

Students then took part in mock interviews to practice the main four styles of interview; Individual, Panel, Group and Competency based. This proved to be the most enjoyable part of the workshop!

After the workshop students were asked, 'what were the four main points taken from the session?' here are a few of their answers;

'How to shake hands'

'Interview etiquette'

'Not to wear Red!'

'Be prepared – research the company before the interview'

'Make eye contact'

'Good posture'

and

How not to freak out!'

All good tips for the future!

Mrs P Hunter Careers Lead and Work Experience Co-ordinator



## SPOTLIGHT ON SPORT

#### Sleaford Schools Golf Competition

On the 3rd July 2017, I participated in the Sleaford Schools Golf Competition, held at Sleaford Golf Club. This consisted of an 18 hole golf competition, welcoming all players currently attending a secondary school in Sleaford.

The weather on that day was very sunny and warm but started to cool down into the afternoon. Afterwards, a presentation was held in the clubhouse where the prizes were awarded to those winners of different categories, me being one of them. I was proudly presented with the Moira Rickaby trophy; retaining it for my second year in a row.

I will look forward to challenging for it again next year.

Freya Woodiwiss (9W)







Aspiring dancer Rebecca Hebden from Year 10 took to the stage as part of the troupe in the English Youth Ballet's performance of Coppelia at the Corn Exchange Theatre in Stamford on 14th and 15th July. The story is set in 17th Century Poland where Coppélius a doctor makes a life-size dancing doll. It is so lifelike that Franz, a villager, becomes infatuated with it and sets aside his true heart's desire, Swanhilda. She shows him his folly by dressing as the doll, pretending to make it come to life and ultimately saving him from an untimely end at the hands of the inventor. Professional dancers played the main characters and Rebecca was cast as one of Swanhilda's friends who helped to rescue Franz. The part involved Rebecca dancing en pointe. She stated, "playing the character was immensely challenging, but it was a wonderful opportunity to dance with a great



Company and an experience I won't forget. I made lots of new friends and can't wait for my next chance at performing."

#### Football

My name is Jess and I'm a year 11 Student. Having played Football for Sleaford for 4 years, I then joined my first ever girls team near Lincoln.

This summer I decided to apply for a place at Peterborough United Academy. The trials took place at the beginning of the holidays with football scouts watching while we played. About a week later I was offered a place at the Academy and had to attend a formal meeting to sort kit and training. At the meeting we also learnt about lessons we would have to attend as well as work in the gym.

So now I train with my girls' team on a Wednesday evening and attend the Academy on a Thursday evening.



Results					
Age Group	Opposition	Date	Score	Result	
Football					
Year 7	St George's Academy, Ruskington	Away Monday 18 <sup>th</sup> September at St George's Academy, Ruskington	Won	16-1	
Year 7	St George's Academy, Sleaford	Away Monday 25 <sup>th</sup> September at St George's Academy, Sleaford	Won	2-0	
Netball					
Year 10	SWRHS	Away Tues 19th September	29-1	Won	
Year 11	SWRHS	Away Tues 19th September	40-10	Won	

We would like to wish good luck to all those who are currently trialling for County Squads and Academies.



Year 10 Netball Team



Year 11 Netball Team

Upcoming Fixtures					
Age Group	Opposition	Date			
Netball	•	•			
Year 8	Walton	Away Thursday 28th September			
Year 9	Walton	Away Thursday 28th September			
	Tournament	Away Thursday 12 <sup>th</sup> October			
Year 10	Walton	Away Tuesday 3 <sup>rd</sup> October			
	St George's	Home Thursday 5 <sup>th</sup> October			
	Priory Ruskin	Home Tuesday 10 <sup>th</sup> October			
Year 11	Walton	Away Tuesday 3 <sup>rd</sup> October			
	St George's	Home Thursday 5 <sup>th</sup> October			
	Priory Ruskin	Home Tuesday 10 <sup>th</sup> October			
	Tournament	Away Thursday 12 <sup>th</sup> October			
Football		•			
Year 7	Priory Ruskin	Away Monday 2 <sup>nd</sup> October			
U13	Bourne	Home Wednesday 4 <sup>th</sup> October			

# Year 12 Work Experience 10<sup>th</sup> – 14<sup>th</sup> July 2017

Further to the school newsletter at the end of the summer term, I am happy to report that all of our students returned to school full of enthusiasm and ideas of what they would, and would not like to do as a career when they leave school. This is very much the objective for work experience placements, negatives are just as important as positives when making decisions for the future. Here are a couple of statements written by students following their work placements;

#### **Steffi Wilkinson and Hope Sumner**

'For our work experience we spent a week volunteering at the RSPB reserve Blacktoft Sands, along the Humber estuary, staying in RSPB accommodation. We were able to take part in a range of activities including bird monitoring, livestock checks and maintenance work. It was great being outside all week and the staff were very welcoming and made us feel at home. We saw a large variety of birds, many of which we had never seen before, including: marsh harriers, bearded tits, redshank, black-tailed godwit and even spoonbills. We both thoroughly recommend it to anyone interested in conservation!'

#### **Bryony Fossett**

I spent my week on a dairy farm just outside Newark and found it both fun and highly beneficial for the career path I wish to follow — Veterinary Science. I've always been the kind of person willing to get stuck into any task given and this week really did exploit that. As well as milking the cows — learning how the whole process worked, I helped to herd the heifers that were being dried before calving and then on the Wednesday I also had the opportunity to go and view the cattle market in Newark. It was so interesting to see the commercial side of farming, even if I did struggle to understand what the auctioneer was saying the entire time!

Finally we received a lovely email from BSCW, the Recycling Plant just outside of Sleaford regarding one of our students; 'We would like to express how much of a pleasure it was to have Katie Poole on site during the week  $10^{th}-14^{th}$  July. Katie is a very pleasant young lady and a credit to both herself and Kesteven & Sleaford High School. Katie always arrived on time and was smartly dressed. She was attentive and interacted well with staff at all levels.

As a result of Katie's time with BWSC, we would be happy to offer a placement for other pupils looking for work experience.

Well done Katie!

Mrs P Hunter Careers Lead & Work Experience Co-ordinator

# HOUSE EVENTS COMING SOON

## **AUTUMN & WINTER TERMS**

Decorate a cake in a theme or colours inspired by YOUR House









Year 7 House 'Monster' Mascot Design Competition

HALLOWEEN
PHOTOGRAPHY
COMPETITION
#SPOOKY SELFIES

MFL Department competition

# Talent show

Look out for news of House Sport competitions!

Check your folder for news from the House Captains

TAKE PART, GET INVOLVED

**SUPPORT YOUR HOUSE!** 

#### **GROWTH MINDSET NOMINATIONS**

5<sup>th</sup> to 22 September 2017

Staff are invited to nominate students who have demonstrated a Growth Mindset in the past couple of weeks. This might have been in lessons, in clubs, in tutor time or simply around school.

Please note we already award bi-annual subject badges and merits for good academic work, effort and improvement. These Growth Mindset nominations recognise those who show resilience (academic or otherwise); who aren't afraid to get things wrong and learn from it; those who have a go, take themselves out of their comfort zone or show that even if a task is tough they will persevere.

Mrs J Smith Head of School

Subject Area	Student	Tutor Group	Staff Nominating
Art	Olivia Hampton	9F	Mrs Milnes
Art Graphics	Amber Swann	11W	Mr Clifford
Biology	Jodie Hellyer	13F	Mrs Fairhead
Biology	Chloe Ridley	13L	Mrs Martin
Chemistry	Alice Hill	13F	Mrs Evans
Computer Science	Ella Hansford	11F	Mr Mulligan
Drama	Tabitha Davenhill	13F	Miss O'Leary
DT Textiles	Lucy Davs	12F	Mrs Fleming
English	Lauren Cope	10KG	Mr Cassidy
English	Rebecca Hebden	10JC	Miss Natley
Food	Abigail Mayhew	11L	Mrs Pankhurst
Food	Aine Wooltorton	7W	Mrs Pankhurst
French	Amber Behrens	9A	Miss Beckitt
French	Paris Dunmore	10KG	Miss Shales
Geography	Bethan Andersen	11A	Mrs Livingstone
Geography	Georgia Stevens	10MC	Mrs Collett
German	Anna Atkinson	10NP	Mr Rooke
Head of Year	Maisie Lee	11L	Miss Kilgannon
History	Clary Burn	11L	Mrs Constantine
History	Daisy Luxton	11W	Mr Dennis
Maths	Emelia Fuller	7F	Miss Duffy
Maths	Lauren Griffen	9F	Miss Turner
Maths	Charlotte Sunman	11A	Mrs White
Maths	Megan Thompson	10MC	Mrs Green
Maths	Georgia Tweedale	11W	Mrs Megginson
Music	Phoebe Loach-Martin	9F	Mr Mitchinson
Physics	Lauren McCarthy	11F	Mr Stone
Physics	Anwen Venn	12L	Mr Spafford
School & Student Services	Amelie Collier	7W	Mrs Porter/Mrs Robertson
SEN	Victoria Lyon	11L	Mrs Watts
Tutor Time	Alice Booth	10NP	Mr Periam



During July many students from the Robert Carre Trust completed their Gold Expedition in the Yorkshire Dales. This year we had a Canadian student join us on an exchange visit.

Harkirat is a Grade 10 student at Evan Hardy Collegiate Institute, Saskatoon, Canada.

Having applied for this incredible programme initiated by the Duke of Edinburgh's Award; known as "Do the Duke in the UK"; Harkirat was selected to come to the UK. Due to the sponsor being an ex-pupil of Carre's Grammar School it made sense for him to come to Sleaford.

Harkirat arrived in the UK on the 27 June and stayed until the 6 July during which he received some training, completed his Gold expedition and saw some sights.

If you would like to follow Harkirat's UK DofE experience please see the website link below:

https://harkirat2001.wixsite.com/harkintheuk

## A Record of Harkirat's Trip to the UK!



Special Thanks to:

Marian Donnelly, Duke of Edinburgh International Award Saskatchewan, Canada

Melita Walker - Robert Carre Trust, Sleaford, UK

Alex Fallon, Saskatoon, Canada

Gaylia & Anthony Fallon, Sleaford, UK





I would love to offer this opportunity to a student here enabling them to visit Canada for their Residential section of the Gold award. However to do this I would need to secure funding. If you or someone you know feel able to offer support please contact me for further information.

To find out more about the award visit the website: <a href="www.dofe.org">www.dofe.org</a> or email Mrs Mel Walker on <a href="dofe@robertcarretrust.uk">dofe@robertcarretrust.uk</a>

Mrs M Walker
Duke of Edinburgh Co-ordinator