

NEWSLETTER

19 January 2018



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Useful Dates

20 Jan	Duke of Edinburgh Drop in Clinic 2
22 Jan	PTA Meeting 7.00pm
23 Jan	Year 9 Options Evening
24 Jan	University of Lincoln Fashion & Textiles Workshop
24 Jan	Year 9 TeenageBooster & MenACWY Vaccinations
29-30 Jan	Year 13 Mock Examinations
1 Feb	Year 9, 10 and 11 Intermediate Maths Challenge
1 Feb	Youth Council Meeting at NKDC
2 Feb	Year 7 & 8 Disco

Dear Parents/Guardians,

Happy New Year and a warm welcome to the first KSHS newsletter of the calendar year. With a range of extra-curricular events, including the school's first participation in the national 'Articulation' competition as well as semi-final appearances in National Rotary Club Young Chef and Youth Speaks competitions, students have got to work quickly in and outside the classroom.

Our staff training day, held before students returned after the holidays, focused on the importance of oracy. We looked at how staff can empower young people as learners through talk and prepare them for roles beyond school where employers are ever more keen to have confident communicators, problem solvers and team members in their organisations. We also looked at what the latest neuroscience research is telling us about how students learn best; focusing on how short term memory (knowledge or skills students learn in one hour lessons) can become embedded in their long term memories. We also continue to focus as a school on the promotion of students' well-being. Please do look at the article on page 4 for further details.

Year 9 options and Year 13 mock exams are on the horizon. A reminder that Year 9 parents are warmly invited to the options evening at school on Tuesday evening where the Key Stage Four curriculum is described, the rationale behind the options offer is explained and the process made clear.

As ever, please do contact the school if have any questions.

Mrs J Smith
Head of School

Celebrating Students' Success at our Annual Senior Prizegiving

Our annual Senior Prizegiving ceremony took place at the end of last term welcoming back students from their first terms of university study, apprenticeships or employment as well as recognizing the achievements of last year's GCSE, AS and A level students.

The hall was packed with proud parents, staff and governors as well as VIP guests. Our speaker for the evening was Mrs Hannah West who, as well as being an ex-student of the school, came to talk about the keys to future success: self-belief, aspiration, personal fulfilment and the power of asking others for advice and support. Since leaving school Hannah joined the Royal Navy, secured Chartered Engineer status and served with the Army in Afghanistan. She has since started her PhD studies at Bath University undertaking research and study on the theme of 'Women in Conflict'.

In addition to Hannah West's thought provoking and inspiring words the collected audience heard from students from current Years 12 and 13: Harriet Kirsopp (Assistant Head Girl), Chloe McGill (Deputy Head Girl), Francesca Holmes (Assistant Head Girl) Laura Bates and current Head Girl Emily Nuttall. Ex-Head Girl and Deputy Head Girl Phoebe Dales and Lorna Swan shared their memories of being Year 13 High School students last year and spoke to current students about their early impressions of University life. Harriet Kirsopp and Josie Ambler, both High School Sixth Form students, delighted the audience with musical entertainment during the ceremony.

As Head of School I was delighted to share with parents the tremendous achievements of all staff and students last academic year. With an Ofsted short inspection under our belts this term and plenty to celebrate both in terms of academic, sporting and extra-curricular achievements it was fantastic to be able to formally revel in our young people's success. My thanks to the Old Girls' Association and other annual benefactors for their generous donation of prizes.

Please see the end of this newsletter for a list of the 2017 Senior Prize Winners. Junior Prizegiving for students in Years 7-10 takes place in the summer term.

Mrs J Smith
Head of School



Left to right: Harriet Kirsopp, Chloe McGill, Francesca Holmes, Mrs J Smith, Mrs Hannah West, Laura Bates, Phoebe Dales, Emily Nuttall and Lorna Swan

DUKE OF EDINBURGH GOLD AWARD

One of the first two Duke of Edinburgh Gold award completions from KSHS has received her certificate at a ceremony in London. Katie Flaherty attended St James's Palace in London to receive her certificate from Prince Edward on behalf of the Duke of Edinburgh in November. She and Phoebe Morgan completed their awards after registering for Gold in 2015. The girls completed their award expeditions in summer 2016 and are both now at University. Bethan Owen and Freja Munks are attending the Palace in January to receive their certificates and we look forward to seeing many more complete in the next few months.

Mrs M Walker
Duke of Edinburgh Coordinator
Robert Carre Trust



Welcome!

This term we welcome Mr Malcolm Hale to the school as a Teacher of Physics.

Having worked in other selective and non-selective schools he is with us until the end of the school year and takes over the classes previously taken by Mr Spafford who began his new role at Lincoln University this January.

We currently have two teaching vacancies in school for September: adverts for both are included at the end of this newsletter.



Amy Selected for Important Role

Congratulations to Amy Enever (Year 11) who was selected to be part of the interview panel to select the new Chief Guide in London in late December. As one of only 11 14-26 year olds in the country to be selected for this role it was a real honour for her. Amy is a Young Leader with Metheringham Guides who were very proud that she had such an important role in the process.



Amy meeting other members of the panel in London

Amy said:

"I had the best weekend ever...as well as being part of an important process I made new friends. The process has helped improve my confidence, knowledge of Guiding and hopefully opened up many opportunities for the future. The people I spoke to were incredibly inspiring and I hope I will see them again. I'm very glad to say that this has been my top moment in Guiding so far and I know there is more to come!"

Public Speaking Success

After success in the first round before the Christmas holidays two Kesteven and Sleaford High School Public speaking teams took part in the semi-finals of the Rotary Club Youth Speaks completion last weekend.

The Intermediate team, comprised of Year 7 and 8 students Emilia Pettener (Chairperson), Charlotte Dunham (Main Speaker) and Hannah Middleton (Vote of Thanks), engaged a multi-generational audience by addressing the question "Is Gender Inequality still Present in Today's Society?"

In the afternoon the Senior team of Year 12 students Natalie Sands (Chairperson), Emily Dunham (Main Speaker) and Katherine Bolton (Vote of Thanks, taking over from Rosie Jones' first round appearance) challenged the audience to consider "Are the Laws of Joint Criminal Enterprise Changing the Way that Modern Society Looks Upon Criminals?"

"The competition this year was very fierce but I am glad to be a part of it again. I returned this year because I enjoyed it last year and was ready to try and get further than before with a new team." Charlotte Dunham

"I signed up for this club at the beginning of the year because it was something I had never heard of before and now I am definitely going to come back next year!" Hannah Middleton

"It was definitely an experience I will never forget!" Emilia Pettener

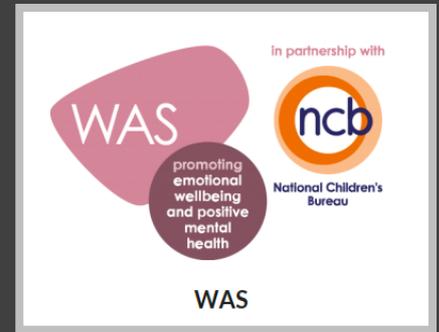
The teams at work in the first round, where as well as winning team events Hannah Middleton also won an individual prize for her excellent Vote of Thanks.



Certificate presentations in the district semi- finals. The senior team go on to the regional semi-final in Uppingham in late February.



Wellbeing Award for Schools (WAS)



Promoting and Protecting Emotional Wellbeing and Positive Mental Health at KSHS

KSHS recognises that for many adults and children, mental health can be seen as a difficult and at times frightening issue. As a society, we are starting to deal with this stigma, but, unfortunately, there still exist plenty of negative views and attitudes that cause barriers to good communication. As professionals and as parents, we can feel unprepared and ill-equipped to deal with these issues, seeing mental health as the domain of the 'specialist'. KSHS has already started to address many of these issues and the topic is a frequent one in our staff training programme: we have introduced our school Growth Mindset awards, given to students who have shown resilience at school. The tutor time programme and the PSHE (Personal, Social Health Education) scheme of work have been rewritten to include both academic resilience and self-esteem activities to help the students at KSHS cope with the many demands placed on them. We talk to students about how to support their peers when they may be encountering issues.

Undertaking the Wellbeing Award for Schools gives Kesteven & Sleaford High School the opportunity to review our present provision and to build upon it to promote and protect the emotional wellbeing and positive mental health of both students and staff alike.

The main objectives of the award are to show that:

1. KSHS is committed to promoting and protecting positive emotional wellbeing and mental health and that KSHS has a clear vision and strategy which is communicated to all involved with the school.
2. KSHS has a positive culture which regards emotional wellbeing and mental health as the responsibility of all.
3. KSHS actively promotes staff emotional wellbeing and mental health and prioritises professional learning and staff development on emotional wellbeing and mental health.
4. KSHS understands the different types of emotional and mental health needs across the whole-school community and has systems in place to respond appropriately and actively seeks the ongoing participation of the whole-school community in its approach to emotional wellbeing and mental health.
5. KSHS works in partnerships with other schools, agencies and available specialist services to support emotional wellbeing and mental health.

We will shortly be asking students, parents and staff to take part in a short survey which will help us to evaluate our current provision and formulate our action plan. Please look out for it and thank you in advance for your participation.

Mrs C Tipper
Assistant Headteacher Pastoral

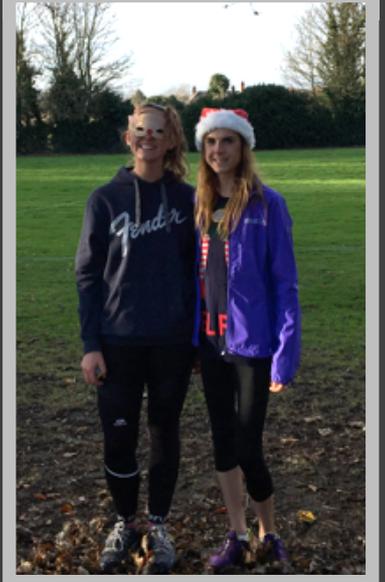
RUNNING CLUB – ‘TURKEY TROT’

Whilst our Year 9 Running Club members tucked into their Turkey Christmas dinner, our Year 7's trotted round the field in our first 'Turkey Trot' Christmas Fun Run. Joined by Miss Grindey, Miss Duffy and Mrs Pankhurst everyone that took part did really well in completing the 1 mile run and enjoyed the festivities despite the cold weather. Top prize went to Chloe Mulhall (7L) for her fancy dress efforts closely followed by Isabel Collier (7A). All who took part enjoyed a well-earned chocolate coin medal! We look forward to continuing our training in the new year – keep an eye out for our next themed run!

Miss Duffy (Head of Year 8 & Teacher of Maths) and Miss Grindey (Teacher of History)



Niamh Cairns (7A),
Holly Couchman (7A),
Amy Moat (7L)
Isabel Collier (7A),
Emily Chambers (7A),
Chloe Mulhall (7L),
Jersey Case (7A) and
Megan Bray (7A)



Spotlight on Sport

The Winter season continues into the New Year here at KSHS. We are looking forward to competing in the upcoming events which the teams continue to train hard for. Good luck to all involved.

The Cross Country squad will be competing at the County stage of the competition this week at Burghley House in Stamford.

The Badminton team will be competing away at Kesteven and Grantham Girls' School.

The U13 Football Team move to the next round of the County Cup, where they will face St George's Academy.



U13 Football Team

Upcoming Fixtures		
Age Group	Opposition	Date
Football		
U13	County Cup St George's Academy	Away Wednesday 17 th January
Badminton		
U14 & U16	KGGS	Away Wednesday 24 th January
Cross Country		
All ages	County final at Burghley House, Stamford	Away Saturday 20 th January

KSHS will be hosting the Primary Schools Gymnastics competition where a team of our Gymnasts from Years 7 and 8 will be judging at the competition.



Student Sporting Success

Lottie Wells 8W – Football Achievement

Hi, my name is Lottie Wells and I play for the U14 Doncaster Rovers Belles as a Goalkeeper. I train at the Keepmoat Stadium at Doncaster for two, two hour sessions a week and play matches once a week. On Monday my session starts with half an hour with my team and then the other one and a half hours is with one of my goalkeeper coaches and the other girl and boy goalkeepers. On Thursday, I go straight to my other goalkeeper coach and train for an hour with him and the other girl goalkeepers. I play against lots of different teams; Boston, Derbyshire, Teesside, Sheffield, Manchester United and many more. I also play football for the school team and really enjoy going to the Football Club.

We welcome any features from students who take part in activities outside of school. Features and photographs can be emailed to school where we can celebrate students' extra-curricular hard work and success.

GROWTH MINDSET NOMINATIONS

11th December to 12th January 2018

Staff are invited to nominate students who have demonstrated a Growth Mindset in the past couple of weeks. This might have been in lessons, in clubs, in tutor time or simply around school.

Please note we already award bi-annual subject badges and merits for good academic work, effort and improvement. These Growth Mindset nominations recognise those who show resilience (academic or otherwise); who aren't afraid to get things wrong and learn from it; those who have a go, take themselves out of their comfort zone or show that even if a task is tough they will persevere.

Subject area	Student being nominated	Tutor Group	Staff nominating
Biology	Emily Kinsella	12F	Mrs K Fairhead
Chemistry	Heather Butters	10NP	Mr N Periam
Chemistry	Charlotte Storer	11W	Mrs C Evans
Drama	Lucy Kinnersley	10JC	Miss T O'Leary
English	Katie Gelsthorpe	7F	Mrs K Cowell
English	Celia Good	9F	Mrs T Milnes
English	Erin McGinley	11L	Miss A Natley
Food	Emily Sadler	8L	Mrs J Pankhurst
Form	Kyra Britton	10NP	Mr N Periam
Form	Libby Edwards	11F	Mrs L Martin
French	Poppy Brady	10NP	Miss A Beckitt
French	Amelie Collier	7W	Miss E Shales
French	Lucy Creed	10KG	Miss A Beckitt
French	Amber Swann	11W	Miss E Shales
German	Molly Fairhead	11F	Mr L Rooke
History	Elissa Foster	11F	Miss R Grindey
History	Holly McKenna	11L	Mr D Dennis
History	Alice Smith	11W	Miss R Grindey
History	Charlotte Storer	11W	Miss R Grindey
Maths	Bella Aitken	7A	Mrs K Green
Maths	Clary Burn	11L	Mrs K Green
Maths	Erin Mercer	8L	Miss E Turner
Maths	Charlotte Storer	11W	Mrs K Green
Pastoral	Aneeka Manocha	7F	Mrs J Pankhurst
PE	Caitlin Hammond	9F	Mrs J Stacey



List of Senior Prizewinners and Prizes 2016-2017

Key Stage Four

Year 10 Form Prizes	10A Lucie Swan-Dennis 10F Amy Enever 10L Wendy Neal 10W Daisy Luxton
GCSE Art & Design Fine Art Prize	Emily Tupholme
GCSE D&T Graphics Prize	Olivia Mawditt
GCSE D&T Textiles Prize	Jennifer Harris
GCSE Graphic Communication	Erin Clay
GCSE Food Prize <i>Presented by Jackie Thornalley</i>	Lucy Prichard
GCSE Drama Prize <i>Drama Cup</i>	Florence Husson
GCSE German Prize	Ella Fairchild
GCSE Geography Prize	Jennifer Harris
GCSE History Prize	Victoria Roberts
GCSE Music Prize	Rebecca Tindale
GCSE Physics Prize	Emily Hobson
GCSE RS Prize	Jasmina Nicolson
Pettit GCSE Science Prize	Evelyn Cheng
GCSE Chemistry Prize	Jennifer Harris
GCSE Sports Prize	Sophie Angel

GCSE English Language Prize	Jasmine Wragg
GCSE Biology Prize	Jasmine Wragg
Helen E Vidal Prize for GCSE Mathematics <i>Presented by the Old Girls' Association</i>	Emily Dunham
Prize for Best GCSE Performance	Emily Dunham
GCSE French Prize <i>Continued Hard work presented by Mrs Jones</i>	Emily Hobson
GCSE English Literature Prize	Rebekah Phillipson
Most Improved at Mathematics <i>Helen Carroll Brown Prize</i>	Amy O'Dell

Key Stage Five

Prize for Excellent 'AS' Level Performance	Megan Hackett, Reece Harvey Harriet Kirsopp, Emma Prichard Ilinca Sivoglo, Isabella Smith, Olivia Warren
Prize for Best 'AS' Level Performance	Molly Desorgher
Senior Management Team Prize for Special Achievement <i>Cattermole Shield</i>	Olivia Scott-Golding Sophie Gray
MP Skinner Prize for Religious Studies <i>Presented by the Old Girls' Association</i>	Alexandra Williams
House Prize <i>Thorpe Shield</i>	Phoebe Morgan
Award for Public Service Shield <i>Presented by the Sleaford Standard</i>	Chloe Layton
German Prize <i>Connors Cup</i>	Elizabeth Beckett
Sport/PE Prize	Sophie Morton

Photography Prize	Jordan Renwick
Jenny Giles Prize for Art	Phoebe Dales
Biology Prize for Sustained Hard Work <i>Presented by Mrs S Ajumal</i>	Phoebe Morgan
STEM Prize <i>Presented by Mr R Baker</i>	Thea Stephen
Selicia Brister Prize for Design & Technology <i>Selicia Brister Cup</i>	Florence Sherry
Senior Drama Award <i>Drama Cup</i>	Lorna Swan
Eve Hull Memorial English Language Prize <i>Presented by the Old Girls' Association</i>	Kiera Johnson
Mary Baynes Memorial French Prize <i>Presented by the Old Girls' Association</i>	Elizabeth Beckett
Senior Games Prize <i>Stewart Cup</i>	Lilly Buckberry
Psychology Prize	Ellie Woodward
History Prize <i>History Cup</i> <i>Endowed by Mrs S Williams</i>	Anna Killen
Classical Civilizations Prize <i>Classical Civilizations Cup</i>	Maia Tomlinson
Prize for Outstanding Contribution to Music throughout the school	Candy Yuan
Music Prize	Candy Yuan
Katy Winchester English Literature Prize <i>Presented by Mr Winchester</i>	Katherine Mountford
Mathematics Prize <i>Mathematics Cup</i> <i>Presented by The Old Girls' Association</i>	Candy Yuan
Physics Prize	Gemma-Louise Shaw
Chemistry Prize <i>Cornwall Plate</i>	Emma Francis

Geography Prize	Charlotte Wilson
Prize for Excellent 'A' Level Performance	Anna Killen, Elizabeth Beckett, Emma Francis
Prize for Best 'A' Level Performance	Kiera Johnson
Deputy Head Girl's/Boy's Prize <i>Presented by Mr N McFarlane</i>	Lorna Swan, Harpreet Atwal, Freya Hide
F.M Kirk Memorial Prize for the winner of the Watson Medal for the Head Girl <i>Presented by the Old Girls' Association</i>	Phoebe Dales

KESTEVEN AND SLEAFORD HIGH SCHOOL

We currently have vacancies for:

Teacher of English
(Sep 2018)

Teacher of Maths
(Sep 2018)

Teacher of Physics
(Apr 2018 or Sep 2018)

Librarian
(Start date by negotiation)

For details about the posts and how to apply please see our website: www.kshs.uk

