

NEWSLETTER

09 March 2018 www.kshs.uk

Useful Dates

10 Mar Duke of Edinburgh Award Bronze Kit Check

14 Mar Royal Institution for Science Visit

15-16 Mar Duke of Edinburgh Award Bronze

Practice 1

Rock Challenge Rehearsal 16 Mar

16 Mar PTA St Patrick's Night Family Bingo 7.00pm

Year 9 Assessment Week 19-23 Mar

19 Mar Rock Challenge - Grantham Meres

Leisure Centre

Year 12 & 13 A Level EP Conference -20 Mar

Cambridge

22 Mar Year 13 A Level EP Revision

Conference - London

23 Mar Sport Relief Day





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Dear Parents/Guardians

Many thanks to parents for their patience and understanding during the recent snow closures across the county. We never take the decision to close the school lightly but took regular Multi Agency advice. I hope that your journeys were without incident. As a result some school events have been rescheduled including some drama and dance rehearsals. Parents have been contacted directly.

As the weather warms and Spring finally arrives students will be out and about. Bronze D of E participants are off on their practice expedition soon. I look forward to visiting them at their campsite in Folkingham next Thursday evening.

Some impressive students haven't even been deterred by the cold weather. Do have a read about the particular successes of Aimee, Jess and Jasmin in our 'Spotlight on Sport' section.

Mrs J Smith Head of School

Next Stop....Regional Finals

Congratulations go once more to the Senior Public Speaking team who saw off district competition in the third round of the national Rotary Youth Speaks Competition. They are through to the Regional final which takes place on April 21st and are hoping to survive this final round before the national Final in May.

As well as coming first place as a team the trio also took the prizes for best Chairperson (Natalie Sands left) and best Vote of Thanks (Katherine Bolton right). The team are pictured below with their trophies, certificates and cash prizes.

Mrs J Smith Head of School







My Rotary Youth Leadership Awards (RYLA) Experience

When I arrived at the Whitehall Centre in Buxton, Derbyshire, I was warmly greeted by the instructors which made me feel welcome straight away. We waited until everyone had arrived then did some 'icebreaker' tasks in order to find out everyone's names and a bit about them. We got into groups and began the activities, they told us that there would be points available for the different tasks if we completed them and at the end whichever team had the most points would win. However, they told us it wasn't about the points it was about challenging yourself but obviously we all wanted to win!

On our first day we participated in some of the simpler things such as trying to work together as a team to lower a very lightweight wooden stick only using our hands but we had to keep them flat....which is a lot harder than it seems! We also had to get all team



members over a small distance of water and onto a little island and back, which was rather entertaining! At night we went on a hike through the dark and had to complete some tasks along the way, some even included a blindfold!

The following day we went indoor rock-climbing and abseiled a 25m viaduct, which some people found quite challenging as it was pretty scary. There was also a tyre tunnel, which I found quite challenging as you had to crawl through it flat on your stomach as it wasn't very big. However, my team mates were encouraging me so I had to do it.

On the last day we went on the zip wire and did some orienteering around the site which was very scenic as there was a lovely view of the mountains. Then after lunch we had

a presentation where we were awarded our certificates and said our goodbyes to everyone.

The trip allowed me to meet new people who I will keep in touch with, and learn how we should work together in teams and pairs correctly. I really enjoyed my trip and would recommend a friend to go on it, despite it being a bit chilly!

Annie Johnson (10JC)

House News

We now have a merit point total box in Reception and House Points will be totalled at the end of each term. This term the Year 7 students with the highest merit totals dropped the tokens into the box, next term it will be the turn of Year 8.

Competitions are being advertised – the History Department are running the 'Good Egg Bad Egg' competition, there will be a Wii Dance competition for KS3, an Easter Egg Hunt for KS3 and KS4 & 5, and a Showstopper Easter Cake competition on the last day of term. Next term will be the Year 7 Spelling Bee.

Loveden are leading by just 8 points 7339, in second place Winnibrigg have 7331, in third place

Aveland with 7279 and Flaxwell with 6712. The merit totals are very close at the moment, students could change that by entering our competitions as they win House points for every competition they enter.

Students should look out for the posters, get involved and support their Houses.

Mrs Fleming Head of Houses



PTA News

Following our recent 'Raise the Roof' fundraising the canopy area next to the Dining Hall is finished. Seating, tables and heaters have all been installed giving much needed extra space for students to sit and eat. This year we have also purchased extra display boards, 2 replacement projectors for teaching rooms and £2,000 has gone to the PE Department towards trampolines and training. Thanks to all for their generous support of PTA events making these projects possible.

100 Club £50 Winners

- November 2017 ticket number: 22 J Cox
- December 2017 ticket number: 58 K Wilkinson
- January 2018 ticket number: 19 A Macinder
- February 2018 ticket number: 1 M Lyle

We have a number of fundraising events coming up:

St Patrick's Bingo Night

16th March – 7.00pm to 9.30pm – reserve your tables please – there will be a licenced bar, Easter Egg prizes and a raffle.

Bags2School Civvies Day 27th April

Year 9, 10 and 11 Pizza and Movie Night

27th April – we will be screening 'The Greatest Showman'.

Mrs B Fleming
PTA Chair

NATIONAL SCIENCE WEEK

We are very fortunate to have the Royal Institution visiting the school on 14th March during National Science Week.

Students in Years 7 to 10 will have the opportunity to see the show during the morning of the 14th and we are able to offer a show in the early evening for Key Stage 2 children.

Please see below for details:





NATIONAL SCIENCE WEEK

14th March 2018 At Kesteven and Sleaford High School



Feel the Power

The Royal Institute's amazing science show

Discover the history of electricity and witness some of the earliest historical demonstrations of how electricity could be used and harnessed, developed by two of the Royal Institution's most famous scientists Faraday and Davy. This electrifying show includes lots of live demonstrations and audience interaction and ranges from explanations of static electricity to modern day use of generators and how magnetism and electricity work together.

Feedback from teachers includes:

"The children were agog – (no exaggeration) and I thought it was excellent. Best bit was the fact that we listened to the whole story of electricity from the Ancients to Faraday. Fantastic! We're so used to boring safe predictable things that it was great to have a bit of the unknown."

Suitable for both Key stage 2 and Key stage 3 and accompanying adults.

Kesteven and Sleaford High School Main Hall

14° March 2018

4.30pm – 5.30pm

There is no charge for this event.

If you are interested in attending this event please telephone on 01529 414044

Spotlight on Sport

Congratulations to the Year 7 Netball team who played incredibly well in their first match. The team have been training together weekly at extra-curricular practices. Together with their pre-match training and strategies throughout the match, they were able to quickly take the lead and win their match against Sir William Robertson Academy 20-5.

Age Group	Opposition	Date	Score	Result		
Netball						
Year 7	KSSA	Away Tuesday	20-5	Won		
	Tournament	20th February				



Year 7 Netball Team

Upcoming Fixtures						
Age Group	Opposition	Date				
Netball	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,					
Year 7	St George's	Away Monday 12 th March				
	KGGS	Home Tuesday 13 th March				
	Priory	Home Thursday 15 th March				
	KSSA Tournament	Away @ St George's Tuesday 20th March				
Year 8	St George's	Away Monday 12 th March				
	KSSA Tournament	Away @ St George's Tuesday 20th March				
	Priory	Away Tuesday 27 th March				
Year 9	St George's	Away Monday 12 th March				
	Priory	Away Tuesday 27 th March				
Year 10	KSSA Tournament	Away @ St George's Tuesday 20th March				
Football	•					
Under 13	St George's	Away Thursday 8 th March				

Sporting Success



Aimee Hickingbotham (11F) - Football Success

I play Football for Doncaster Belles RTC U16's and Lincolnshire U16's. I have recently been asked to train with Doncaster Belles development squad which is a level above my team and leads into the first team. As well as hoping to make it to Doncaster Belles first team, I am considering getting a scholarship in America when I am 18. I recently went to an event where forty American coaches were watching and I will continue going to events like these as I grow up. My dream is to become a professional player and represent my country.



Jasmin Brankin (11A) – Rowing Success

Jasmin Brankin attended the Great Britain rowing assessment event at Boston rowing club on the weekend of 17th and 18th February. She had qualified to attend this trial by achieving an ergo (rowing machine) time of under 20 minutes 30 seconds over a distance of 5 kilometres. The event on Saturday was a 5 kilometre time trial test on the river and the Sunday was a doubles competition over the same distance. As Jasmin was the only participant from her Nottinghamshire County Rowing Association (NCRA) club, she had to find a

partner from another club who she had never rowed with before.

The assessment event contained J16 rowers from all over Great Britain, who had also achieved the target time on the ergo. Schools and clubs in attendance included Henley, Marlow, Latymer and Headington. With the very best rowers at this event, Jasmin targeted a top 10 finish, which would have been deemed as a notable achievement. Jasmin completed the 5K distance in a time of 20:45.1 which WON her the competition. This was a magnificent achievement to be rated as the best rower in Great Britain in her age group.

On the Sunday, Jasmin paired up with Cordelia Mahoney who attends Headington School in Oxford. Cordelia had finished a very respectable fourth in the singles event. The girls had a very quick practice before the race to prepare for the assessment. They completed the 5K distance in 19:21.8 which also WON this competition and they finished 30 seconds in front of their nearest competitors, which is a considerable margin in rowing terms.

This achievement by Jasmin was an outstanding effort and has resulted in her being asked to attend a GB camp at Holme Pierrepont in March.

SWIMMING – COUNTY CHAMPIONSHIPS

Over three weekends in January and February 2018 I competed in the Nottinghamshire ASA County Championships. I competed in the 14 years and under category.

Overall in my age group I came 4th out of 44 competitors, but in the 100m and 50m freestyle I won two gold medals as I came first in my age group for both races. I was also the Junior champion for 100m freestyle with a Personal Best time of 1:02.73. I gained a trophy for that race which was Rebecca Adlington's in 2003!

I also came 3rd in the junior category for 50m freestyle with a time of 29.37.

I also gained a bronze medal for the 100m Backstroke in my age group with a time of 1:13.86 which is also a Personal Best.

I greatly enjoyed the County Championships and can't wait until the Regionals in April! It has motivated me to keep trying even harder than before so I can hopefully gain more results like this. Early morning training sessions are definitely worth it!



Jessica Reed (9L)

We welcome any features from students who take part in activities outside of school. Features and photographs can be emailed to school where we can celebrate student's extra-curricular hard work and success.

GROWTH MINDSET NOMINATIONS 19th February to 2nd March 2018

Staff are invited to nominate students who have demonstrated a Growth Mindset in the past couple of weeks. This might have been in lessons, in clubs, in tutor time or simply around school.

Please note we already award bi-annual subject badges and merits for good academic work, effort and improvement. These Growth Mindset nominations recognise those who show resilience (academic or otherwise); who aren't afraid to get things wrong and learn from it; those who have a go, take themselves out of their comfort zone or show that even if a task is tough they will persevere.

Congratulations to Teya Weller (10MC) whose name was randomly selected from the nominations of the past month. She receives an Amazon Voucher in recognition of her positive approach.

	Student being	Tutor	
Subject area	nominated	Group	Staff nominating
Extra-Curricular	Amie Coupland	8A	Mrs G White
Extra-Curricular	Mia Owen	7L	Mrs G White
Public Speaking	Katherine Bolton	12A	Mrs J Smith
Public Speaking	Emily Dunham	12F	Mrs J Smith
Public Speaking	Natalie Sands	12F	Mrs J Smith
Tutor	Bethany Iszatt	7L	Miss A Natley
Tutor	Phoebe Last	8F	Miss R Grindey



An Easter Eggstravaganza!

MAKE AND
DECORATE A
SHOWSTOPPER
EASTER CAKE
29 March 2018
Bring your cakes to M3 at
registration







HOUSE PRIZES AND POINTS FOR ENTERING

Baster Egg Hunut!

KS3 - 27th March

KS4 - 28th March



Chocolate Easter egg prizes!



2op to enter

