



Kesteven & Sleaford High School

NEWSLETTER

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02 Nov 2018

4 Nov

Shakespeare Schools Rehearsal

5 Nov

Shakespeare Schools Performance Day - Lincoln Drill Hall

6 Nov

Senior Maths Challenge

7 Nov

Nepal Meeting Group A & B

8 Nov

Duke of Edinburgh Award Celebration Evening

12-30 Nov

Year 12 Assessment

12-16 Nov

Year 13 Assessment

12 Nov

PTA Meeting 7.00pm

13 Nov

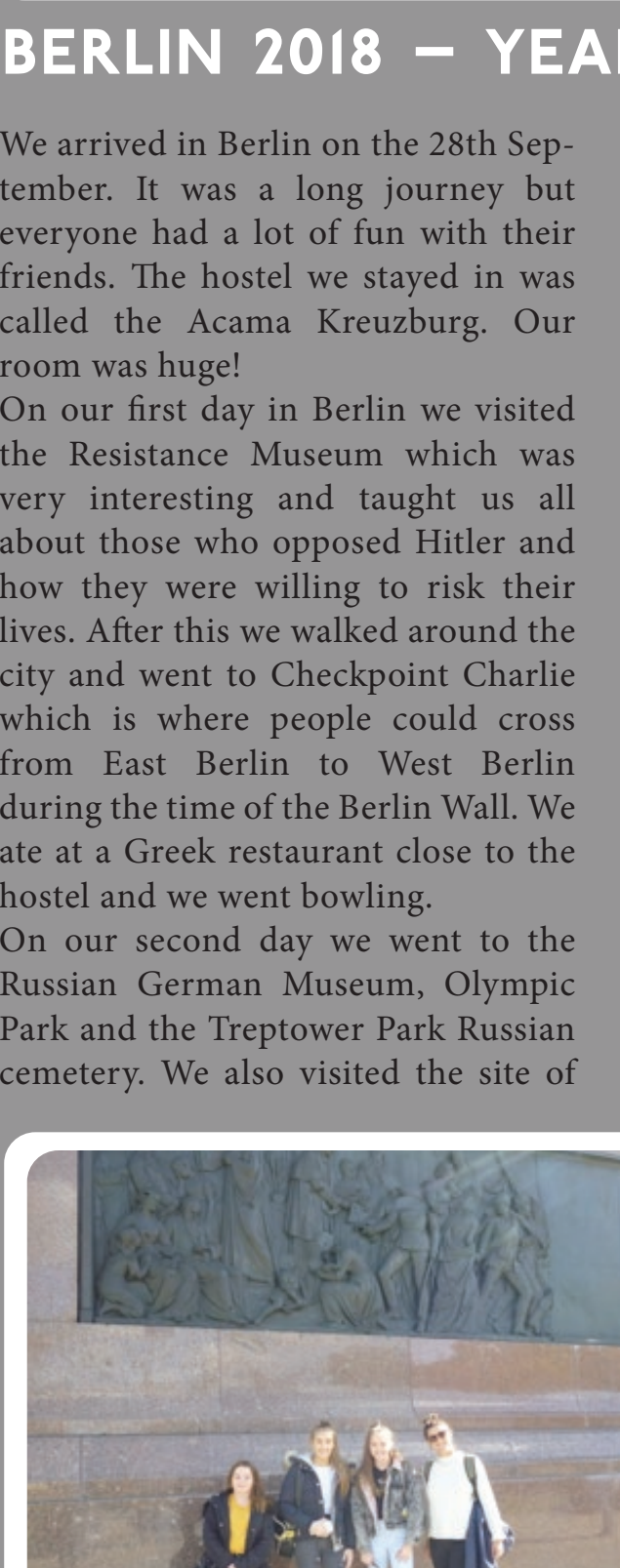
Kids Lit Quiz

Dear Parents/Guardians,

I hope your daughter had a restful half term break and any sponsored walk blisters healed in time for school shoes to go back on. We were lucky to have a mild, dry day of autumn sunshine to walk in and I really enjoyed covering the 12 miles alongside students this year. Thank you for all your support of the venture including helping your daughter collect in her sponsor money. The prize draw for the Amazon vouchers will take place in forthcoming assemblies so please do ensure that all money is collected and back in school by next Friday 9th November.

The charity sub-committee of the student council will be helping the finance team count up the sponsorship pledges. Congratulations to the students who were elected on to the various sub-committees just before the half term break. There are representatives from all year groups who collectively come together to represent student voice across the school but also spend time working in Charity, Wellbeing, Site and Eco sub-committees.

Mrs J Smith
Head of School



School Walk 2018

BERLIN 2018 – YEAR 11 RESIDENTIAL

We arrived in Berlin on the 28th September. It was a long journey but everyone had a lot of fun with their friends. The hostel we stayed in was called the Acama Kreuzburg. Our room was huge!

On our first day in Berlin we visited the Resistance Museum which was very interesting and taught us all about those who opposed Hitler and how they were willing to risk their lives. After this we walked around the city and went to Checkpoint Charlie which is where people could cross from East Berlin to West Berlin during the time of the Berlin Wall. We ate at a Greek restaurant close to the hostel and we went bowling.

On our second day we went to the Russian German Museum, Olympic Park and the Treptower Park Russian cemetery. We also visited the site of

Hitler's bunker. The Germans have made the site quite the opposite of what Hitler used it for, as it is now a children's playground. We spent that afternoon visiting Sachsenhausen which was very emotional.

On our final day we saw the Reichstag Building which is the German Parliament building. During the tour we experienced the glass dome and views of Berlin. We began our journey home after one last walk through Berlin. When we arrived back in London there was a lot of traffic and everyone was relieved when we finally got back to Sleaford after a long 7 hours of travelling. I thought the trip was amazing and I learnt a lot and had a great time with my friends.

By Ellen McHenry (11MLM)

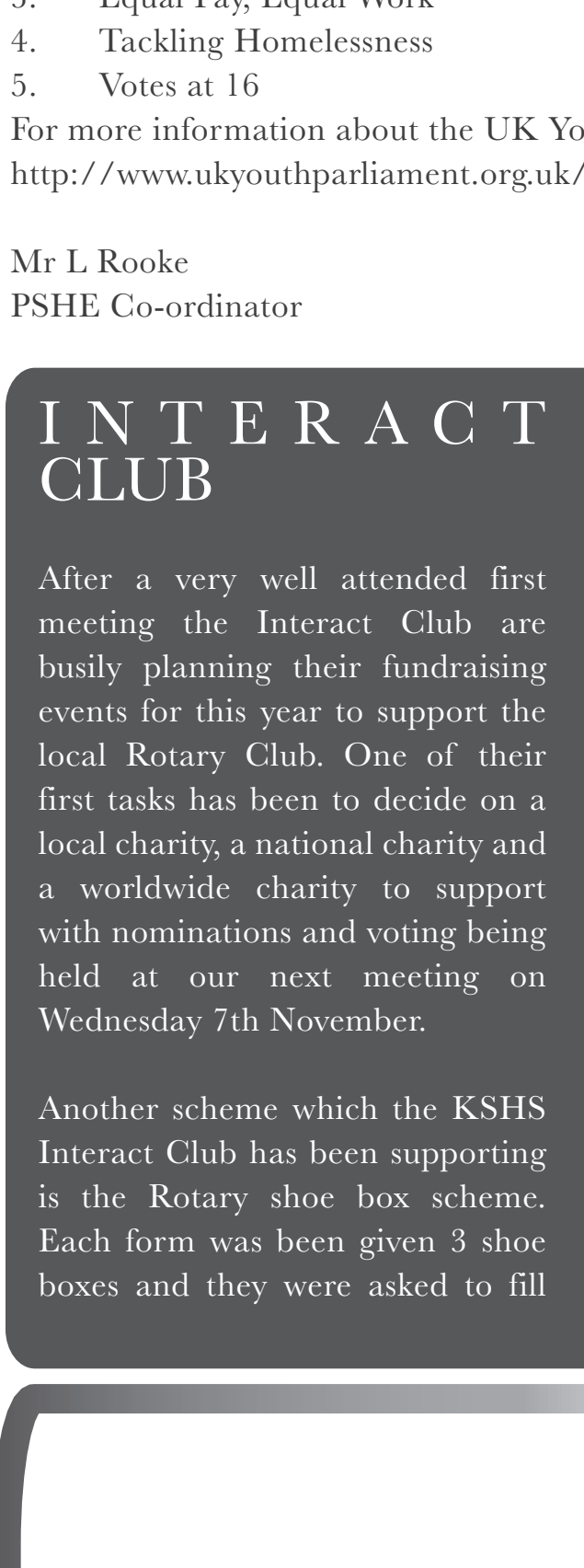
UK YOUTH PARLIAMENT

Students again took part in the national ballot run by the UK Youth Parliament to decide on the 5 issues which will be debated in their annual sitting in the House of Commons on Friday 9th November. This year over 1 million young people took part in the vote and the issues, in order of priority for discussion, with the most votes were:

- Put an end to Knife Crime
- Mental Health
- Equal Pay, Equal Work
- Tackling Homelessness
- Votes at 16

For more information about the UK Youth Parliament and the results, visit: <http://www.ukyouthparliament.org.uk/makeyourmark>

Mr L Rooke
PSHE Co-ordinator



INTERACT CLUB

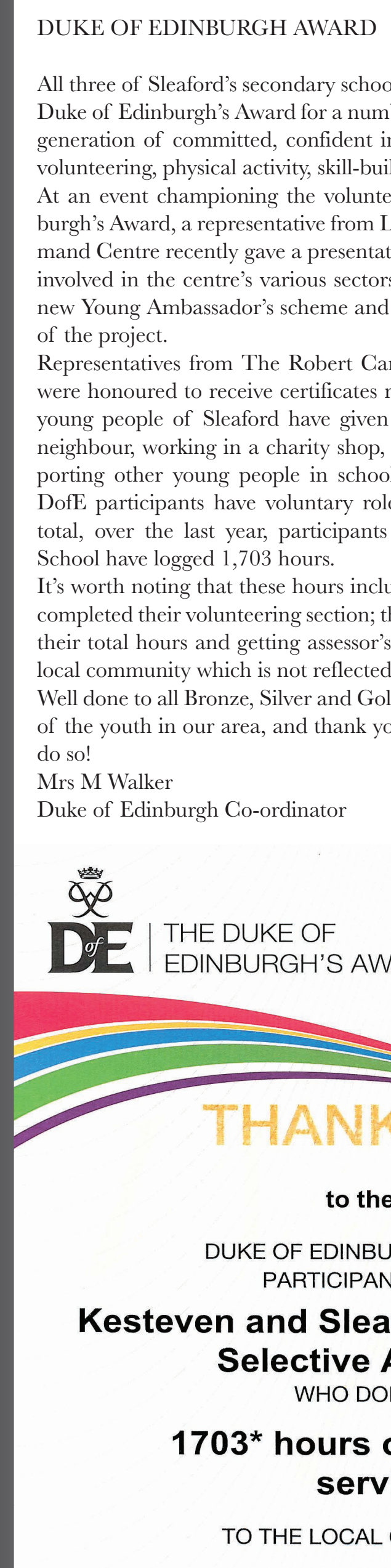
After a very well attended first meeting the Interact Club are busily planning their fundraising events for this year to support the local Rotary Club. One of their first tasks has been to decide on a local charity, a national charity and a worldwide charity to support with nominations and voting being held at our next meeting on Wednesday 7th November.

Another scheme which the KSHS Interact Club has been supporting is the Rotary shoe box scheme. Each form has been given 3 shoe boxes and they were asked to fill

them with items to be sent to either babies, boys & girls, teenagers or households who are in need in Eastern Europe. The shoe boxes have been collected today – thank you for everyone's support with this.

Look out for our annual Senior Citizens' Christmas Party coming up; please get in touch if you have any family, friends or neighbours who you think may want to come along for an afternoon of fun, christmas dinner, crackers and performances by our talented musicians!

KSHS Interact Club





DUKE OF EDINBURGH AWARD

All three of Sleaford's secondary schools have been successfully running the Duke of Edinburgh's Award for a number of years, and developing the next generation of committed, confident individuals through a programme of volunteering, physical activity, skill-building and expedition.

At an event championing the volunteering section of the Duke of Edinburgh's Award, a representative from Lincoln's International Bomber Command Centre recently gave a presentation encouraging young people to get involved in the centre's various sectors – from catering and retail, to their new Young Ambassador's scheme and the archiving and research elements of the project.

Representatives from The Robert Carré Trust and St George's Academy were honoured to receive certificates recognising the number of hours the young people of Sleaford have given to their local area. Be it helping a neighbour, working in a charity shop, cleaning up the town's river, or supporting other young people in school, scouting organisations and more, DofE participants have voluntary roles that are varied and extensive. In total, over the last year, participants from Kesteven and Sleaford High School have logged 1,703 hours.

It's worth noting that these hours include only those participants who have completed their volunteering section; therefore others, who are still collating their total hours and getting assessor's reports, have also given time to the local community which is not reflected in these numbers.

Well done to all Bronze, Silver and Gold participants who represent the best of the youth in our area, and thank you to the adults who support them to do so!

Mrs M Walker
Duke of Edinburgh Co-ordinator



IRISH DANCING

My name is Aine and I am in Year 8. I began Irish Dancing doing one class a week with the Iris Cara School of Irish Dance when I was almost 5 years old.

There are two different types of dancing shoes, light shoes called pumps for light dances (reel, jig, slip-jig and hopjig) and heavy shoes which are similar to tap shoes but have fibreglass on the tips of the toe to dance heavy dances (heavyyjig, hornpipe and set dances).

I compete at different competitions around the country throughout the year. There are also many major competitions that Irish dancers from around the world can compete at e.g. All Irelands, All Scotlands, Great Britains and the World Championships.

When dancing in teams Irish dancers wear their school dress costume. When dancing solo, Irish dancers usually wear their own specifically designed dresses.

I now do four two hour classes a week and also have an exercise routine to follow at home.

Irish dancing is classed as an athletic sport so you have to work hard to constantly try to improve.

The photo is from the All Scotland Championships in September 2018.



Geography News

During the week of 15th October the Year 9 Geographers ventured into Sleaford town centre to investigate evidence of crime and crime prevention. They were tasked to interview people about their knowledge and perception of crime, carry out environmental quality surveys at a range of locations and look for evidence of criminal activity and target hardening measures to reduce crime. Back in the classroom, the girls are now busy presenting their primary data and analysing and evaluating their results. We are looking forward to reading their projects.

On Tuesday 30th October the Year 10 Geographers welcomed an outside speaker into the department. Rachel Enstone lived in Japan for five years and was in Tokyo in 2011 when the Tohoku earthquake struck and triggered a tsunami on the east coast. Rachel was able to share her experiences of living in Japan at this time and provided a most informative and interesting account of how the Japanese authorities prepare for and predict these tectonic events.

Mrs S Livingstone
Teacher of Geography



MUSIC NEWS

On the 12th November 2018 (7.00pm) we will be participating in a Remembrance Concert to commemorate the 100th Anniversary of Armistice Day and the 100th Birthday of the Royal Air Force. The concert is a joint venture between Carre's Grammar School, Kesteven and Sleaford High School and St George's Academy. The evening will feature performances from combined bands, choirs and ensembles, as well as items by individual choirs and soloists. It will also incorporate readings and poetry and times to reflect on the act of remembrance. The event will be held at St Denys' Church in Sleaford.

Preparations are underway for our Christmas Concert in December – further details to follow.

Mr S Mitchinson
Subject Leader Music (Extra-Curricular)



Learning How to Fail!

Learning how to fail and how to cope with failure is an important lesson that we all have to learn to be able to weather everyday life. Our young people are always striving for perfection but they also need to realise that it is ok to fail and that we can learn as much (if not more!) from failure as we can from success.

Below is a link to an interesting article by Dr Pooky Knightsmith. This article is written for teachers but I hope that you feel it is also relevant to us all as parents:

<http://www.sec-ed.co.uk/blog/how-to-fail/>

Mrs C Tipper
Assistant Headteacher Pastoral



Spotlight on Sport

Football Success

KSHS have entered Football teams in all age groups and local competitions. The teams are progressing well through the leagues with the aim of another County win this year.

The Under 14 Football Team are through to the 3rd round of the English Schools Football Association (ESFA) league. In their most recent match against the Priory they won 3-0. Neve in 9W (Captain) scored the hat trick and Lottie in 9W received woman of the match for her fantastic goalkeeping. Good luck all!

Amelia Thompson 10W and Poppy Coles 11NP – County Football

Congratulations to Amelia Thompson and Poppy Coles who have been selected to play for the Lincolnshire U16 Girls Football Team. Both girls played exceptionally well in their first match against Humberside to help the team win 3-2.



Results				
Age Group	Opposition	Date	Score	Result
Year 8	KGS	Away Tuesday 9 th October	22-8	Won
Year 9	KSSA Netball Tournament	Away @ St George's Thursday 11 th October	Won 3 matches Lost 2 matches	
Year 11	KSSA Netball Tournament	Away @ St George's Thursday 11 th October	Won 1 match Lost 3 matches	
Year 7	Priory Ruskin	Away Monday 15 th October	0-0	Drew
Under 14	English Schools Football (ESFA) Association @ St George's	Away Monday 29 th October	3-0	Won
Under 15	English Schools Football (ESFA) Association @ St George's	Away Tuesday 16 th October	2-1	Won

Upcoming Fixtures		
Age Group	Opposition	Date
Football		
Under 14	English Schools Football (ESFA) Association @ Carlton le Willows	Away Monday 12 th November
Gymnastics		
Lincolnshire Secondary Schools Championships		Sunday 9 th December @ Grantham Meres Leisure Centre
Leadership		
	Tag Rugby Primary Schools Event	Friday 9 th November

School Equestrian Team

We are aware that there are many girls at school who are doing extremely well in Equestrian Sport and are competing regularly. We would like to develop the School Equestrian team by competing regularly in the British Show Jumping Just For Schools events.

Mrs Munro (parent) will be co-ordinating the entries – please contact Mrs McGann (Subject Leader for PE) via email to express your interest in order that she can forward your details to Mrs Munro.



Student Sporting Success

Florence Marshall (8F) County Netball

Congratulations to Florence Marshall who has been selected for the U13 Lincolnshire Netball Team.



KSHS host Sleaford Wheelers charity dinner to raise funds for SoLDAS Boston Womens Aid

Sleaford Wheelers organised a fantastic charity dinner to raise much needed funds for SoLDAS Boston Womens Aid. The event was hosted in the dining room at KSHS where Mrs Parrott, Catering Manager at KSHS, provided a fantastic 3 course meal. She was helped by a collection of students shown below. Some of the students are members of Sleaford Wheelers. Abi (9W) regularly trains and competes throughout the year and has been successful in a number of events.

The guest speaker for the evening was World Bike Girl Ishbel Holmes. Ishbel cycled solo around the world and spoke about her absolute resilience and motivation and about how she has had to tackle her own issues from when she was a child through to the work that she currently undertakes.





KSHS students and Ishbel Holmes with her dog Maria who she rescued from a street in Brazil

