

Kesteven & Sleaford High School

NEWSLETTER

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17th May 2019

- 20 May KSSA Athletics Championship
- 20 May Think for the Future Assemblies & Parents' Workshop
- 23-24 May Duke of Edinburgh Award Bronze Assessment 1
- 23 May Year 5 & 6 Girls' Cricket
- 23 May Youth Council Meeting
- 24 May Year 8 History Trip to Burghley House
- 24 May **LAST DAY OF TERM**
- 3 June **FIRST DAY OF TERM**
- 3-7 June Year 7 & 8 Assessment Week
- 5-8 June Year 9 France/Belgium Trip

Dear Parents/Guardians,

Final assemblies for Year 11 and 13 have taken place in the past week marking the start of the examination season. We wish all our students the best of luck in their examinations. As we turn our attention to preparations for the next academic cycle I am delighted to introduce you to our new student senior team for 2019-2020. In a process as rigorous as any job appointment, Year 12 candidates gave presentations, were questioned by student panels and finally underwent interviews with me, Miss Chant (Head of Sixth Form) and Laura Bates (this year's outgoing Head Girl) to secure a place on the Senior Team. Please look out for them at school events.

Mrs J Smith
Head of School



left to right:

Fliss (Assistant Head Girl),
Ellie (Head Girl),
Miss Chant (Head of Sixth
Form),
Izzy (Deputy Head Girl) and
Leigh (Assistant Head Girl)

World of Work 2019

On Wednesday 8th May the annual 'World of Work' morning, a key date in our careers programme, took place for all Year 10 students.

All students were privileged to speak to 18 different professionals about their work, qualifications required and different routes into their jobs.

Students had a 10 minute taster session with every representative present and then considered a series of questions about each career from the information given by the speaker. It was a really fast paced and intense morning for both students and speakers, however looking at the feedback from both parties it was an extremely worthwhile experience.

Whilst we can't provide a representative from every career our main objective is to give students what would probably be their first experience of speaking to employers face to face, and a chance to find out the types of skills

and qualities employers look for in applicants.

Organisations represented this year were;

The Army, the RAF, the Police, the NHS, NKDC, Sleaford Renewable Energy Plant, Finance, Mortgages, Apprenticeships, an Estate Agent Franchise, Physiotherapist, Architects, Solicitors, Bishop Grosseteste University for Primary school teaching information, Pharmacist, Forensics, and representatives for School-Centred Initial Teacher Training.

My thanks go to all of the representatives this year who gave their time freely and worked very hard all morning.

Mrs P Hunter
Careers Lead



House News



The beginning of term started with the annual House Easter Egg Hunt on Friday 26th April. Several teams from KS3 competed to complete the challenging course devised by our Year 12 House Captains. Joint first prize went to team 'Batfish' from 7W and team Lucy x2 from 9A. With runners up team Erin Scott also from 7W. Each team won a bag of chocolate Easter Eggs.

A recent tally of House Points and merits to the end of Term 4 sees Aveland leading with 9,446 points - only 150 points behind Aveland are Winnibrigg on 9,296, in third place Flaxwell with 8,552 and in fourth place Loveden with 7,936.

It was the turn of the Year 8 highest merit earners to top

up the tokens, Niamh (8A - 148 merits), Isobelle (8F - 90 merits), Harriet (8L - 91 merits) and Lauren (8W - 102 merits) did the honours.

Mrs B Fleming
Head of Houses



KSHS Students' Plays Long-listed for New Views at the National Theatre

Since early in October last year, a select group of Year 11 and Year 12 students have been writing plays through the New Views programme offered through the National Theatre.

KSHS has previously experienced great success, with Phoebe Duckmanton winning the overall competition in 2016 and Katie Mountford's plays being short listed two years running in 2016/17.

The English department are delighted to report that Molly and Zoe have had their self-penned scripts selected from amongst hundreds to be long listed this year.

The group, Shannon, Scarlet, Molly, Erin and Zoe have all worked very hard to manage their considerable workloads. The competition has seen them attending weekly playwriting sessions, developing their scripts in their own time, all whilst maintaining a focus on their normal subject studies!



It has been a pleasure working with such driven and reflective young women. Below is a brief review of the experience written by Molly and Zoe.

'It has been a brilliant experience writing our plays for the National Theatre's New Views competition. We got to meet and discuss ideas with a professional playwright; we learnt a lot about the writing process and have developed our own styles of play writing. It is an honour to have been able to participate in the competition and to have been long listed. We would definitely recommend taking part in the competition as it has really helped build our confidence in our writing abilities and it is not often that you find the opportunity to write a play that will be read by playwrights from the National Theatre.'

'Thank you so much Mrs Cowell and Miss Natley for giving us this opportunity as we have thoroughly enjoyed the experience.'

Shannon and Erin meeting with Deborah Gearing – at the playwright mentor meeting

LIBRARY NEWS

Reading for relaxation

Now that exam season is upon us, the school Library continues to play a valuable part in our students' daily lives.

As well as providing the conditions to revise, with silent study periods 1 and 2 every morning and opening hours until 5.00pm on Mondays to Thursdays and 4.30pm on Fridays, the Library also promotes the benefits of reading to relax. With so much essential reading to be done during every day studies, it is important to remember that reading for pleasure is a known stress buster, lowering our heart rates and easing tension in our muscles. Reading for pleasure is a healthy and relaxing strategy that we encourage all our students to develop. By dipping into a literary world, busy minds are invited to rest a while in a stress free environment and setting

aside 30 minutes a day to read uninterrupted provides space for our minds to unwind and relax, providing valuable downtime amongst productive and sometimes long hours of study.

The Library at KSHS provides access to a broad spectrum of reading material; from the latest in Teenage fiction, to the Classics section, magazines and the popular on line E-book resource. In addition we have a shelf help section that contains useful books and information on a broad range of teenage issues, including how to manage and develop a healthy mindset. Library staff are on hand to help students select their reading matter, and can advise on titles and resources to support both academic reading and reading for pleasure.

Mrs C Gibson
LRC Manager

DUKE OF EDINBURGH AWARD

This photo shows one of the Silver groups just finishing their Silver practice expedition and celebrating their achievement! Their expedition started with a day of constant rain and finished bathed in sunshine.

Both the Bronze and Silver practice expeditions are now complete and staff are looking forward to seeing them all complete their assessed expedition in the near future.

Important Dates:

Thu 23 & Fri 24 May:

Sat 15 & Sun 16 June:

Sat 22 June:

Fri 28 June (travel), Sat 29 June - Mon 1 July:

Early July:

Thu 11 July (travel), Fri 12 - Mon 15 July:

Tue 20 - Fri 23 August:

Bronze Assessed 1

Bronze Assessed 2

Gold kit issue and check (KSHS)

Silver Assessed Expedition

Canadian D of E Exchange

Gold 1 Expedition

Gold 2 Expedition

Mrs M Walker

Duke of Edinburgh Coordinator



Spotlight on Sport

KSHS County Golf

On Tuesday 30th April Freya Woodiwiss (10W) represented Kesteven and Sleaford High School in the Golf County final held at Blankney Golf Club. Freya played some fantastic golf and qualified for the next round in Manchester. Well done Freya.

Handball

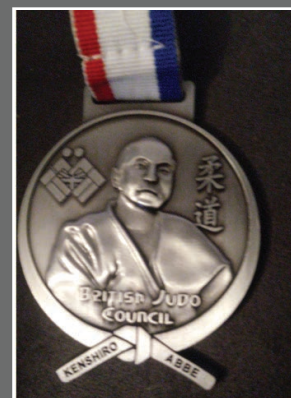
On Thursday 9th May the Kesteven and Sleaford Handball team travelled to Derby Arena to compete in the regional finals. The competition was tough with Rushcliffe fighting to remain National champs for the third year running, but that didn't stop our girls. The team had a slow start and struggled to get into the first game however they turned it round to win two of their games and narrowly losing to the previous national champs 3-2. Unfortunately we were 1 place off qualifying for the National finals but we go back to the drawing board ready for next year!

Results				
Age Group	Opposition	Date	Score	Result
Golf				
Handicap <18	County Final	Tuesday 30 th April @Sleaford Golf Club		Qualified for next round
Handball				
Year 10	Regional final	Thursday 9 th May		3rd

Upcoming fixtures		
Age Group	Opposition	Date
Athletics		
Years 7 to 10	District Competition	Monday 20 th May @ Grantham Meres Stadium
Cricket Leadership		
Year 10		Thursday 23 rd May @ Sleaford Cricket Club
Rounders		
Year 10	KSSA	Wednesday 12 th June @ St George's Academy
Year 9	KSSA	Wednesday 19 th June @ St George's Academy
Year 8	KSSA	Wednesday 26 th June @ St George's Academy
Year 7	KSSA	Wednesday 3 rd July @ St George's Academy

Student success Holly Marshall (8L) – Regional Swimming

Well done to Holly Marshall (8L) who previously wrote about qualifying to swim at the East Midlands Regional Swimming Championships in Corby last weekend. Competing in 7 events, she won a Bronze medal in the 200 Individual Medley and was in the final for five others setting PBs all the way. She just missed out on a second medal in the 400IM, coming 4th and then 5th in the 200 freestyle in a very close race!



Maddy Freeman (8F) – British Judo

I have been doing judo for 3 years now. Recently I achieved my orange belt and I have competed a few times already this year. On Sunday the 5th of May, I took part in the BJC British Open! Here I won my first two fights and gained a spot in the Gold medal fight. During this fight I got my leg caught and ended up with 8 hours in A & E and a Silver medal in the -52kg 13-15 year old girls!



Amie (9A) – Swimming

This weekend Amie completed the Triple 5K Swimathon for Cancer Research. She swam 5K on Friday evening, again on Saturday evening and her final swim was on Sunday evening. She swam this in memory of her Auntie who she lost last summer to cancer. She completed all 600 lengths in 5 hours 44 minutes and has raised approximately £350.



Mrs Banks – KSHS's Marathon Runner!

Mrs Banks, who works as part of the support team at KSHS, ran the London marathon on the 28th April 2019. The London Marathon is a 26.2 mile long distanced running event held in London. The first marathon was held in 1981 and has been held every year since!

To start the marathon experience, Mrs Banks had a strict training plan, meaning she ran four different types of runs every week. Each week she gradually added 10% further distance until she reached her goal of 20 miles, as well as doing gym classes and swimming in order to help her stamina.

Mrs Banks ran for the charity action Duchenne, which raises money to find a cure for Duchenne muscular dystrophy. This affects one in every 3,500 male births. The money Mrs Banks raised will go towards this organisation and help those people and families suffering from this illness.

She found her experience of the London Marathon enjoyable and felt that 'being part of 42,000 people was good for me' because the atmosphere of all of it was incredible. However, she thought that having the confidence to follow the training plan through was the most difficult part. The best part of the experience was having her family down to support her – Mr Banks even ran with her! She felt that having her family run alongside with her was really motivating. Overall, her favourite moment of the long run was on

Tower Bridge because she said it was unexpected.

Mrs Banks fastest mile was mile 25 and she finished in 5 hours, 41 minutes, 35 seconds. We are all incredibly proud of her for this inspiring achievement and for persisting until she achieved and met her goal. Well done, Mrs Banks!

Report by the Girls' News Team, Amy and Jazmin



MR DAVID HITCHCOCK

We are sad to report the passing of Mr David Hitchcock, whose funeral took place at St Denys' Church on Thursday. David was Clerk to the Governors at the High School for well over 25 years. The clock he was given in 1994 (after 20 years' service to the school) still sits on his mantelpiece. Our condolences go to his family and friends.

GROWTH MINDSET NOMINATIONS

29th April to 10th May 2019



Staff are invited to nominate students who have demonstrated a Growth Mindset in the past few weeks. This might have been in lessons, in clubs, in tutor time or simply around school.

Please note we already award bi-annual subject badges and merits for good academic work, effort and improvement. These Growth Mindset nominations recognise those who show resilience (academic or otherwise); who aren't afraid to get things wrong and learn from it; those who have a go, take themselves out of their comfort zone or show that even if a task is tough they will persevere.

Subject area	Student being nominated	Tutor Group	Staff nominating
Computing	Holly Coles	10A	Mr S Mulligan
Computing	Isobel Coles	10A	Mr S Mulligan
Computing	Georgia Cowling	10A	Mr S Mulligan
Computing	Jessica Pettini	10L	Mr S Mulligan
Duke of Edinburgh Award	Ellen McHenry	11MLM	Mrs T Milnes
Duke of Edinburgh Award	Mabel Redgrave	11NP	Mrs T Milnes
Duke of Edinburgh Award	Georgia Stevens	11MC	Mrs T Milnes
Duke of Edinburgh Award	Jenifer Myers	11MLM	Mrs T Milnes
Duke of Edinburgh Award	Anna Atkinson	11NP	Mrs T Milnes
Duke of Edinburgh Award	Tamzen Brenton	11NP	Mrs T Milnes
Duke of Edinburgh Award	Leigh Gray	12A	Mrs T Milnes
English	Iris Lingard-Handley	11MLM	Ms A Natley
English	Lauren Padley	10L	Miss G Walters
English	Jessica Ruskin	9L	Miss G Walters
English	Indigo Starkie	10L	Ms A Natley
Food	Maddy Freeman	8F	Mr J Pankhurst
French	Ruby Harmston	9F	Miss A Beckitt
French	Emily Sadler	9L	Miss A Beckitt
Geography	Lucy Davis	13F	Mrs D Collett