

NEWSLETTER



Useful Dates

16 Oct School Open Morning

16 Oct SJSF Open Evening

17-20 Year 11-13 London Art Study Trip

Oct

MANA

17 Oct Sponsored Walk

17 Oct Youth Council

17 Oct LAST DAY OF TERM

18 Oct Staff Training Day

23 Oct Duke of Edinburgh Award Kit

Audit 1

28 Oct FIRST DAY OF TERM

30 Oct SJSF Careers Fayre at St George's

- Academy

30 Oct Year 13 Parents' Evening

31 Oct Year 9 PSHE Day

Dear Parents/Guardians,

I was lucky enough to spend last weekend with our Year 11 History and German students and nine accompanying staff on the annual KSHS study tour to Berlin. (Look out for pictures and the students' report in the next newsletter). It was a thought provoking, rich educational experience to learn alongside students about World War Two and I was impressed by their discussions and the follow up questions about what they had seen. My thanks go to Mrs Constantine, Mr Rooke and Mr Dennis for their expertise and planning.

Next week in school we balance classroom learning with hopefully a bright and dry day for the annual Robert Carre Trust sponsored walk. A reminder that this year it is optional for Year 11-13 but that we hope to raise significant sums for charities chosen by KSHS students as well as some funds towards our IT resources in school. Your support in helping secure sponsor money is much appreciated.

Mrs J Smith Head of School

CROUD

School Council

EODM

NAME	FORM	GROUP
Beatrice	7MC	Charity
Alice	7MC	Charity
Ruby	7SFE	Charity
Sophie	7KDU	Charity
Emily	7KDU	Charity
Pippa	7KDU	Charity
Liv	7MC	Charity
Hannah	9L	Charity
Holly	9L	Charity
Natasha	8L	Charity
Holly	9L	Charity
Mia	7MC	Charity
Isobel	10W	Eco-Warriors
Rosie	7MC	Eco-Warriors
Kitty	7SFE	Eco-Warriors
Hannah	7SFE	Eco-Warriors
Grace	7BM	Eco-Warriors
Isabel	9F	Eco-Warriors
Ava	11L	Eco-Warriors
Charlie	11L	Eco-Warriors
Stevie	11L	Eco-Warriors
Isobelle	9F	Eco-Warriors
Maisie	9L	Eco-Warriors
James	12A	Wellbeing
Madeleine	7MC	Wellbeing
Raluca	10W	Wellbeing
Faith	8W	Wellbeing
Hannah	8W	Wellbeing
Sharna	7SFE	Wellbeing
Lucie	13	Wellbeing
Chiara	7APO	Wellbeing / Eco-Warriors

We are pleased to announce the new members of the Student School Council. We are building on the success of last year by recruiting students who have a passion for one of the three committees of the School Council (Wellbeing, Eco-Warriors and Charity). The first full meeting of the School Council took place on Wednesday 2 October and students discussed issues that were close to their hearts and how we might address some of these emerging themes throughout the year within School. The Year 13 Co-Chairs of the School Council Izzy Wooler and Fliss Holden have been superb at motivating and organising the student body and we hope to see them making positive changes within the school environment and beyond for 2019-20. Below is a list of the School Council members and their various roles.



DUKE OF EDINBURGH AWARD CELEBRATION EVENING

On the evening of 24 September a wonderful event took place at KSHS celebrating the achievements of D of E students during the past year.

Across the Robert Carre Trust in 2018-2019:

- 187 students were registered for Bronze, Silver and Gold D of E.
- 126 students completed their awards.
- 97 students completed the British Heart Foundation Heartstart Award.

The guest speakers were Sunil Sardesai who completed the Marathon des Sables this year and his Gold group 'The Yellow Group' who talked about their Gold experience.

James Harding, Anna Killen, Harriet Kirsopp and Lucy Davis attended St James's Palace on 1 October to receive their Gold Awards.

Photos:

- Lucy Freeman received her Gold completion letter at the celebration evening
- Two new DofE Prefects cut the cake
- Students and staff received awards











HELIPADS FOR HOSPITALS

Last year, 9L collected over 200 cans and saved them in a special 'Helipads for Hospitals' box they made for the cause. Last week they were very happy to transfer their rescued cans into the new official Helipads for Hospitals can bank on the school site.

Pictured: top can savers Leah, Isla, Holly and Julia (all 9L) transferring the cans.









PTA News

Thank you to all the parents and staff who supported our fundraising efforts recently. The Year 7 and 8 Movie night was a great success, the pupils enjoyed the film and pizza and we raised over £500. The Bags2School collection also raised over £500 in civvies money and we are now waiting to find out the amount of money we raised from the unwanted clothing.

All of the monies raised will go towards upgrading the school IT hardware and systems.

Our next fundraiser is the Disney Quiz night on Thursday 7th November, suitable for all the family: bring your younger experts with you; fancy dress or Disney themed clothing is optional. Prizes for the winning quiz teams and best adult and child fancy dress. We will be selling refreshments and holding a raffle. Tickets will be £2 per person (including children of school age) and letters will be coming out to allow you to book tables for family and friends. The whole evening should be great fun, please come and join us.

Mrs B Fleming

PTA Chair



Library News

World Mental Health Day 2019

The library plays a vital role in our students' wellbeing here at KSHS. For some, it is a safe place to visit; a sanctuary from the hustle and bustle of a busy school day or a space in which to curl up with a book or magazine on one of our comfy bean bags. For others, it is a place to meet friends or to study, both during or after school. The library was commended in the recent successful accreditation for the national wellbeing award for schools. Our Shelf help section – an area dedicated to the promotion of wellbeing and mental health, was particularly noted by the assessors.

World mental health day is an opportunity to highlight to our young minds that they are not alone when it comes to maintaining good mental health. Within the library it has been the perfect opportunity to promote the inclusive and diverse range of resources on offer, as well as promoting the benefits of reading for pleasure. The reading agency have recently undertaken research that finds: Reading for pleasure can result in increased empathy, improved relationships with others, reductions in the symptoms of depression and dementia and improved wellbeing.

https://readingagency.org.uk/news/blog/why-is-reading-for-pleasure-important.html





LIBRARY
OPENING HOURS
MON-THURS 9.00-5.00
FRIDAY 9.00-4.30

The Modern Foreign Languages (MFL) Variety Club

This club is targeted at students from all year groups offering a range of activities which cover many different languages and cultures. It is run by the KSHS Languages department every week 2 Tuesday from 12:45–1:15 in L3. Students are welcome to bring cold lunches. Activities include cooking, taster sessions and festival celebration.



JUDO TASTER SESSION

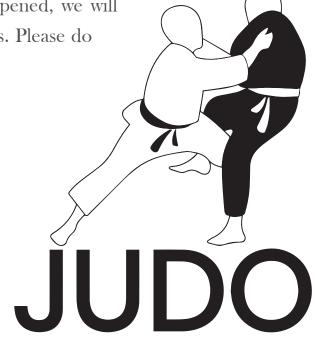
THURSDAY 7TH NOVEMBER 2019

As a result of some feedback from students in Year 9 after their PSHE Day earlier this year requesting some self-defence skills, we have managed to secure a taster session in Judo for students on Thursday 7th November at lunchtime. Students will be able to come along and meet the instructor and have a go

at some basic skills. Once this taster session has happened, we will decide if we'd like to run this on a more frequent basis. Please do

encourage your daughter to attend this session.

Mr L Rooke
PSHE Co-ordinator



SWIMMING SUCCESS FOR HOLLY MARSHALL (9L)

I swim for Lincoln Vulcans and the last month has been quite busy with various competitions. Last weekend was exceptionally busy because I was at the Lincoln Vulcans Swimming Club gala at Ponds Forge, Sheffield on Saturday. It was a great event, with swimmers from all over the UK competing. I competed in 7 events and was really pleased to win 6 medals and set 5 new PBs. It's really nice when all the hard work from training comes together at competitions!

On the Sunday, I was back at Ponds Forge because I was selected to be part of the Lincolnshire swimming team at the National County Team Championships. It was an amazing experience with more than 900 swimmers competing from 36 counties with races taking place in two halves of the pool at the same time! It was a fun, colourful (people dressed up for the parade at the start!) and very competitive event. I felt super proud to represent Lincolnshire at my first national event.

My Swim England rankings have improved over the last month, and I am currently ranked in the top 15 in Great Britain for my age for a number of events. My best being 8th for 400 freestyle, 11th for 400 individual medley and 13th for 200 individual medley. I am looking forward to hopefully representing KSHS at swimming competitions again this year.



HORSE RIDING SUCCESS

Congratulations to Amelie and Hope in 8L who competed recently in the Belvoir PC Hunter Trial as a pair in the 90cm class. They won the class and showed great teamwork. Excellent communication and support for each other provided them with a clear with the fastest time.

They also competed in the individual competition where Hope came 2nd and Amelie came 7th. This was Amelie's first 90cm competition.





KSHS Students at Burghley Horse Trials

Burghley Horse Trials is one of the highlights of the equestrian calendar, so to be picked to show jump there and represent our Pony Clubs was a huge thrill.

I represent Blankney and Beth(12A) represents Rufford Pony Club. Even though Pony Clubs compete against each other we all have friends in other Pony Clubs, so it was great to see them all and cheer them on.

At a height of 1.05m for the 1st half and 1.10m for the final part of the round it was a challenge.

There were over 30 teams from all over the country represented so a very busy day and some very early starts.

My horse 'Lady' and I were going well until a slip into fence 7 but we recovered and finished well. Beth and Coco had a fantastic double clear, one of very few all day. The rest of the Blankney team did well and we managed an overall 5th place!! Rufford's team didn't fair quite as well as Beth and they were unfortunately eliminated, they were leading in tack and tack out for most of the day but were pipped at the post at the end.

A fantastic day and a great experience.

Toria (12L)



Spotlight on Sport



	Results			
Age Group	Opposition	Date	Results	
Netball		Score	Place	
Year 10	KGGS	Tuesday 24 th September @ KGGS	6-11	Lost
Year 10	Walton	Tuesday 1 st October @ Walton	Postponed	
Year 10	St George's	Thursday 3 rd October @ home	9-40	Lost
Year 11	St George's	Thursday 3 rd October @ home	38-12	Won
Year 11	KGGS	Tuesday 24 th September @ KGGS	29-5	Won
Football				
Under 15	English Schools Football (ESFA) Association v Spalding High	Thursday 3 rd October @ Spalding High	5-0	Won
Under 13	English Schools Football (ESFA) Association v John Ferneley	Tuesday 1st October @ home	3-1	Won

Upcoming Fixtures					
Age Group	Opposition	Date			
Netball					
Year 8	KGGS	Monday 14 th October			
		@ KGGS			
Year 9	KGGS	Monday 14th October			
		@ KGGS			
U16	Oakham School	Tuesday 15 th October			
		@ Oakham			

Student Success

Saffron (11A) Netball

Congratulations to Saffron who has qualified for the U17 Loughborough Lightnings.

Lottie (10W) - Football

On Sunday 6th October, I attended the talent ID day held at Queen Ethelburga's College in York. At the event we participated in 2 x 2 hour training sessions and a 45 minute social session that worked on teambuilding. Our first session was made up of four 20 minute technical sessions to help us develop core skills. There were two stations working on out of possession skills and two on in possession skills. Our second session was made up of many 15 minute 9v9 games in order for the coaching staff to figure out our strengths and weaknesses. Students from Year 9 to Year 12 from all around the country and even the Channel Islands attended.

Georgia (10F)

I am Georgia and I am a cyclist. I ride 'Crit' in the summer and 'Cyclo Cross' in the winter. The Cyclo Cross season has just started and I have started off well with a win in my first race in one of the leagues which I race in called the Trophy Day Series – this has 7 races but only your best 4 count. I'm in the Lincs League which is 5 out of 7 races. This year I am focusing on the Trophy Day Series and hope to do well in them. Last year I came 2nd in both Leagues with only one point between me and 3rd place and only securing 2nd place by winning the very last race.



Lucy (8A) - High Jump

I started high jump at sports day and loved it. My parents took me to an athletics club so that I could do it regularly. I soon got the hang of it and went to a local competition and won - jumping 1.15m!! I then moved up a level and was selected to represent Lincolnshire at high jump. When I got to the Costello Stadium in Hull on 14th September and saw the huge track, I felt sick with nerves. I then realised how big an inter-county championship (competing against 6 other counties) is. When it was my turn, doing a Fosbury Flop seemed like the hardest thing ever. With the adrenalin rushing, I jumped, turned in mid-air, cleared the bar at 1.15m and landed on my shoulders. I was ecstatic. Despite all the pressure, I had matched my personal best!



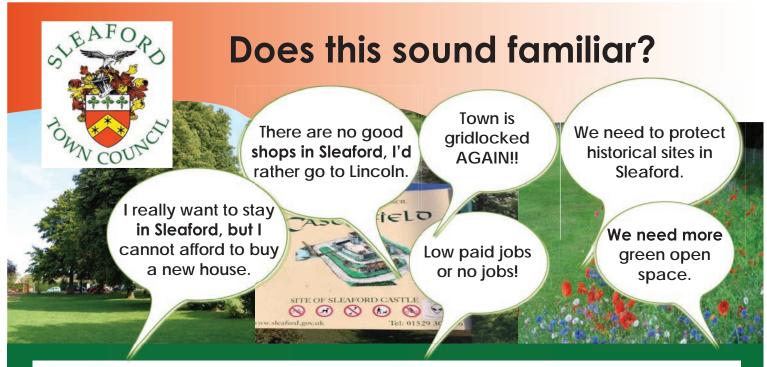
GROWTH MINDSET NOMINATIONS 23rd September to 4th October 2019

Staff are invited to nominate students who have demonstrated a Growth Mindset in the past few weeks. This might have been in lessons, in clubs, in tutor time or simply around school.

Please note we already award bi-annual subject badges and merits for good academic work, effort and improvement. These Growth Mindset nominations recognise those who show resilience (academic or otherwise); who aren't afraid to get things wrong and learn from it; those who have a go, take themselves out of their comfort zone or show that even if a task is tough they will persevere.

	Student being	Tutor	
Subject area	nominated	Group	Staff nominating
English	Amber Darmon	12W	Miss G Walters
English	Holly Davidson	10A	Mr J Cassidy
English	Erin Lee	10F	Mr J Cassidy
English	Ella Maione	9A	Miss G Walters
English	Brooke Pacey	11L	Mr J Cassidy
English	Molly Staines	11W	Miss G Walters
English	Edie Sturrock	11W	Mr J Cassidy
English	Charley Tweedale	11W	Miss G Walters
English	Gabby West	11W	Mr J Cassidy
Food	Liv White	9W	Mrs J Pankhurst
Form	Amber Parker	11L	Mrs H Brooks
French	Liv Brokowska	7MC	Miss A Beckitt
French	Ashley Hinson	7KDU	Miss A Beckitt
French	Sophie Robinson	8L	Miss A Beckitt
French	Liv White	9W	Miss A Beckitt
Geography	Sophie Bates	11A	Mrs S Livingstone
Geography	Rosie Belcher	11A	Mrs D Collett
Geography	Saffron Brankin	11A	Mrs D Collett
Geography	Ellie Carleton	11A	Mrs D Collett
Geography	Abbey Doncaster	11A	Mrs D Collett
Geography	Sarah Durham	11A	Mrs D Collett
Geography	Connie Ferrer	11F	Mrs D Collett
Geography	Lucy Forrester	11L	Mrs S Livingstone
Geography	Celia Good	11F	Mrs S Livingstone
Geography	Georgiana Hammond	11F	Mrs S Livingstone
Geography	Lexi Hepplewhite	11F	Mrs D Collett
Geography	Emilia Hesketh	11F	Mrs S Livingstone
Geography	Jasmine Hodge	11F	Mrs D Collett
Geography	Teigan Kinnon	11F	Mrs D Collett
Geography	Emma Kopp	11F	Mrs D Collett
Geography	Katie Leeks	11F	Mrs S Livingstone
Geography	Bethany Lenton	11F	Mrs D Collett
Geography	Nelly MacArthur	11F	Mrs D Collett
Geography	Ella Marshall	11F	Mrs D Collett/Mrs S Livingstone
Geography	Ava Newell	11L	Mrs S Livingstone
Geography	Charlotte Palmer	11L	Mrs D Collett
Geography	Gracie Palmer	11L	Mrs D Collett
Geography	Amber Parker	11L	Mrs D Collett
Geography	Lucy Purkis	11L	Mrs D Collett
Geography	Mia Rice	11L	Mrs D Collett
Geography	Lauren Roberts	11L	Mrs D Collett
Geography	Irina Sivoglo	11L	Mrs D Collett
Geography	Charlotte Southern	11W	Mrs S Livingstone
Geography	Phoebe Spicer	11W	Mrs D Collett
Geography	Edie Sturrock	11W	Mrs D Collett
Geography	Amelia Thompson	11W	Mrs D Collett
Geography	Charley Tweedale	11W	Mrs D Collett
	<u> </u>	11W	Mrs D Collett
Geography	Lauren Whitehead		T.
Geography	Emily Wilson	11W	Mrs D Collett
Geography German	Ciara Wright Emily Chambers	11W 9A	Mrs D Collett Mr L Rooke
German	Charlotte Farrar	10F	Mr L Rooke
German	Erin Mercer	10L	Mr L Rooke
German	Elizabeth Wakefield	10W	Mr L Rooke
Music	Isabel Lyle	9F	Mrs H Kasperczyk
Pastoral	Keira Elliott	7BM	Mrs J Pankhurst
PE	Clem Fawsitt-Jones	8F	Mrs J Stacey
PE	Abi Smith	8W	Mrs J Stacey
PE	Sophie Stankley	8W	Mrs J Stacey
PE	Jessica Stanley	8W	Mrs J Stacey
PE	Izzy Yates	8W	Mrs J Stacey





Sleaford is expected to grow with up to 4500 new dwellings and associated employment and community facilities are planned for the town up to 2036 with many applications already received outline approval.

Tell us what you think!

Sleaford Town Council is starting work on a new Neighbourhood Plan and would like your help...

What is a Neighbourhood Plan?

Neighbourhood Plans are a new way of enabling local communities to influence the planning of the area in which they live and work.

Developing a neighbourhood plan would provide an opportunity to have an influence on the style and format of any development.

Here is your chance to help plan the future of Sleaford.

If you are interested in finding out more, you can:

- Visit our website http://www.sleaford.gov.uk
- Visit us at the St Denys' Day Harvest Celebration Market in Navigation Yard on Saturday 12th October 10am – 3pm
- Drop in on Monday 28th October at Sleaford Town Hall from 4pm – 7.30pm





National Online Safety

7 questions to help you start a conversation with your child about online safety



#WakeUpWednesday

Publish date: 07/11/18



THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASHING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.





How does this game/app work?

Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINH IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?





Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK About what happens online due to confusion or embarrassment. Because of this they May struggle to approach the normal people who would help, such as yourself or a Teacher. Have a chat to your child about exactly where they can go for help, and how they can report any activity that they believe is inappropriate online.



Do you know what your personal information is?









KESTEVEN & SLEAFORD HIGH SCHOOL

A SELECTIVE ACADEMY, PART OF THE ROBERT CARRE TRUST

Jermyn Street, Sleaford, Lincolnshire NG34 7RS Tel: 01529 414044

11-18 Selective Girls' Academy with a Co-educational Sixth Form NOR 761

TEACHER OF MATHEMATICS (TEMPORARY – MATERNITY COVER)

Full or Part Time (0.8–1.0) – January to July 2020

One of the highest achieving schools in Lincolnshire at both GCSE and A Level, we are a friendly and high achieving girls' grammar school and part of the Robert Carre Trust and Sleaford Joint Sixth Form.

The successful candidate will:

- deliver and foster outstanding teaching and learning
- be able to inspire, support and challenge pupils, ideally up to GCSE standard

We offer:

- A warm, welcoming, collegiate atmosphere
- · Highly motivated, intelligent students who are a pleasure to teach
- A genuinely committed, supportive and successful team of teachers
- Excellent CPD opportunities both in house and as part of the LTSA
- The benefits and opportunities of being part of the Robert Carre Trust
- Free gym membership

Please return application forms available on our website: www.kshs.uk and a brief covering letter outlining your suitability for the post to Mrs H Gill, PA to the Headteacher (email: helen.gill@kshs.uk). Alternatively please contact the school to discuss this role or to visit us in advance.

We reserve the right to interview candidates on application.

As part of the Robert Carre Trust we are committed to safeguarding and promoting the welfare of children and young people and expect all staff to share this commitment and to undergo enhanced DBS checks.



KESTEVEN & SLEAFORD HIGH SCHOOL

A SELECTIVE ACADEMY, PART OF THE ROBERT CARRE TRUST

Jermyn Street, Sleaford, Lincolnshire NG34 7RS Tel: 01529 414044

ART TECHNICIAN

(Grade 5: £18,795 per annum pro rata – equates to £6,321)

REQUIRED TO COVER MATERNITY LEAVE

KSHS is looking to appoint a specialist Art Technician, for 15 hours per week, to cover a period of maternity leave from January until July 2020.

We are looking for someone who will:

- Support the Art Department to deliver and foster outstanding teaching and learning.
- Manage Art materials and Art resources in the Department.
- Be capable of preparing resources for Art lessons.

Opportunities are available for contribution towards Arts Award activities, the sharing of Arts skills and own expertise in the Arts.

We offer:

- A warm, welcoming, collegiate atmosphere.
- Highly motivated, intelligent students who are a pleasure to teach.
- A genuinely committed, successful team of supportive staff.
- The benefits and opportunities of being part of the Robert Carre Trust.

For further information on this role please contact:

Mr P Letchworth, Subject Leader of Art

Email: paul.letchworth@kshs.uk Tel: 01529 414044

As part of the Robert Carre Trust we are committed to safeguarding and promoting the welfare of children and young people and expect all staff to share this commitment and to undergo enhanced DBS checks.