



Useful Dates

20 Jan	PTA Meeting
24 Jan	Year 7 & 8 Disco
25 Jan	Duke of Edinburgh Drop-in 1 at Carre's
30 Jan	Othello Trip - Cambridge Arts Centre
30 Jan	PTA Disney Quiz Night

Dear Parents/Guardians,

Happy New Year to all our parents and friends of the school. I hope you had a relaxing family break though that might already seem a distant memory.

Staff at the school started the year with a staff training day that focused on sharing best practice across both the RCT schools. Staff shared resources and strategies for helping our students retain and build on prior knowledge and also considered how we can plan assessments that are 'low stake' in terms of student perception but 'high stake' in terms of effective application of knowledge. The day

also featured training for staff on cyber security given by East Midlands Special Operations Unit; a fascinating insight into the world of identity protection and online safeguarding.

For students the New Year has meant coming to terms with tighter regulations around their use of mobile phones for recreational purposes in school. Students are to be commended for their attitudes towards this change and the mature approach to being part of this debate. Thank you to parents for your support too.

Mrs J Smith
Head of School

Senior Prize Giving Celebrations

Monday 16th December saw us celebrate senior students' achievements at our annual senior Prize Giving ceremony. Congratulations to all prize winners who are listed at the end of the Newsletter. Please then move the 3 pages of prize winners to the very end of the Newsletter. This year we were delighted to welcome ex-student Dr Rosy Carrick as our guest speaker. Dr Carrick engaged the audience of over 300 guests with her address. As a playwright, poet, translator and performer as well as university lecturer she spoke to the students about it being entirely possible to follow unconventional career paths. Her advice to students, past and present, was to put their all into whatever life's stage they were at.



The photo shows from left to right: Leigh Gray (Assistant Head Girl), Ellie Minett (Head Girl), Dr Rosy Carrick; Josephine Smith (Head of School), Isobel Wooler (Deputy Head Girl), Fliss Holden (Assistant Head Girl).

A welcome to new staff

Welcome to Mr Robert Heathcote and Mr David Scott who we have persuaded out of very recent retirement to cover the maternity leave of Miss Byrne in Mathematics. Mr Heathcote and Mr Scott have both recently been Senior leaders and Mathematics teachers in Grammar schools in Horncastle and Grantham respectively. We are very lucky to have such well qualified Maths teachers who will join us until the end of the academic year and deliver classes in Maths and Computing for students in Years 7-11.

We also welcome Mrs Sarah Ross as a permanent member of our support staff. Mrs Ross is our Examinations and Data Manager and will be the person students communicate with regarding any external examination queries.

Please see the end of the newsletter for details of new appointments we plan to make for September 2020.



Mr Robert Heathcote



Mr David Scott

Project X

On the 21st November 2019 students from KSHS entered the annual 'Project X' competition at RAF Waddington. Five students from 8L had spent several lunch times leading up to the competition designing and building a model aircraft. The aim was to have an aircraft capable of gliding down a zipline and releasing two delicate packages accurately into two separate drop zones.

During the day students also took part in a range of activities around the base, including flying drones, talks from a weapons technician and being shown around an RAF police car. The highlight of the

activities was meeting Bruce, a 2 year old Spaniel who is a trained explosives detection dog.

The students were excellent role models for the school and should be proud of their efforts. They also managed to come away with an award - presented to the team with the most sustainable design.

Well done to all students who took part!

Mr S Norris
STEM Leader RCT



On the 17th December a team of nine students took part in the regional finals of the 'First Lego League' - a global competition based around programming a Lego Mindstorms robot to complete challenges based on the annual theme. Students also have to discover a problem and create a solution linked to the annual theme. This year's theme was 'city shapers'. Students designed a water bin which would autonomously clean litter from rivers. The water bin would be powered by solar panels, which would also supply electricity for the local town in times of high demand.

The team was made up of students from both KSHS and Carre's. Preparation for the competition took place at lunch and after school from the start of the academic year. The team, named 'Legoles', were determined to improve on last year's 7th place finish and score of 40 points on the robot game. Their hard work paid off when they achieved an unrivalled points tally of 260 in the first round, going on to win the final of the robot game and claim the prize for 'Robot Performance'.

Unfortunately, the team missed out on a place in the national final, achieving second place in the regional final. The students made brilliant progress from last year's competition and were a credit to their schools. Well done to all students involved!

Mr S Norris
STEM Leader RCT



A Level History Trip to the Tower of London - Year 12 and 13

Very early on Tuesday 3rd December Year 12 and 13 Historians from KSHS and St George's Academy set off for a visit to the Tower of London. We started off with a workshop that investigated 'To what extent the Tower of London could be trusted as a piece of evidence?' Students visited many of the key sites within the Tower to assess whether some of the myths surrounding the Tower were actually based upon actual facts. Students look at the supposed sites of the murder of Henry VI, where the Princes in the Tower were kept and the drowning of the Duke of Clarence in a vat of Malmsey wine. This was the first time that the visit had taken place and it proved to be extremely valuable. Students were able to assess how sources can lead to various interpretations; a skill which is essential for the A level examination. In addition to the bespoke workshop we were also able to visit the Crown Jewels, the White Tower to see Henry VIII's enormous suit of armour and of course the gift shop. We will definitely be repeating this visit in the future.

Mrs E Constantine
History Teacher and Head of Year 9



DUKE OF EDINBURGH AWARD

Saturday 25 January 2020

- D of E Drop-In Day at Northgate Sports Hall - for any D of E student to come with or without parents to work on eDofE; route cards and menu/kit planning or to catch up on missed training.
- Staff First Aid Course and Refresher - for those booked onto the course.

Monday 9 March

- Deadline for Bronze Practice

Monday 16 March

- Deadline for Silver Practice

Monday 23 March

- Deadline for Gold Practice

Reminder: all students should now be in groups for their expeditions and planning their routes as well as keeping their eDofE accounts up to date.

Mrs M Walker

Duke of Edinburgh Award Co-ordinator



School Student Election

During the last few weeks of the winter term many people participated and contributed to the school student election. This election mirrored the General Election and one of the reasons it was created was to educate students about the democratic process. Prior to this the four parties: Progress, Tomorrow, Vision and Transform attended a Hustings where they each presented a manifesto that included the three aims they felt strongly about. The voters then used this information to help them consider the party that they agreed with. When the votes were all counted the Progress Party came first with approximately a third of the votes.

The Progress Party was made up of Tabitha, Paris and me. I was selected as the lead candidate of the Progress Party which was a role I was privileged and happy to

gain. I think our free university tuition fee policy was a popular part of our manifesto as many KSHS students may be thinking about going to university and considering how to fund their studies. Our policy on help for the elderly may also have helped us win as the school has already hosted events on this subject and we wanted to support this and keep these events happening. We are all very happy and honoured to have won the election and we will use this trust well and try to make some positive changes and impacts in and around our community by working with the School Council and other groups in the future.

Thank you to Mr Rooke for organising the election; it has been a great experience and much fun.

Emily (7APO)

On Thursday 12th December, we took part in organising the election. We ran the polling booth, registered the voters, and counted the votes after the election. The Progress party won and over 50% of the school turned up to vote.

It was a great experience that taught everyone a lot about our country's democracy and gave everyone the experience of voting.

Lucy and Lucy (10A)



CAREERS

The Careers Department have had a busy start to 2020. Monday 6th January was 'Take your Daughter to Work Day' and I am pleased to report that quite a number of students took part. Students from Years 7 to 11 went to work with a parent, friend, relative or neighbour.

Many different workplaces were visited including: shadowing an equine vet, town planning, GP surgery, optician, primary teaching, an insight into intensive care, construction and many more.

Judging by the feedback the students all learned valuable life skills and identified transferable skills from each task they were given e.g. teamwork, communication, organisation, time planning, listening, problem solving, observing, and using different IT software will all be useful in school or for future employment.

We would like to make this an annual event as we feel this is a very valuable experience for students in all year groups.

Year 9 Careers Day

Friday 10th January was the first Careers 'drop down' day for Year 9 students.

Students worked through a comprehensive careers programme called Kudos. By answering a number of questions relating to different job aspects students were shown a number of different careers that they would be suited to. They then went on to find out more about those careers, which could in turn steer them in the right direction for their GCSE choices.

Students were given the opportunity to explore any careers in which they already have an interest. There were also a number of careers suggested that students had never heard of which piqued their interest and challenged stereotypes. A session on a guide to apprenticeships, explaining different levels of qualifications including degree apprenticeships was given. Not all students wish to continue on the academic pathway and with the emphasis very much on quality apprenticeships today they should be given careful consideration.

KSHS students from previous years have been lucky enough to secure degree level apprenticeships in Bioscience, Engineering with British Rail and IT companies.

And finally,Teddy!



Who didn't fall in love with the Volpino Yorkie cross brought in by the fabulous vet, Annie Gleed from Newark. Students were given a marvellous talk by Annie about her journey to become a vet. A very long journey, via a Zoology degree, and then a degree in Veterinary Medicine at Cambridge University.

Mrs Hunter

Careers & Work Experience Lead and Sixth Form Administrator

Request for Pre-Loved Games and Puzzles

If you've had a sort out of cards, board games and puzzles after the festive period please gift them to The House Student Support Team. A puzzle mat would be very welcome too.

We would like to refresh our resources for use with our students.

Please ensure they are complete and age appropriate.

Thank you very much.

Student Support Team



PTA News

Thank you to all staff, students and parents who supported the PTA raffle by bringing gifts or donating mince pies for the Christmas Concert and Mulled Wine evening in December. We raised a total of £185.00 towards school funds.

100 Club Prize Winners:

September number 49 - Anon

October number 28 - V Chambers

November number 62 - Anon

December number 31 - L Gilbourne

Each win £50 - congratulations and thank you for your support.



Our next fundraising event is the Disney Quiz on Thursday 30th January. Look out for ticket booking information which has been sent home by hard copy. Please pre-book tables if you can as this helps us estimate how many might attend.

Disney fancy dress optional!

Thank you to everyone who contributed to the PTA last year - we hope you have a fantastic 2020.

Mrs B Fleming
PTA Chair



The students and staff in the school worked really hard last term to raise much needed support and funds for many charities. The 'Children in Need' week raised an amazing £1,487.18 (the previous year we raised £977.39).

The 'Save The Children' Christmas Jumper days raised a fantastic £236.

Thank you to everyone who contributed to the successful Food bank collection which was donated to the Sleaford Food Larder.

On Wednesday 11th December the Interact Group, along with many other students joined forces to host a lovely Christmas Party for many of the Senior Citizens in the local area. An event which was enjoyed by all those involved.

I would also like to make you aware that aluminium cans can be collected and placed in the crusher at the entrance to the school, and this is emptied regularly and contributes to the building of a 'Heli Pad' for the Air Ambulance service.

Thank you for your continued support with our fund raising and charity events.

Mrs J Pankhurst

Subject Leader Technology and Head of Year 7

Spotlight on Sport



Lincolnshire Secondary Schools Gymnastics Championships Second Place for KSHS U13A Team

We are pleased to announce that after receiving the results from the Championships we were informed that the U13A team had come second overall and each were presented with a silver medal. Well done to all!



KSHS U13 A and B Teams

English Schools Football Association - U16 Football Team

The U16 Football team played John Leman School, Suffolk and won which puts them through to the last 16 schools in the country.

The U15 team are through to the last 32 schools in the country and will next be facing St Mary's College in Hull.

Good luck to all!

Results			Score	Place
Age Group	Opposition	Date		
Football				
U16	John Leman School, Suffolk	Tuesday 10 th December @ Carre's Grammar School	1-1 Won on penalties	Won
U16	Louth Academy, Louth	Thursday 9 th January @ Louth Academy	7-0	Won
U13	Spalding High School	Friday 10 th January @ KSHS	2-2 Lost on penalties	Lost
Futsal				
U13	KSSA Tournament	Wednesday 11 th December @ Grantham Meres		3 rd in group

Extra-Curricular Club Update

Just to confirm, school Football Club is held on a Tuesday lunchtime, not after school on a Tuesday as has been previously notified.

Upcoming Fixtures		
Age Group	Opposition	Date
Cross Country		
County Competition	County zones	Saturday 18 th January @ Burghley House
Football		
U15	St Mary's College, Hull	Friday 17 th January @ St Mary's College
Futsal		
Year 9	KSSA Tournament	Thursday 30 th January @ St George's Academy
Year 7	KSSA Tournament	Tuesday 21 st January @ St George's Academy

Student Sporting Success - Regional Netball

Congratulations to four Year 11 students who have made it through to Regional Netball with their Club Sleaford Barge. Amelia Thompson, Phoebe Spicer, Saffron Brankin and Molly Mountain not only perform to a high standard, they are excellent role models for many younger students who attend the club and also train within school.

Good luck girls!

Student Sporting Success

Cross Country County Championships

Held at Biscathorpe near Louth this is a tough and challenging course particularly for the U13 and upwards as each full lap is 2 miles long, has 130 feet of hill climb, several bogs to cross, a dyke to leap over and 3 river crossings! The weather was kind just a cold wintery day which attracted a good number of members of Junior Striders.

The U13s girls' team consisting of Madeleine, Anna and Sophie, continued their recent run of achievements and took the team prize of 2nd place and earned a Silver badge each.



GROWTH MINDSET NOMINATIONS

9th December 2019 to 10th January 2020



Staff are invited to nominate students who have demonstrated a Growth Mindset in the past few weeks. This might have been in lessons, in clubs, in tutor time or simply around school.

Please note we already award bi-annual subject badges and merits for good academic work, effort and improvement. These Growth Mindset nominations recognise those who show resilience (academic or otherwise); who aren't afraid to get things wrong and learn from it; those who have a go, take themselves out of their comfort zone or show that even if a task is tough they will persevere.

Subject area	Student being nominated	Tutor Group	Staff nominating
English	Millie Cassie	11W	Miss G Walters
English	Scarlett Nelson	8L	Ms A Natley
English	Onyi Oriaku	11L	Ms A Natley
English	Emma Purkis	8L	Ms A Natley
English	Freya Simpson	10W	Miss G Walters
English	Hannah Speight	11W	Ms A Natley
French	Xinbai Lin	9F	Miss A Beckitt
French	Nicole Topham-Clark	9W	Miss A Beckitt
French	Isobel Turner	10W	Miss A Beckitt
Geography	Niamh Deverell	10A	Mrs D Collett
Geography	Scarlett Enright	10F	Mrs D Collett
Geography	Chloe Errington	10F	Mrs D Collett
Geography	Katie George	10F	Mrs D Collett
Geography	Megan Herron	10F	Mrs D Collett
Geography	Phoebe Last	10F	Mrs D Collett
Geography	Scarlett Nelson	8L	Miss S Chant
Geography	Amy Patchett	10L	Mrs D Collett
Geography	Jazmin Randall	10L	Mrs D Collett
Geography	Evie Sanger-Davies	10W	Mrs D Collett
Geography	Charlotte Scarth	8L	Miss S Chant
Geography	Kennedy Shelley	10W	Mrs D Collett
Geography	Neve Shore	10W	Mrs D Collett
Geography	Tabitha Thompson	10W	Mrs D Collett
Geography	Isobel Turner	10W	Mrs D Collett
Geography	Willow Villca-Mamani	10W	Mrs D Collett
Geography	Amy Walsh	10W	Mrs D Collett
Geography	Maddy Wighton	10W	Mrs D Collett
Geography	Abbie Wilkinson	10W	Mrs D Collett
German	Bella Aitken	9A	Mr L Rooke
German	Charlie Blair	9A	Mr L Rooke
German	Megan Bray	9A	Mr L Rooke
German	Emily Chambers	9A	Mr L Rooke
German	Rachel Charlton	11A	Mr L Rooke
German	Isabel Collier	9A	Mr L Rooke
German	Holly Couchman	9A	Mr L Rooke
German	Sarah Durham	11A	Mr L Rooke
German	Isabella Field	11A	Mr L Rooke
German	Ruth Fuller	11F	Mr L Rooke
German	Aiden Metherell	11F	Mr L Rooke
German	Evie Smith	11W	Mr L Rooke
German	Hannah Speight	11W	Mr L Rooke
German	Holly Williamson	11W	Mr L Rooke
Pastoral	Lily Threapleton	7SFE	Mrs J Pankhurst
PE	Lauren Bavin	7MC	Mrs M McGann
PE	Mia Bovington	7MC	Mrs M McGann
PE	Grace Evans	7BM	Mrs M McGann
PE	Rebecca Fletcher	8F	Mrs M McGann
PE	Tabitha Froggatt	7BM	Mrs M McGann
PE	Emily Henderson	7KDU	Mrs M McGann
PE	Natasha Priestley	8L	Mrs M McGann
PE	Erin Scott	8W	Mrs M McGann
Psychology	Lucy Chapman	12CGS	Mrs H Brooks
Psychology	Jasmin Sleight	12CGS	Mrs H Brooks

KSHS Clubs and Activities Timetable



Spring Terms 3 & 4 – 2020

	Club	Location	Time	Year Groups	Staff	
Monday	French Clinic	L3/L4	12.40	11	Miss Beckett/ Mr Shivas	
	DT Club (Week 1)	M1	12.40	7–13	Mr Martino	
	Netball	Courts	12.40	8 & 9	PE Staff	
	Volleyball	Sports Hall	12.40	10 & 11	PE Staff	
After School	GCSE/A Level Art Club	K20/K14/K15	15.45-17.00	10–13	Art Staff	
	Trampoline	Sports Hall	15.45	7–13	PE Staff	
	Badminton	Sports Hall	15.45	7–9	PE Staff	
Tuesday	Modern Foreign Languages Variety Club (Week 2)	L3	13.00	7–13	MFL Staff	
	Drama Club	Drama studio	13.00	7–9	Mrs Thomas	
	Music Composition	V1	13.00	7–13	Mrs Kasperczyk	
	Netball	Courts	12.40	10 & 11	PE Staff	
	Football	Sports Field	12.40	7–11	PE Staff	
	After School	Netball Fixtures	Home or Away		7–11	PE Staff
Wednesday	Food Club	Food Room	12.40	7–9 (12 max)	Mrs Pankhurst	
	Lego League	S9	12.40	7–11	Mr Norris	
	Robotics					
	Dress A Girl	M4	12.40	7 & 8 (20 max)	Mrs Fleming	
	Duke of Edinburgh	D of E Office	12.40	9–13	Mrs Walker	
	Wellbeing Wednesday	Library	12.40	7–13	Mrs Gibson	
	Biology Club	S1	13.00	7	Mrs Fairhead	
	Senior Choir	V2	13.00	7-13	Music	
	Show Choir	V1	13.00	7-13	Music	
	Basketball (Week 2)	Sports Hall	12.35-13.15	7–11	Mr Martino	
	Dance	Dance Studio	12.40	7 & 8	PE Staff	
	GCSE Practical	Sports Hall	12.40	GCSE PE Students	PE Staff	
After School	Food Club	Food Room	15.45-17.00	7–13 (20 max)	Mrs Pankhurst	
	GCSE Practical	Sports Hall	15.45	GCSE PE Students	PE Staff	
Thursday	Girls' News Team (GNT)	M9	12.45-13.15	7–13 by application	Ms Natley	
	Board Games Club	C2	12.50	7–11	Mrs Livingstone	
	School Band	V1	12.40	7-13	Mr Mitchinson	
	DT Club	M1	12.40	7–13	Mr Martino	
	Bronze Arts Award	K15	13.00	7–9	Mrs Grater	
	GCSE Trampoline	Sports Hall	12.40	GCSE PE Students	PE Staff	
	Netball	Courts	12.40	7	PE Staff	
	After School	GCSE & A Level D & T Textiles Club	M4	15.45-17.45	11 & 13	Mrs Fleming
After School	4 th Sleaford High School Guides & Rangers (Term Time)	Drama Studio	16.00-18.00	7–9 Guides 10–13 Rangers	Mrs Dye	
	Netball League	Home or Away	15.45	7–11	PE Staff	
Friday	Psychology Club	M5	13.00	7–11	Mrs Brooks	
	English Clinic	M10	13.00	9–11	Mr Cassidy	
	Sewing Club	M4	12.45	9–13 (15 max)	Mrs Fleming	
	Computer Science	CO1	12.45	10–13	Mr Mulligan	
	Catch-up/Support & Cyber Discovery					
	BAFTA Young Game Designer	CO1	12.45	7–9	Mr Mulligan	
	Running Club	Sports Field	12.40	7–13	Miss Duffy	
	Match Prep	As Required	12.40	7–13	PE Staff	
	Badminton	Sports Hall	12.40	7–13	PE Staff	
	GCSE PE Theory	V5	13.00	GCSE PE Students	PE Staff	
	Support					
	After School	Basketball (Week 1)	Sports Hall	15.45-17.00	7–11	Mr Martino
Each Day	Library Captains	Library	12.40	7–11	Mrs Gibson	
After School	Homework Club	Library	15.40-17.00 Monday-Thursday 15.40-16.30 Friday	7–13	Mrs Gibson/ Mrs Oswald	

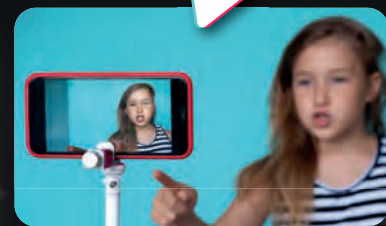


TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos much in a similar manner to Facebook, Instagram and Snapchat. It's main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-syncing and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity to become the iOS store's most downloaded app with over 33 million downloads. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.



What parents need to know about

TIKTOK



MATURE CONTENT

On the iOS store, TikTok is listed as 12+. On the Google Play Store it is rated as 'Parental guidance recommended'. When signing up for the app, it's possible to lie about your age without any form of verification. As children scroll through their feed, most of the videos they're likely to come across are lighthearted or funny takes on dance routines which are designed to make people laugh. However there has been a slew of videos which have been reported for featuring drug and alcohol abuse, self-harm and sexual content, including young teens dressing overtly sexually and behaving suggestively. Given the deluge of material uploaded to TikTok every day, it's impossible to moderate everything and it can be quite common to come across explicit content on the 'for you' feed when logging into the platform.

INAPPROPRIATE MUSIC

TikTok revolves around creating music videos through lip-syncing and dancing. Inevitably, some of the music featured by users will contain explicit or suggestive lyrics. Given the undeniably young user base, there is a risk that children may look to imitate the explicit language they hear or the suggestive actions they see when viewing other user's videos on the app.

TIKTOK FAME

TikTok is very image focused and there is a notable preoccupation with appearing cool and attractive. Many teenagers now attempt to go viral and become what's known in-app as 'TikTok famous'. TikTok (and its predecessor musical.ly) has spawned its own celebrities - social media stars Loren Gray and Jacob Sartorius have been catapulted to fame through their initial exposure on the app. Obviously, most budding influencers looking to become the next big thing will be disappointed, but this may have the knock-on effect of making them go to more and more drastic lengths to get noticed.

ONLINE PREDATORS

As a social network, TikTok makes it easy to connect with other users. This includes the ability to comment on and react to other user's videos, follow their profile and download their content. Be aware that by default, any user can comment on your child's video if their account is set to public. Most interactions are harmless enough but as an app, TikTok is prone to predators because of the abundance of younger users.

ADDICTIVE NATURE

Social media is designed to be addictive and TikTok is no different. It can be fun and hugely entertaining. However, it is also because of this that it can be hard to put down. In addition to the short, punchy nature of the looping video format, the app's ability to keep you guessing what will come on screen next makes it easy to turn a five-minute visit into 45-minute visit.

IN-APP PURCHASES

Aside from the content, there's also the option to purchase in-app extras called 'TikTok coins'. Prices range from £0.99 for 100 coins to an eye-watering £93.99 for 10,000 coins. TikTok coins are used to purchase different emojis to reward content creators that a user finds funny or entertaining. In the iOS version of the app you can disable the option to buy TikTok coins but this sadly doesn't seem to be a feature in the Android version.



Safety Tips For Parents

TALK ABOUT ONLINE DANGERS

Assuming your child is above the age limit to use the app, make sure you also take the time to talk to them about what they are seeing on the app. Have a dialogue, get them to give you their opinion on what is appropriate and model the correct behaviour for them. Go over why they shouldn't give out private information or identifiable photos and be positive and understanding of them. In the long run, getting them to think critically about what they're seeing goes a long way to keeping them social media savvy.



USE PRIVACY SETTINGS

Undoubtedly, the easiest way to safeguard your child on TikTok is to make sure their account is set to private. This means only those users your child approves can view, like, and follow their content. Setting the account to private may clash with your child's goal of social media superstardom, but it will keep their account secure from strangers. This setting can be enabled under the privacy and safety menu by pressing the ellipsis in the 'me' tab of the app. To be extra safe, there are additional controls available to toggle such as who can send comments and messages, among other options.



ENABLE RESTRICTED MODE

In the digital wellbeing section there's the ability to turn on restricted mode using a PIN. Restricted mode filters out content that is not age appropriate although it should be noted that this isn't always 100% fool proof. When enabling restricted mode, parents should still be vigilant to what their child is watching and take note that the algorithm moderating content is not infallible.



EXPLORE AND LEARN YOURSELF

Understanding and learning the app yourself is a great way to get to grips with TikTok. You could then even use the app with your child and watch some videos with them. If you are the parent of a teen, even if it does not make you popular, keep a close eye on what they're viewing and sharing. That said, it's a brilliant chance to turn it into a bonding opportunity with your child also. You could even unleash your inner performer and make videos with them while (more importantly) keeping them safe online.



LEARN HOW TO REPORT AND BLOCK INAPPROPRIATE CONTENT

With the proper privacy settings in place, TikTok can be a safe space for your child to express themselves. However, just in case something does manage to slip through, make sure your child knows how to recognise and report content that isn't appropriate and get them to come to you about what they have seen. TikTok allows users to report offenders and comments within the app. You can also block individual users by going on their profile.



MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child moderate their time on the app by making use of the digital wellbeing section. Under the screen time management option, you can limit the daily allotted time allowed on the app in increments ranging from 40 to 120 minutes. You can also lock this preference behind a PIN number which has to be inputted in order to then exceed the daily time limit. This way your child can get their daily dose of memes without wasting away the day.



Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.





KESTEVEN & SLEAFORD HIGH SCHOOL
A SELECTIVE ACADEMY, PART OF THE ROBERT CARRE TRUST
Jermyn Street, Sleaford, Lincolnshire NG34 7RS
Tel: 01529 414044

11-18 Selective Girls' Academy with a Co-educational Sixth Form NOR 757

SECOND IN MATHEMATICS
Full Time – September 2020

One of the highest achieving schools in Lincolnshire at both GCSE and A Level, we are a friendly and high achieving girls' grammar school and part of the Robert Carre Trust and Sleaford Joint Sixth Form.

The successful candidate will:

- deliver and foster outstanding teaching and learning
- be able to inspire, support and challenge pupils, ideally up to A Level standard
- assist the Head of Mathematics in promoting the best learning experiences for students

We offer:

- A warm, welcoming, collegiate atmosphere
- Highly motivated, intelligent students who are a pleasure to teach
- A genuinely committed, supportive and successful team of teachers
- Excellent CPD opportunities both in house and as part of the LTSA
- The benefits and opportunities of being part of the Robert Carre Trust
- Free gym membership

Please return application forms available on our website: www.kshs.uk and a brief covering letter outlining your suitability for the post to Mrs H Gill, PA to the Headteacher (email: helen.gill@kshs.uk). Alternatively please contact the school to discuss this role or to visit us in advance.

Closing Date: Monday 3 February 2020 (noon)

We reserve the right to interview candidates on application.

As part of the Robert Carre Trust we are committed to safeguarding and promoting the welfare of children and young people and expect all staff to share this commitment and to undergo enhanced DBS checks.



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Jermyn Street, Sleaford, Lincolnshire NG34 7RS
Tel: 01529 414044

11-18 Selective Girls' Academy with a Co-educational Sixth Form NOR 757

TEACHER OF ENGLISH
Full Time – September 2020

One of the highest achieving schools in Lincolnshire at both GCSE and A Level, we are a friendly and high achieving girls' grammar school and part of the Robert Carre Trust and Sleaford Joint Sixth Form.

The successful candidate will:

- deliver and foster outstanding teaching and learning
- be able to inspire, support and challenge pupils, ideally up to A Level standard

We offer:

- A warm, welcoming, collegiate atmosphere
- Highly motivated, intelligent students who are a pleasure to teach
- A genuinely committed, supportive and successful team of teachers
- Excellent CPD opportunities both in house and as part of the LTSA
- The benefits and opportunities of being part of the Robert Carre Trust
- Free gym membership

Please return application forms available on our website: www.kshs.uk and a brief covering letter outlining your suitability for the post to Mrs H Gill, PA to the Headteacher (email: helen.gill@kshs.uk). Alternatively please contact the school to discuss this role or to visit us in advance.

Closing Date: Monday 3 February 2020 (noon)

We reserve the right to interview candidates on application.

As part of the Robert Carre Trust we are committed to safeguarding and promoting the welfare of children and young people and expect all staff to share this commitment and to undergo enhanced DBS checks.



KESTEVEN & SLEAFORD HIGH SCHOOL
A SELECTIVE ACADEMY, PART OF THE ROBERT CARRE TRUST
Jermyn Street, Sleaford, Lincolnshire NG34 7RS
Tel: 01529 414044

11-18 Selective Girls' Academy with a Co-educational Sixth Form NOR 757

TEACHER OF BUSINESS STUDIES
Part Time 0.7–0.8 FTE – September 2020

One of the highest achieving schools in Lincolnshire at both GCSE and A Level, we are a friendly and high achieving girls' grammar school and part of the Robert Carre Trust and Sleaford Joint Sixth Form.

The successful candidate will:

- deliver and foster outstanding teaching and learning
- be able to inspire, support and challenge Key Stage 4 and Key Stage 5 students

We offer:

- A warm, welcoming, collegiate atmosphere
- Highly motivated, intelligent students who are a pleasure to teach
- A genuinely committed, supportive and successful team of teachers
- Excellent CPD opportunities both in house and as part of the LTSA
- The benefits and opportunities of being part of the Robert Carre Trust
- Free gym membership

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ASSOCIATE ASSISTANT HEADTEACHER
Permanent Full Time – Easter or September 2020
L10–L14

One of the highest achieving schools in Lincolnshire at both GCSE and A Level, we are a friendly and high achieving girls' grammar school and part of the Robert Carre Trust and Sleaford Joint Sixth Form.

The successful candidate will:

- be an outstanding teacher
- be a successful leader who develops high performing teams
- be able to inspire, support and challenge staff and students
- be ready for the challenges of whole school leadership, balancing those demands with subject area or pastoral responsibility

We offer:

- A warm, welcoming, collegiate atmosphere
- Highly motivated, intelligent students who are a pleasure to teach
- A genuinely committed, supportive and successful team of teachers
- Excellent CPD opportunities both in house and as part of the LTSA
- The benefits and opportunities of being part of the Robert Carre Trust
- Free gym membership

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List of Senior Prizewinners and Prizes 2018-2019

Key Stage Four

GCSE Art & Design Fine Art Prize Tamzen Brenton

GCSE D & T Graphics Prize Eloise Brown

GCSE D & T Textiles Prize Lucy Hubbert

GCSE Graphic Communication Lucy Hubbert

GCSE Food Prize Hazel Richard
Presented by Jackie Thornalley

GCSE Drama Prize Olivia Wharam-Lewis
Drama Cup

GCSE English Language Prize Olivia Wharam-Lewis

GCSE Music Prize Olivia Wharam-Lewis

GCSE German Prize Abby Couchman

Helen E Vidal Prize for GCSE Mathematics Abby Couchman
Presented by the Old Girls' Association

GCSE Physics Prize Abby Couchman

GCSE Geography Prize Alice Booth

GCSE RS Prize Alice Booth

GCSE Chemistry Prize Alice Booth

GCSE History Prize Edith Wicks

Pettit GCSE Science Prize Ellie Burns

GCSE Sports Prize	Hazel Williams
GCSE Biology Prize	Georgia Stevens
GCSE Computer Science	Shannon Booth
GCSE French Prize <i>Continued hard work presented by Mrs Jones</i>	Emily Gray
GCSE English Literature Prize	Evelyn Munro
Most Improved at Mathematics <i>Helen Carroll Brown Prize</i>	Jasmin Sleight
DofE Participant of the Year <i>Presented by the Colin Batts Family Trust</i>	Hannah Speight
The Pell Award for Special Achievement <i>Presented by Ann Addison, daughter of the late Mrs K Pell</i>	Poppy Sinnott
Prize for Best GCSE Performance	Hazel Williams
Prize for Excellent GCSE Performance	Alice Booth Tamzen Brenton
Key Stage Five	
Senior Management Team Prize for Special Achievement <i>Cattermole Shield</i>	Keira Byram
MP Skinner Prize for Religious Studies <i>Presented by the Old Girls' Association</i>	Victoria Roberts
House Prize <i>Thorpe Shield</i>	Philippa Birchenall
German Prize <i>Connors Cup</i>	Emily Dunham
Photography Prize	Emily Tupholme
Jenny Giles Prize for Painting	Emily Tupholme

Computer Science Prize	Tyler Bowcock
Biology Prize for Sustained Hard Work <i>Presented by Mrs S Ajumal</i>	Ella Owen
Applied Science Prize	Florence Phillipson
STEM Prize <i>Presented by Mr R Baker</i>	Thea Stephen
Selicia Brister Prize for Design & Technology <i>Selicia Brister Cup</i>	Lucy Davis
Senior Drama Award <i>Drama Cup</i>	Jessica Bailey
Mary Baynes Memorial French Prize <i>Presented by the Old Girls' Association</i>	Emily Hobson
Psychology Prize	Kiera Spoons
History Prize <i>History Cup</i> <i>Endowed by Mrs S Williams</i>	Victoria Roberts
Katy Winchester English Literature Prize <i>Presented by Mr Winchester</i>	Victoria Roberts
Mathematics Prize <i>Mathematics Cup</i> <i>Presented by The Old Girls' Association</i>	Jasmine Wragg
Physics Prize	Amy Phillips
Chemistry Prize <i>Cornwall Plate</i>	Amy Phillips
Geography Prize	Leigh Pettifor
Deputy Head Girl's/Boy's Prize <i>Presented by Mr N McFarlane</i>	Katherine Bolton Emily Dunham Kathryn Thomas
F.M Kirk Memorial Prize for the winner of the Watson Medal for the Head Girl <i>Presented by the Old Girls' Association</i>	Laura Bates
Prize for Best 'A' Level Performance <i>The Burkitt Trophy</i>	Victoria Roberts
Prize for Excellent 'A' Level Performance	Emily Tupholme Katherine Bolton Anna Wood