

Useful Dates

Kesteven & Sleaford High School NEVSIETTER

@KSHSSA **Instagram face** Click logo to view

21.05.21

21 - 24 M ay	DofE Year 10 Girls Bronze Assessment
26 May	Year 9 and 10 Teenage Booster / Meningitis ACWY Vaccinations
28 May	Year 13 Leavers'
	Celebration
28 May	Year 11 Leavers'
(afternoon)	Celebration
28 M ay	Last day of Term 5
7 June	First day of Term 6
7 - 18 June	Year 7, Year 8 and Year 10
	Assessments
11 - 14 June	DofE Year 11 Girls Bronze
	Assessment

Dear Parents/Carers

Congratulations to Year 11 and Year 13 students who completed the final pieces of work for their GCSE and A Level evidence folders this week. They have conducted themselves magnificently throughout the uncertainty of this year and have earned the right to a well-earned change of focus. We are looking forward to seeing many of them next Friday for a (hopefully dry) celebration and then again if they have volunteered to help out with up to seven days of summer term events in school. These include helping at the Year 5 Taster Days, showing parents/carers in small groups around the school during Open Week, or supporting teachers with Year 6 classes on Induction Day. If any Year 11 or Year 13 students missed the chance to sign up but would like to volunteer their time they only need to email <u>Yvette.edwards@kshs.uk</u>. The other event for Year 11 students studying post 16 courses in Sleaford is the Sleaford Joint Sixth Form Induction Days on Monday 28 and Tuesday 29 June.

For those students in other years we are delighted at the numbers signing up to take part in our extra-curricular

clubs and working hard for assessment weeks after half term. These assessments provide a really helpful way for teachers to identify how well their adjusted curricula have helped fill gaps from lockdown working, as well as the acquisition of new knowledge. Students are also using many of the techniques the Maximise Your Potential sessions taught them about working efficiently not working for hours! More than anything we hope the assessments will provide students with confidence that they are making progress and we are here to provide feedback to help them continue to do so.

Mrs J Smith Head of School



Congratulations to these four pupils who have been invited to the ICAEW BASE finals in June, they have qualified as one of the top 24 teams in the country.

From left to right: Molly (CGS) Eleanor (KSHS) Esmee (CGS) Olivia (KSHS)

NewViews playwriting Competition News

Each year, a small number of students are selected to take part in the National Theatre's NewViews playwriting competition. They follow a programme created by the National for a number of months at an after-school club.

Historically, students from KSHS have been recognised for having created engaging plays with often challenging themes at their heart.

The English department is delighted to announce that this year has been no exception. Despite the challenges of lockdown and during her examination year, Rafia has been long listed for her play 'What Will the People Say?' We offer our sincere congratulations to Rafia and wish her well for the next round of the competition!

Mrs K Cowell Second in English



National



Library News

Congratulations to our team of intrepid readers who have won the regional heat of the Reading Champions Quiz 2021. The triumphant team will go on to represent the school in the National finals in June. Eighteen schools took part and by the wonder of TEAMS technology, quiz master Mr Dilly challenged the contestants to ten rounds of book themed questions, including - opening and closing lines, books on screen, comics/ graphic novels and myths and legends.

How would you get on in a reading quiz?

- 1. Which book is the odd one out? Private Peaceful, Carrie's War, Friend or Foe, War Horse?
- 2. In which book is there a dragon that lives beyond the grey mountains? A bonus point if you can name him?
- 3. What is Hermione Granger's middle name?
- 4. Who did kill cock robin in the nursery rhyme?
- 5. Which anthropomorphised bear always carries an emergency sandwich under his hat?



Answers: 1. Carrie's war is written by Nina Bawden all the others are by Michael Morpurgo. 2. The Hobbit-Smaug 3. Jean 4. The sparrow 5. Paddington

The Library Captains are currently having fun designing bookmarks for our students to use. Did you know that the first recorded use of a bookmark was around the 6th century AD? Bookmarks are often uniquely personal or sentimental, as well providing an essential service to the dedicated reader. More expensively bound books will often come with an integral woven silk marker; however, a regular paperback edition does not have sufficient strength in its binding to support such a luxury. A good bookmark must neither be too sturdy as to damage the spine and pages, or too flimsy that it floats away, and folding the corner of a page is a common but frowned upon practise. So, next time you take a pause from reading, make sure you have a suitable bookmark to hand - there are plenty of free bookmarks in the school library.

Happy reading



Mrs C Gibson Learning Resource Centre Manager

Business Language Champions Challenge

Two teams of students from the Sleaford Joint Sixth Form (SJSF) took part in a Business Language Champions event on Friday 14 May which involved them deciding on the next "International Year of the …" from the World Health Organisation's priorities; this year's focus is on Nurses.

The students had to decide on their focus, design a website page and give a presentation about their choice, in the language they are studying at A Level, and choose a celebrity campaign champion and explain their choice. The two teams from the SJSF enjoyed the event massively, and the German team won! Here are some quotes from the winners:

"We were up against many great teams, including the French team from SJSF who were fantastic! Apart from the inevitable technical hitch that usually comes with using zoom, the challenge was amazing and went really well." – Jess

"I found the challenge a really good learning process as I was able to work really well with my teammates and

was able to complete activities under timed conditions. This has actually boosted my confidence in taking on new challenges and speaking to people in another language that I have never spoken to before. "– Sophia

Mr L Rooke Subject Leader - German



Lateral Flow Test Reminder and Thanks

A reminder to all students to keep using the Lateral Flow Tests and uploading results to the school and NHS portals. These can be found on our website home page.

As society continues to reopen this testing is hugely reassuring to the many families who are still protecting vulnerable family members. As a guide we know that approximately 68-80% of each year group is regularly testing and recording their results. Thank you to all parents/carers for your support with this. Lateral Flow test kits are given out to all students in form time. Any queries are welcome, please email enquiries@kshs.uk.



Sleaford New Life Community Larder

In the last week of this term (Monday 24 May – Friday 28 May) the Interact Club will be organising a collection for the Sleaford New Life Community Larder. During our assemblies this week Mrs Pankhurst will be looking at World Hunger Day. If you are able to support this collection with any donations of tinned/non-perishable goods, please send your child to school with them during this week. At present the Sleaford New Life Community Larder advise us that they are short of the following items:

- Tinned potatoes
- Tinned carrots
- Snack pasts/pot noodles
- Chocolate bars (e.g. Kitkat, Ribbons, Penguins)
- UHT milk
- Male/female deodorants
- Shampoo
- Shower gel

Thank you in advance for your generosity!

Mr A Shivas PSHE Co-ordinator

Mental Health for All

Last week was Mental Health Awareness Week, and the theme this year was 'nature'. Recent National Trust research found a link between feeling connected to nature and having improved wellbeing. We explored this link in our Wellbeing Wednesday session last week. I have included some resources about nature and mental health in this newsletter. It's important to keep the focus on mental health and wellbeing throughout the school year and beyond just school.



enjoying simple moments with the natural world.



Mental health and nature video – Mind

In this video, Sir David Attenborough talks about the links between mental health and nature.

https://www.youtube.com/watch?v=h29z-l3XTlk

Research about Mental Health and Nature

A growing body of evidence points to the positive impacts of nature for people. Working in partnership with Professor Miles Richardson and his team of researchers at University of Derby's Nature Connectedness Research Group. The report reveals that just 19% of children regularly notice wildlife. In the past year 57% of adults rarely or never watched the sunrise. Only 27% frequently watched clouds. Yet these activities are free. They make us feel good. And they can be done close to home. According to the research, such moments are a defining factor when it comes to taking pro-nature conservation action.

Noticing nature in small, everyday ways could lead to radical results. They found that 'noticing nature' and 'nature connectedness' are strongly linked to people taking conservation action. The influence of these factors is far greater than the influence of 'time spent outdoors' or 'knowledge and study of nature'. People taking conservation This report also uncovers a powerful link between nature and both happiness and feeling life is worthwhile. In addition to having control over their life, they found that 'nature connectedness' and 'noticing nature' had a significant impact on people's wellbeing.

The nature survey also explored the link between people's relationship with nature and their:

- self-reported happiness
- self-reported view on the extent to which they felt their life was worthwhile
- Children were more likely to report feeling happy if they:
- had a higher level of 'nature connectedness'
- engaged in meaning-based activities linked to nature (writing songs or poetry about nature and celebrating natural events)
- relaxed in nature (for example sitting and relaxing in a garden)

Some of the activities that help support this theory might include seven significant 'noticing nature' behaviours:

- Watching wildlife (for example bird watching)
- Listening to birdsong
- Smelling wildflowers
- Taking a photo/drawing or painting a picture of natural views, plants, flowers or animals
- Taking time to notice butterflies and/or bees
- Watching the sunrise
- Watching clouds

The great news of course is that this is all free! So, perhaps spend some time with your family 'taking notice' or do things to

action are more likely to be 'noticing

nature' than they are to be studying it.

They're not necessarily going on big

outdoor adventures, but they are

help nature daily.

Mrs D Collett

Assistant Headteacher - Pastoral and Wellbeing

12 Top Tips TO SUPPORT MENT EU BEING THROUGH NAT **Online and Offline**

'Nature' is a superb choice as the theme of this year's Mental Health Awareness Week, as there's clear evidence that getting access to nature is excellent for our mental health. With Covid-19 restrictions beginning to ease, it's the perfect time of year to rediscover the natural world and give ourselves a calming, uplifting treat. You don't have to drag the family on a four-hour hike, either – just 10 minutes each day in the garden, in the local park or your nearest green space could really help. Here are 12 suggestions for ways you can benefit from nature ... both online and off.

Give something back to nature 🔞

ONLINE

A swift internet search should bring up details of any local conservation projects you could volunteer for, or litter-picking events that you could enrol the family in. It doesn't have to be a long-term commitment most schemes are grateful for every bit of help! * ÷ ...

Tranguil streams

Search your preferred music player for some soothing natural sounds. A few minutes' gentle audio of rainfall, ocean waves or birdsong are all great ways of unwinding at the end of the day to get you ready for an excellent night's sleep.

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Give geocaching a go

If you've not heard of it, geocaching is a modern twist on the traditional treasure hunt. Participants look for items hidden in outdoor locations, using a GPS-enabled device like a mobile phone or tablet. We'd recommend that an adult accompanies young adventurers!

Share what you see

While you're out exploring nature, take a photo or video of anything you find that inspires you. Not only will it be a nice memory for you to look back on, but you could also share it safely on social media and maybe motivate others to engage with the natural world!

Watch the stars

Looking at the night sky can be incredibly calming. There are some comprehensive stargazing websites and apps to help you locate and recognise different stars. It can take 20 minutes or so before you can see stars fully in the dark, even on clear nights, so allow your eyes time to adjust.

Wildlife on the web

A Google search will bring up lots of sites that stream webcam footage of nature. From seals to barn owls, rabbits to badgers, you can get an intimate, heart-warming view of all kinds of animal communities from inside the comfort of your own home.

Meet Our Expert

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Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.

OFFLINE 🔊 Ditch the phone

Now the weather's improving, go for a walk in a green space nearby. If you're already familiar with your chosen route, you could always leave your phone at home to be completely free of the usual distractions and notifications.

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Put down some roots

Planting flowers, shrubs, herbs or vegetables can be extremely rewarding. Not only does it help us to connect with nature – it also provides an ongoing project to draw pleasure from. If your home doesn't have a garden, no problem: a window box will do the lob biotement. job just as well!

A different kind of tweet

Most gardens in the UK attract a wonderful variety of birds, and just watching them for a few minutes can be immensely therapeutic. There are some excellent apps and sites to help you name any species you don't already know or even play a game: identifying bird song, like bird song bingo!

Feed your feathered friends

Hang a bird feeder where you can easily see it from a window. Then enjoy the feelgood factor of satisfied avian visitors perching where you can see them. For something more advanced, you could try building a nesting box to fix onto a fence or under a windowsill.

Park your worries

If you're lucky enough to live within easy travelling distance of a park, you'd benefit from using it. Whether it's to play ball games, get on your bike, walk the dog or just get some fresh air into your lungs, the potential bonuses for mental health are enormous.

Art and soul

Younger children will enjoy drawing or painting animals or nature scenes, or writing a poem or song lyrics about nature. For extra art or crafting fun, you could collect natural materials – leaves, feathers, tree bark or seeds, for example – to use in your creations.



Sources: https://nhsforest.org/coronavirus-lockdown-we-need-nature-now-more-ever | https://www.nationalgeographic.com/magazine/article/call-to-wild | 'Mental Health and Nature', Mind, 2018

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SPOTLIGHT on sport Student success



Libbi Bottomley 7A – Distance medals

These are my biking medals. They come in every month with different designs. I completed the medals by biking 200km in the span on 1 month but there are different distances to pick from.

This is my lucky charm 5k medal. You can tell what I had to do in the name, to get this medal I had to run nonstop doing 5k in the week of St Patrick's day.

Another medal I have is "running through the tiers" I had to run a certain amount of distance (5km) nonstop in the span of a week.

Olivia Valentine 8KB – Football

When I am older, I want to be a professional goalkeeper. I have an outfield trial and a goalkeeper trial in June for Nottingham. I currently play for Newark Town in a 9 a-side goal and if I get into Notts it will be next season in the 11 a-side goal which is the biggest size.



Science Technology Engineering and Maths (STEM)

Whilst there are a range of STEM activities to get involved in at school, there are also loads of experiences available outside of school. Below are a few that students could take part in over the coming months and the summer holidays.

Smallpeice trust summer school



For students wishing to learn more about certain STEM fields, there are a range of summer schools available to apply for. Whilst some do come with a fee, many of them are free to participate in and take place virtually. Below are a few handpicked courses, but please visit their website to see the full range available:

https://www.smallpeicetrust.org.uk/timetable

- Aviation Technology for Year 12. Students can learn about a range of aviation topics from aerodynamics and control systems to crew resource management and flight training.
- Built Environment for Year 12. Students will gain an understanding of how the built environment can be the solution to many of the challenges a changing climate presents us with.
- Girls into Electronics for Year 12. Students will receive a microcontroller, development board and a range of sensors in advance to create and build their own electronic systems during this online course.
- Girls into Physics for Year 10. Students will receive a kit of materials to take part live in experiments and practical tasks in between hearing from leading researchers about the latest discoveries in the field.
- **RAF Humanitarian Engineering** for Year 12. Discover where engineering can take you, from the comfort of your own home, on this RAF online engineering supported course based on true to life

humanitarian type missions undertaken by RAF personnel.

CyberFirst Summer school

CYBERFIRST

Does your daughter have an enthusiasm for technology and an interest in exploring and expanding what they know about online security? CyberFirst's programme of free residential and online summer courses could be just the thing to develop essential skills and bring a fresh purpose to their break. The CyberFirst Defenders, Futures and Advanced courses cover age groups from 14 to 17. Students will learn all kinds of practical insights into digital safety and how everyday technology really works.

CyberFirst introduces young people with a passion for computing and the digital world to the intricacies and opportunities of cyber security.

Each course is designed to hone the potential of young people with a taste for technology. Students will gain skills, experience and exposure that can empower them to be the future first line of defence in our CyberFirst world.

CYBERFIRST



CYBERFIRST

rsb.org.uk/nancy-rothwell-award

This year's Nancy Rothwell Award is currently live and would be a great competition for students to enter if they have an artistic flair and love of Science. The Nancy Rothwell Award celebrates specimen drawing in schools and highlights the benefits of combining Art and Science. They simply need to create a piece of artwork showing either plant or animal anatomy. There are two age groups to enter: 12-14 or 15-18.

INCISOR



Once they have completed their drawing, there are two things to do before the 30 July 2021: - Firstly, submit to the national competition online:

https://my.rsb.org.uk/item.php?competitionid=35.

- Secondly, email a scanned copy of the drawing to Mr Norris in order to enter the school competition: enquiries@kshs.uk FAO Mr S Norris.

Examples of previous winners can be found here

https://www.rsb.org.uk/get-involved/rsb-awards/nancy-rothwell-award/previous-winners.

Some examples are shown below, the English Setter and Indian Peafowl are in the 15-18 category, the Red Panda in the 12-14 category.



For more information visit https://www.rsb.org.uk/get-involved/rsb-awards/nancy-rothwell-award.

Mr S Norris **STEM Leader**

Careers News

As part of the school's careers programme, Years 10, 11, 12 and 13 have been engaging with a Platform called Unifrog for the last few years.

To further prepare students for their future, we are now rolling out use of the platform to Years 7, 8 and 9. Parents/Carers of these year groups will have recently received a letter with more details. We would like to encourage all students to make full use of the platform from a young age as it

offers so much information on Careers, Apprenticeships, Oxbridge, all UK Universities, Universities worldwide and much more.

There are many interesting articles for students to read and they can also complete MOOC courses (short courses relating to specific subject areas) to enhance their learning. Students should also record details of completed activities, competences, and interactions to form a complete record of achievement as they progress through school. This helps greatly when students need to write their personal statement for university or job applications.

Parents/Carers may view the information on the website at www.unifrog.org using password kshsparents, although parents/carers will not be able to view their daughter's personal account details.

Students will find university and college prospectuses on the left-hand side, together with lots of useful information to help with the application process. To the right is information on careers and grouped where appropriate, such as STEM related careers, careers in the NHS, forces careers, apprenticeships and much more. Students can visit the library at any time to access the resources, or email me at pauline.hunter@kshs.uk for any specific information and advice.

Mrs P Hunter Careers Lead





Train Travel

Thank you to those parents/carers and students who have alerted us to a change in train times on the Lincoln to Sleaford route. The changes mean that it is almost impossible to arrive at school on time each morning. I wrote to East Midlands Railway myself, as has Mr Law, Headteacher at Carre's. The response I have received is copied below. Whilst this is less than satisfactory please be reassured that we will appreciate that any students travelling on this route are likely to be 10 minutes late to school and will join tutor time after it has started. Sixth Formers will need to head straight to the Sleaford Joint Sixth Form site where they study their first lesson of the day. In order to assist us with registration records please do let us know if your child is absent from school otherwise their attendance will be logged as soon as they arrive.

We do not hold up to date records on all students' methods of travel to school so do feel free to contact enquiries@kshs.uk if you have any further questions or wish to alert us to the fact that this timetable change will affect your child.



Mrs J Smith Head of School

Dear J. Smith

Thank you for contacting us about our new May 2021 timetable. We have tried to design the timetable around the best possible balance of frequency and journey times on the Intercity route, improved connectivity on our Regional routes and connections with other operator services, being as sensitive as possible to maintaining or enhancing the journey opportunities afforded today. This is a complex blend of components across a vast geography where services interact with each other all over the network we operate.

Franchised train operators are required to design a timetable which meets the specifications of the contract as let by the Department for Transport. This specification, known as a Train Service Requirement, doesn't include a requirement to serve specific schools within a specific timeframe. We have to design the timetable around the competing requirements of our contract, the infrastructure available as well as the demands of neighbouring passenger and freight rail operators. Unfortunately, that does mean we cannot always keep all trains running on the same timings as they have previously. We do sincerely apologise for the inconvenience this may cause.

Kind regards Customer Service Centre

Tel: 03457 125678 Email: contact@eastmidlandsrailway.co.uk



Time for Road Safety



The newsletter from the LRSP Education Team

Term 5 –

Secondary parents update

Bikes and Cycling

The latest official road casualty statistics from the DFT show that in 2019 at least 12 cyclists were killed or seriously injured on the road every day.

Lincolnshire Road Safety Partnership always encourages people to wear a helmet for all journeys to make everyone safer and to make it an everyday part of cycling. Helmets can make a huge difference to the severity of an injury from a blow to the head as they absorb some of the impact.



Bike maintenance

Not wearing a helmet affected teenager <u>Ryan</u> <u>Smith</u> and his family's life dramatically. The link contains some emotive information. Your children/children you look after may benefit from knowing Ryan's story to highlight to them the dangers of cycling without a helmet, however you are advised to review the content first.

Bike safety gear

Cycling has become even more fashionable during the pandemic. Bikes and accessories are widely available for all ages and abilities.

Some manufacturers of head protection have moved over from the motorsport or ski industries to include enhanced safety features and designs in bike headgear.

Specialist cycling shops, sports shops and outdoor activity stores stock a range of helmets in different sizes, shapes and designs. There will be a helmet to suit and fit everyone but we would not recommend wearing second hand helmets; any visible or invisible damage will vastly reduce the protection they provide. If your bike hasn't been out for a few months <u>Sustrans</u> has some useful advice on checking and maintaining your wheels. There are also many small businesses offering bike servicing.

Sometimes our safety concerns can prevent us from allowing young people to go out independently. However there are huge benefits to young people being active as long as we discuss safety issues with them.

Top 5 bike safety tips

- -Never ride on a friend's bike handlebars, especially near a road.
 - When riding on the road, always ride on the correct side (left) with the flow of other traffic.
- Never ride on the road alongside more than one other bike.

Always obey traffic lights and signals. They are there for all road users. This includes signals that are legally given by a school crossing patrol.

Always wear a correctly fitted helmet.

Lincolnshire Road Safety Partnership Education team can be contacted on 01522 805800. Look out for the next newsletter in term 6.



KSHS Clubs and Activities Timetable



<u>Summer Term 5 & 6 – 2021</u>

Clubs in red will run in term 6

	Club	Location	Time	Year Group	Staff
Monday	Library Captain	LRC/Library	Break 2 Break 2	7	Mrs Gibson
	Art Club Book Club	K15 M8	Break 2 Break 1	7 7	Miss Cartwright Mrs Cowell
	Year 7 Drama club	Drama Studio	Break 2	7	Mrs Thomas
	Yr10 Wellbeing (PE)	Field	Break 1	10	Mrs Hunt
Yr 7 Yoga GCSE Practical	Art Club	K20	3:45-5.00	11 (until they leave –	Mr Clifford
	Yr 11 Drama practice			then open to Yr10)	
	Yr 7 Yoga	Drama Studio	3.45-5.00	Yr 11	Mrs Thomas
	GCSE Practical	Dance Studio	3:40 - 4:30	7	Miss Willers
	Yr7&8 Multisports	Sports Hall	3:40 – 4:30	10	Mrs McGann/Mrs Hunt
		Field	3:40 - 4:30	7&8	Mrs Stacey
Tuesday	Library Captain	Library	Break 1	10	Mrs Gibson
	Library Captain	Library	Break 2	8	Mrs Gibson
	Year 8 MFL Film Club	L1	Break 2	8	Mr Rooke
	Year 10 GCSE Drama Practice	Drama Studio	Break 1 and 2	10	Mrs Thomas
	Year 10 Girls' News Team	M11	Break 2	10	Miss Willers
	Year 9 Girls' News Team	M9	Break 2	9	Mrs McMeel
	Yr7 & 8 Dance	Dance Studio	Break 2	7&8	Mrs McGann
After School	Rangerguides	Dining room	4.00 - 6.00pm	10 -11	Mrs Dye
	Yr9 & 10 Rounders	Field	3:40 - 4:30	9&10	Mrs Hunt
	Yr7 & 8 Tennis	Courts	3:40 – 4:30	7&8	Miss Machin
Wednesday	Library Captain	Library	Break 2	9	Mrs Gibson
	Business Support Art Club	V4 K15	Break 1 Break 2	10 8	Mrs Moncur Miss Cartwright
	Bingo Club	V4	Break 2	o 7A/7W (Alternate weeks)	Mrs Moncur
	Yr 9 Drama Club Yr9 Track	Drama Studio Field	Break 2 Break 2	9 9 9	Mrs Thomas and Miss Byrne Mrs McGann
	School Choir	Hall	Break 1	All	Mr Mitchinson/Mrs Kasperczyk
	Origami Club Yr7 & 8 Rounders	C5 Field	Break 2 3:40 – 4:30	7 7&8	Miss Powell Mrs McGann
	Yr9 & 10 Tennis	Courts	3:40 - 4:30	9&10	Miss Machin
Thursday	Library Captain	Library	Break 1	10	Mrs Gibson
	Art Club Bingo Club	K15 C2	Break 2 Break 2	9 7L/7F (Alternate	Miss Cartwright Mrs Livingstone
	History Club	M6	Break 2	weeks) 8	Miss Gray / Mrs Constantine / Mr
	Yr8 Track School Band	Field Hall	Break 2 Break1	8 All	Mapletoft Mrs McGann Mr Mitchinson
	Italian & Spanish Club	L3- 1 st 4 weeks L2- 2 nd 4 weeks	Break 2	7	Miss Beckitt/Mrs Samworth
	Championnat de Pétanque (League competition)	Field	Break 2	8	Mr Shivas
	Origami Club	C5	Break 2	8	Miss Powell
After School	Textiles Club	M4	3.45-5pm	9	Mrs Fleming
	Yr9&10 Wellbeing (PE) Athletics	Field	3:40 – 4:30	9&10	Mrs McGann
		Field	3:40 - 4:30	All Years	Mrs McGann
	Food Club	M3	3.40 - 5pm	8	Mrs Pankhurst
	Guides	Drama Studio	4.00 - 6.00pm	7 - 9	Mys Dye
Friday	Library Captain	Library M10	Break 2 Break 2	8	Mrs Gibson
5	English Clinic	M10 Drama Studio	Break 2 Break 2	10 8	Mr Cassidy Dr Pawley
5	Yr 8 Drama Club				
,	Yr 8 Drama Club Wildlife/Nature Club	S1	Break 2	7	Mrs Fairhead
-			Break 2 Break 1	7 7	Mrs Fairhead Miss Machin
After School	Wildlife/Nature Club	S1			