## **Curriculum Map in PSHE - Kesteven and Sleaford High School**



	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
Year 7	Moving to Secondary School Friends & Friendship Rules & Laws Bullying	My online footprint Hygiene & Puberty A Healthy Lifestyle	My Family Relationship Building Who Am I? This is Me!	Careers Library Visit My Personal Qualities & Achievements Community and Participation	Local Government Study Skills	Voting & Elections Democracy My Qualities
Year 8	Smoking Drugs Alcohol First Aid	Self-Esteem Body Image Eating Disorders	Dealing with stress Personal Safety The Justice System	Human & Children's Rights Animal Rights Government & Extremism	Identity & Respect Study Skills	Exploring Work My Ideal Lifestyle
Year 9			Kudos Employer Encounter Labour Market Information	Political Parties The Monarch Citizens & Parliament First Aid Study Skills		Consent Contraception and STIs Intimacy Sex in the media Healthy and unhealthy relationships
			These topics are run on a PSHE Day in this term  PSHE / Citizenship / Caree	These topics are run on a PSHE Day in this term rs are not formally assessed		These topics are run on a PSHE Day in this term