

# KESTEVEN AND SLEAFORD HIGH SCHOOL

## PSHE Scheme of Learning

### Year 9 – Day 3

#### Intent – Rationale

to provide students with the knowledge, skills and understanding about sexual health and healthy relationships to make informed choices in adult life

Sequencing – what prior learning does this topic build upon?		Sequencing – what subsequent learning does this topic feed into?	
<ul style="list-style-type: none"> <li>KS1&amp;2 – learning about respectful relationships, changing adolescent body</li> <li>Year 7 – Friends and friendship, hygiene and puberty, my family, relationship building, my qualities</li> <li>Year 8 – smoking, drugs, alcohol, self-esteem, body image</li> </ul>		<ul style="list-style-type: none"> <li>Year 10 – self-esteem, drugs, alcohol, smoking, sexuality and gender in the media, sharing sexual images, abuse and violence</li> <li>Year 11 – drugs, alcohol and smoking, contraception, STI awareness, risky behaviour</li> </ul>	
What are the links with other subjects in the curriculum?		What are the links to SMSC, British Values and Careers?	
<ul style="list-style-type: none"> <li>Citizenship – playing a role in society</li> <li>Science – puberty and reproduction in humans</li> <li>Computing – safe use of technology</li> <li>PE – healthy lifestyles</li> </ul>		<ul style="list-style-type: none"> <li>SP1/2/3/4</li> <li>M1/2/3</li> <li>SO1/3</li> <li>C2</li> </ul>	<ul style="list-style-type: none"> <li>BV2/3/4/5</li> <li>GB4a/b/e/f/g</li> </ul>
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?		What are the opportunities for developing mathematical skills?	
<ul style="list-style-type: none"> <li>Reading cause and effect statements and matching them</li> </ul>		<ul style="list-style-type: none"> <li></li> </ul>	

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## Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?	
<p style="text-align: center;"><b><u>Know</u></b></p> <p>what consent is and what the law says about it            what types of contraception exist and how to get them            what different STIs are and how to access support</p> <p style="text-align: center;"><b><u>Apply</u></b></p> <p>knowledge about consent to decide upon the legality of different scenarios            knowledge about intimacy to make an informed decision in the future            knowledge about healthy relationships to different scenarios</p> <p style="text-align: center;"><b><u>Extend</u></b></p> <p>knowledge about sex in the media to include pornography            knowledge about feelings and emotions to consider how to manage different aspects of a relationship</p>	
What subject specific language will be used and developed in this topic?	What opportunities are available for assessing the progress of students?
<ul style="list-style-type: none"> <li>• consent – an agreement made by someone with the freedom and the capacity to do so</li> <li>• coercion – using pressure to encourage someone to do something they don't want to do</li> <li>• respect – caring about other people's feelings, wishes or rights</li> </ul>	<ul style="list-style-type: none"> <li>• Students' definitions of consent</li> <li>• Student readiness checklists for different levels of intimate activity</li> <li>• Students' answers to matching consequences of lessons from pornography</li> <li>• Students' responses to questions about the media's influence on young people</li> <li>• Students' responses to questions about healthy and unhealthy features of a relationship</li> </ul>

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## Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Consent	Understanding consent in different contexts	Considering different scenarios and the legality of consent	
Contraception and STIs	Understanding the different types of contraception available Understanding the different STIs	Considering the support available for people who need STI testing or contraception advice	Delivered by Positive Health Lincs
Intimacy	Considering different levels of intimacy and their results	Considering the importance of readiness for intimacy	
Sex in the media	Considering the media's portrayal of relationships	Considering the impact of the media and pornography on understanding healthy relationships	
Healthy and unhealthy relationships	Considering the characteristics of healthy and unhealthy relationships	Evaluating different strategies to manage relationships and feelings	