



Food

Year 9



Summer Support

Are you on track with your recent studies? Look through this checklist of key topics and see if you have an understanding of the key ideas. If you discover a gap in your knowledge use the highlighted tasks from the recently set work to fill in any gaps. Highlight any areas you need to work on.

Have you completed the work booklet :

Cake making - successful outcomes

Decorative skills (optional)

✓ / ✗

Using the Booklet:

Dietary Needs :

Vegetarian & Vegan : Allergies & Intolerances. Religion

From the Booklet :

Cereals - Bronze & Silver task (Gold Optional)

Bread - Bronze & Silver task (Gold Optional)

From the Booklet - Food Provenance

Street Food

Foods from around the world, Unit Bronze & Silver Tasks (Gold Optional)

I still need to As I didn't complete.....

Challenge Time

Want to get ahead of the game and prepare for next term? Why not try these tasks:

- Practise your skills– particularly trying new recipes with continental twists - take photos and build a portfolio
- We will start the term by looking at dietary needs based upon Health Issues - Cardio Vascular Disease, Diabetes, Diverticulitis - read around the needs of people with these conditions.